## Human Sciences, Plan of Study <br> Apparel Merchandising, Design B.S. creative design option

Design Primary - Creative Design Secondary Option

| Freshman |  |  |
| :---: | :---: | :---: |
| Fall C | Credits Spring Cr | Credits |
| ENGL 150 | 3 Science | 3 |
| LIB 160 | 1 A M D 131 | 3 |
| A M D 165 | 3 ECON 101 | 3 |
| AESHM 111 | 3 Elective | 3 |
| Humanities Elective | 3 Social Science Elective | 3 |
|  | 13 | 15 |
| Sophomore |  |  |
| Fall C | Credits Spring Cr | redits |
| A M D 245 | 3 A M D 221 | 3 |
| A M D 204 | 4 A M D 231 | 4 |
| Math | 3 Art History | 3 |
| ENGL 250 | 3 Speech Selection | 3 |
| A M D 210 | 3 AESHM 275 | 3 |
|  | AESHM 311 | 1 |
|  | 16 | 17 |
| Junior |  |  |
| Fall C | Credits Spring Cr | redits Summer |
| A M D 225 | 4 A M D 321 | 3 AESHM 470 |
| A M D 278 | 3 AESHM 380 | 2 |
| A M D 372 | 3 A M D 325 | 3 |
| T C Humanities Elective (TC $257,354,356$, or AESHM 342) | 3 Human Studies (TC 354, 356, 362, or 467) | 3 |
| T C 301 | 0.5 Design Primary Option Elective | 3 |
| TC 301 | 0.5 |  |
| Elective | 3 |  |
|  | 17 | 14 |
| Senior |  |  |
| Fall C | Credits Spring C | Credits |
| Option Elective |  |  |
| Design Primary Option Elective | 3 Creative Design Secondary Option Elective | 3 |
| STAT 101 | 4 Creative Design Secondary Option Elective | 3 |
| Elective | 3 Elective | 3 |
| AESHM 411 | 1 |  |
|  | 14 | 12 |
| Total Credits: 122 |  |  |
| Apparel Merchandising, Design B.S. |  |  |
| merchandising option |  |  |

## Fres Fall

| Fall | Credits Spring C | Credits |
| :---: | :---: | :---: |
| A M D 165 | 3 A M D 131 | 3 |
| ENGL 150 | 3 ECON 101 | 3 |
| LIB 160 | 1 Science | 3 |
| AESHM 111 | 3 Humanities Selection | 3 |
| Social Science Selection | 3 Merchandising Secondary Option Elective | 3 |
|  | 13 | 15 |
| Sophomore |  |  |
| Fall | Credits Spring C | Credits |
| A M D 245 | 3 A M D 231 | 4 |
| A M D 204 | 4 ACCT 284 | 3 |
| A M D 210 | 3 AESHM 275 | 3 |
| ENGL 250 | 3 Merchandising Primary Option Elective | - 3 |
| Math | 3 Elective | 3 |
|  | 16 | 16 |
| Junior |  |  |
| Fall | Credits Spring C | Credits Summer |
| AM D 372 | 3 Merchanidising Primary Option Elective | n 3 AESHM 470 |
| MKT 340 or AESHM 340 | 3 Merchandising Secondary Option Elective | 3 |
| History | 3 AESHM 380 | 2 |
| STAT 101 or STAT 226 | 4 A M D 376 | 4 |


| Merchandising Secondary Option Elective | 3 Elective | 3 |
| :---: | :---: | :---: |
| AESHM 311 | 1 |  |
|  | 17 | 15 |
| Senior |  |  |
| Fall | Credits Spring | Credits |
| Human Studies Elective (TC 354, TC 356, TC 362, TC 467) | 3 Product Development <br> Selection (TC 221, 305, ,404, 431, 496) | 3 |
| Merchandising Elective | 3 A M D 475 | 3 |
| AESHM 377 | 3 Humanities Selection (TC 357 TC354, TC 356, or AESHM 342) | 7, 3 |
| Elective | 3 Elective | 3 |
| Speech | 3 |  |
| AESHM 411 | 1 |  |
|  | 16 | 12 |

Total Credits: 125

## Apparel Merchandising, Design B.S. production development option

Design Primary - Production Development Secondary Option

| Freshman | Credits Spring | Credits |
| :--- | :---: | ---: |
| Fall | 3 A M D 131 | 3 |
| ENGL 150 | 1 Science | 3 |
| LIB 160 | 3 ECON 101 | 3 |
| A M D 165 | 3 History | 3 |
| AESHM 111 | 3 A M D 204 | 4 |
| Humanities Elective | $\mathbf{1 3}$ | 16 |
|  |  |  |
| Sophomore | Credits Spring | Credits |
| Fall | 3 A M D 221 | 3 |
| A M D 245 | 3 A M D 231 | 4 |
| A M D 131 | 3 ACCT 284 | 3 |
| A M D 245 | 3 AESHM 275 | 3 |
| Social Science (ECON 102 | 3 Elective |  |
| suggested) | 3 AESHM 311 | 3 |
| ENGL 250 | 3 | 1 |
| Math | 1 |  |
| A M D 210 | $\mathbf{2 2}$ | $\mathbf{1 7}$ |
| Elective |  |  |
|  |  |  |


| Junior |  |  |  |
| :---: | :---: | :---: | :---: |
| Fall | Credits Spring C | Credits Summer | Credits |
| Statistics | 4 A M D 321 | 3 AESHM 470 | 4 |
| T C Humanities Elective (TC $257,354,356$. or AESHM 342) | 3 AESHM 380 | 2 |  |
| A M D 278 | 3 Human Studies (TC 354, 356, 362) | 3 |  |
| A M D 372 | 3 A M D 225 | 4 |  |
| Elective | 3 Elective | 3 |  |
|  | 16 | 15 | 4 |
| Senior |  |  |  |
| Fall | Credits Spring C | Credits |  |
| A M D 305 | 3 A M D 431 | 3 |  |
| A M D 467 | 3 A M D 496 | 3 |  |
| Product Development Secondary Option Elective | 3 Design Primary Option Elective | e 3 |  |
| Speech | 3 Elective | 3 |  |
| Design Primary Option Elective | - 3 |  |  |
| AESHM 411 | 1 |  |  |
|  | 16 | 12 |  |

Total Credits: 131

## Apparel Merchandising, Design B.S. production sourcing option

Design Primary - Production Sourcing Secondary Option
Freshman
Credits
Fall
ENGL 150
LIB 160
AMD 165
AESHM 111
History

| Credits Spring | Credits |
| :---: | ---: |
| 3 A M D 131 | 3 |
| 1 Science | 3 |
| 3 ECON 101 | 3 |
| 3 Math | 3 |
| 3 Humaniies Elective | 3 |
| 13 | 15 |



Design Primary - Technical Design Secondary Option

| Freshman |  |  |
| :--- | :---: | ---: |
| Fall | Credits Spring | Credits |
| ENGL 150 | 3 A M D 131 | 3 |
| LIB 160 | 1 Science | 3 |
| A M D 165 | 3 ECON 101 | 3 |
| AESHM 111 | 3 History | 3 |
| Humanities Elective | 3 A M D 204 | 4 |
|  | $\mathbf{1 3}$ | $\mathbf{1 6}$ |


| Sophomore |  |  |
| :--- | :---: | ---: |
| Fall | Credits Spring | Credits |
| A M D 245 | 3 T C Humanities Elective (TC | 3 |
|  | $257,354,356$, or AESHM 342) |  |
| Social Sciene Elective (ECON | 3 A M D 231 | 4 |
| 102 suggested) |  |  |
| Math | 3 AESHM 275 | 3 |
| ENGL 250 | 3 A M D 221 | 3 |
| A M D 210 | 3 Elective | 3 |
| Elective | 3 AESHM 311 | 1 |
|  | $\mathbf{1 8}$ | $\mathbf{1 7}$ |


| Junior |  |  |
| :--- | :---: | :---: |
| Fall | Credits Spring | Credits Summer |
| A M D 225 | 4 A M D 321 | 3 AESHM 470 |
| A M D 278 | 3 AESHM 380 | 2 |
| STAT 101 | 4 A M D 325 | 3 |
| A M D 301 | 1 A M D 431 | 3 |
|  | Design Primary Option Elective | 3 |
|  | Elective | 3 |
|  | $\mathbf{1 2}$ | $\mathbf{1 7}$ |


| Senior |  |  |
| :--- | :---: | ---: |
| Fall | Credits Spring | Credits |
| A M D 415 | 3 A M D 305 | 3 |
| Technical Design Secondary | 3 Design Primary Option Elective | 3 |
| Opton Elective | 3 Technical Design Secondary <br> Speech Selection | 3 |
| Option Elective |  |  |
| Human Studies TD (TC 354, <br> 356, 362, 467) | 4 Elective | 3 |
| AESHM 411 | 1 | $\mathbf{1 2}$ |
| Total Credits: 123 | $\mathbf{1 4}$ |  |

Total Credits: 123
Credits

## Athletic Training

| Freshman |  |  |
| :--- | :---: | ---: |
| Fall | Credits Spring | Credits |
| BIOL 255 | 3 BIOL 256 | 3 |
| BIOL 255L | 1 BIOL 256L | 1 |
| ENGL 150 | 3 A TR 221 | 1 |
| KIN 252 | 1 A TR 222 | 3 |
| KIN 253 | 1 FS HN 167 | 3 |
| KIN 254 | 0.5 MATH 140-142, | $2-4$ |
| H S 110 | 150 OR 165 |  |
| LIB 160 | 3 SOC 134 | 3 |
| PSYCH 101 230 | 1 |  |
|  | 3 | $16-18$ |
| Sophomore | $\mathbf{1 6 . 5}$ |  |
| Fall |  | Credits |
| ENGL 250 | Credits Spring | 4 |
| A TR 223 | 3 CHEM 163 | 1 |
| A TR 224 | 1 CHEM 163L | 3 |
| A TR 225 | 3 A TR 226 | 3 |
| H S 215 | 1 A TR 227 | 3 |
| PHSY 111 or 115 | 3 A TR 240 | 1 |
| KIN 258 | 4 KIN 266 | 1 |
|  | 2 Humanities | 2 |


| Junior |  |  |
| :---: | :---: | :---: |
| Fall | Credits Spring | Credits |
| A TR 323 | 3 A TR 326 | 3 |
| A TR 324 | 1 A TR 327 | 1 |
| KIN 355 | 3 KIN 358 | 3 |
| STAT 101, 104, or 226 | 3-4 KIN 365 | 3 |
| Humanities Choice | 3 HS 350 | 3 |
| Social Science Choice | 3 SP CM 212 | 3 |
|  | 16-17 | 16 |
| Senior |  |  |
| Fall | Credits Spring | Credits |
| A TR 425 | $\begin{aligned} & 3 \text { ENGL 302, } 314 \text {, } \\ & \text { or SP CM } 312 \end{aligned}$ | 3 |
| KIN 360 | 3 KIN 445 | 3 |
| A TR 450 | 3 A TR 489 | 1 |
| A TR 488 | 2 H S 305 | 2 |
| Elective | 3 KIN 480 | 3 |
|  | A TR 488 | 2 |
|  | 14 | 14 |

Total Credits: 124.5-127.5
Students must complete a 3-credit course in US Diversity and a 3-credit course in International Perspectives. Check ISU homepage for list of approved courses. You must complete a minimum of 46 credits in 300/400 level courses and a total of 124 credits for graduation. Foru year plans are arranged with courses in prerequisite sequence and within the term a course is usually offered. This is a SAMPLE plan - use the degree audit as "official" documentation of progress towards your degree.

## Child, Adult, and Family Services, B.S.-child program option

| Freshman |  |  |
| :---: | :---: | :---: |
| Fall | Credits Spring | Credits |
| HD FS 102 | 3 HD FS 103X | 0.5 |
| HDFS 110 | 1 HD FS 183 | 1 |
| LIB 160 | 1 HD FS 218 | 2 |
| ENGL 150 | 3 HD FS 269 | 3 |
| PSYCH 131 recommended elective | $\begin{aligned} & 1 \text { Social Sciences } \\ & \text { Course } \end{aligned}$ | 3 |
| RELIG 205 Humanities course | 3 Biology Course | 3 |
| Social Sciences Course ${ }^{* * *}$ | 3 MATH 104 (or MATH 105 or MATH 140 or MATH 142 or MATH 150 or MATH 165 or STAT 101) | 3 |
|  | 15 | 15.5 |
| Sophomore |  |  |
| Fall | Credits Spring | Credits |
| ENGL 250 | 3 HD FS 240 |  |



| Senior | Credits Spring | Credits |
| :--- | :---: | ---: |
| Fall | 3 HD FS $491(8-9$ | 9 |
| HD FS 449 | credits) $^{\wedge}$ |  |
|  | 3 Electives $^{*}$ | 3 |
| HD FS 486 | 3 |  |
| HD FS 479 | 3 |  |
| ENGL 302 (or ENGL 309 or ENGL 314) | 3 |  |
| Electives |  |  |
|  | $\mathbf{1 5}$ | $\mathbf{1 2}$ |

Total Credits: 120

* Total number of electives will vary. A minimum of 120 credits are required to graduate.
*** See HD FS General Education Selections sheet
- HD FS 449 is prerequisite to HD FS 491 Internship, and requires senior classification. HD FS 491 Reservation Request is due every September 15th or spring internship and every February 15th for a summer or fall internship.


## Culinary Science, B.S.

| Freshman |  |  |
| :---: | :---: | :---: |
| Fall | Credits Spring | Credits |
| FS HN 110 | 1 FS HN 101 | 3 |
| CHEM 163 or 177 | 4 FS HN 104 | 1 |
| CHEM 163L or 177L | 1 FS HN 167 | 3 |
| BIOL 211 | 3 BIOL 212 | 3 |
| MATH 140, 142, 160, 165, or 181 | 3-4 ECON 101 | 3 |
| ENGL 150 | $\begin{aligned} & 3 \text { STAT } 101 \text { or } \\ & 104 \end{aligned}$ | 3-4 |
| LIB 160 | 1 |  |
|  | 16-17 | 16-17 |
| Sophomore |  |  |
| Fall | Credits Spring | Credits |
| CHEM 231 | 3 BBMB 301 | 3 |
| CHEM 231L | 1 FS HN 265 | 3 |
| ENGL 250 | 3 MICRO 201 or 302 | 2-3 |
| FS HN 203 | 1 MICRO 201L or 302L | 1 |
| HRI 233 | 3 FS HN 214 | 3 |
| AESHM 340 or MKT 340 | 3 FS HN 215 | 2 |
|  | 14 | 14-15 |
| Junior |  |  |
| Fall | Credits Spring | Credits |
| AN S 270 | 2 FS HN 314 | 1 |
| AN S 270 L | 1 FS HN 403 | 2 |
| FS HN 311 | 3 FS HN 405 | 3 |
| FS HN 311L | $\begin{aligned} & 1 \text { FS HN 491B } \\ & \text { OR 491D (FS } \\ & \text { or CS)** } \end{aligned}$ | 2 |
| FS HN 411 | 2 HRI 380 | 3 |
| FS HN 420 | 3 HRI 380L | 2 |
| Humanities (H Sci) or ENV S course (AgLS) | 2-3 SP CM 212 | 3 |
|  | 14-15 | 16 |
| Senior |  |  |
| Fall | Credits Spring | Credits |
| FS HN 342 | 3 AESHM 474 | 3 |
| FS HN 406 | 3 AN S 460 | 3 |
| FS HN 491B or 491D (FS or CS)* | 2 FS HN 412 | 3 |
| HRI 383 | 2 FS HN 480 | 1 |
| HRI 487 | 3 Humanities or soc. Sci (H Sci) or elective (AgLS) | 3 |
| Humanities dual listed with U.S. Diversity | ${ }^{3} \text { Electives * }$ | 1 |
|  | 16 | 14 |

## otal Credits: 120-124

## Footnotes

Choose elective courses to total equal to or greater than 120 credits.
** Choose two, 2-credit internship experiences, one with a restaurant chef and one in the food processing industry (FS HN 491B and 491D). Experience could be obtained during the academic year or during summers.

Note.This sequence is only an example. The number of credits taken each semester should be based on the individual student's situation. Factors that may affect credit hours per semester include student ability, employment, health, activities, and grade point consideration.

## Diet and Exercise, B.S./M.S.

| First Year |  |  |
| :---: | :---: | :---: |
| Fall | redits Spring | Credits |
| FS HN 110 or KIN 252 and 253 | 1-2 FS HN 167 | 3 |
| CHEM 163 or 177 | 4 CHEM 178 (if CHEM 177 taken) or Elective | 3 |
| CHEM 163L or 177L | 1 BIOL 212 | 3 |
| BIOL 211 | 3 PSYCH 101 | 3 |
| ENGL 150 | 3 HS 110 | 3 |
| LIB 160 | 1 |  |
| 181 |  |  |
|  | 16-18 | 15 |



| Fourth Year |  |  |  |
| :---: | :---: | :---: | :---: |
| Fall C | Credits Spring | Credits Summer C | Credits |
| KIN 355, 360, 366, or 372 | 3 FS HN 411 | 2 KIN 699 or NUTRS 699 or KIN 599 or FS HN 599 | 13 |
| KIN 501 | 3 KIN 462 | 3 FS HN 403 | 2 |
| KIN 505 | 2 KIN 511 (odd years) or HRI 392 | 3 |  |
| KIN 558 (odd years) or NUTRS 563 | 3 Humanities/Ethics course | 3 |  |
| NUTRS 561 | 4 NUTRS 564 | 3 |  |
|  | 15 | 14 | 5 |

Fifth Year

| KIN 550 or 570 | 3 FS HN 466 | 3 KIN 699 or NUTRS 699 or KIN 599 or FS HN 599 |
| :---: | :---: | :---: |
| NUTRS 501 | 4 FS HN 581 | 1 |
| NUTRS 563 or KIN 558 (odd years) | 3 HRI 392 or KIN 551 (odd years) | 3 |
| Humanities/International | 3 KIN 345 | 3 |
|  | FS HN 590C (FSHN Dept.) | 1 |
|  | KIN 699 or NUTRS 699 or KIN <br> 599 or FS HN 599 | 2 |
|  | 13 | 13 |

Total Credits: 161-166
Note:This sequence is only an example. The number of credits taken each semester should be based on the individual student's situation. Factors that may affect credit hours per semester include student ability, employment, health, activities, and grade point consideration

## Dietetics, B.S

## First Year

Fall
Credits Spring
1 FS HN 167

Credits
3

| CHEM 163 or 177 | 4 CHEM 178 (if CHEM 177 taken) or elective | 3 | Physical Sciences Option ${ }^{*}$ Take Praxis I by October 15 | 3 Biological Sciences Option ${ }^{*}$ Communication | 3 |
| :---: | :---: | :---: | :---: | :---: | :---: |
| CHEM 163L or 177L | 1 BIOL 212 | 3 |  | Option* |  |
| BIOL 211 | 3 BIOL 212L | 1 |  | Apply to |  |
| MATH 140, 142, 160, 165, or 181 | 3 PSYCH 101 | 3 |  | Teacher |  |
| ENGL 150 | 3 Humanities course | 3 |  | Education program |  |
| LIB 160 | 1 |  |  | 15 | 15 |
|  | 16 | 16 | Junior |  |  |
| Second Year |  |  | Fall | Credits Spring | Credits |
| Fall | Credits Spring | Credits | C $1377^{\text {B }}$ | ${ }^{4} \mathrm{Cl433}{ }^{\text {B }}$ | 2 |
| CHEM 231 | $\begin{aligned} & 3 \text { BIOL } 301 \text { or } \\ & \text { BIOL } 314 \end{aligned}$ | 3 | SPED $368{ }^{\text {B }}$ | ${ }^{1}$ SP ED $355{ }^{\text {B }}$ | 2 |
| CHEM 231L | 1 FS HN 265 | 3 | C $1468 \mathrm{~F}^{\text {B }}$ | ${ }^{1} \mathrm{C} \mid 4681{ }^{\text {B }}$ | 1 |
| BIOL 255 | $\begin{aligned} & 3 \text { BIOL } 306 \text { or } \\ & 335 \end{aligned}$ | 3-4 | C $1438{ }^{\text {B }}$ | ${ }^{2} \mathrm{C} 1439{ }^{\text {B }}$ | 2 |
| BIOL 255L | 1 MICRO 201 | 2 | C $1468 \mathrm{G}^{\text {B }}$ | ${ }^{1}$ SPED $455{ }^{\text {B }}$ | 2 |
| ENGL 250 | 3 MICRO 201L | 1 | HDFS 342 | 3 HD FS 345 | 3 |
| FS HN 203 | 1 Elective* | 3 | HD FS 340 | 4 HD FS 343 | 4 |
| STAT 101 or 104 | 3-4 |  | Finalize Degree Audit |  |  |
|  | 15-16 | 15-16 |  | 16 | 16 |
| Third Year |  |  | Senior |  |  |
| Fall | Credits Spring | Credits | Fall | Credits Spring | Credits |
| FS HN 340 | 1 FS HN 362 | 3 | HD FS 455 | ${ }^{4} \mathrm{Cl416A}{ }^{\text {B }}$ | 8 |
| FS HN 360 | 3 FS HN 367 2 HRI 380 | 1 | HD FS 456 | ${ }^{3} \mathrm{HDFS} 417 \mathrm{C}^{\text {B }}$ | 8 |
| FS HN 214 | 3 HRI 380 L | 2 | Humanites Option* | 3 HD FS 418 | 0.5 |
| FS HN 115 or 215 | 1-2 FS HN 342 | 3 | Commication ${ }^{\text {* }}$ | 3 |  |
| SP CM 212 | 3 Humanities course (H Sci) or Elective* (AgLS) | 3 | Communications Options <br> Humanities Option <br> CI 406 | 3 |  |
| Humanities/social sci. (H Sci) or ENV S (AgLS) | 2-3 | 15 | HS 105 | 2 |  |
|  | 15-17 |  | Electives, if needed $1-3$ credits, to equal 126 total credits | 1 |  |
| Fall | Credits Spring | Credits |  |  |  |
| FS HN 461 | 4 FS HN 464 | 3 | Apply to graduate |  |  |
| HRI 391 | 3 HRI 392 | 3 | Apply to student teaching | 22 |  |
| FS HN 411 | 2 FS HN 403 | 2 |  |  | 16.5 |
| FS HN 466 | 3 FS HN 480 | 1 | Total Credits: 132-134 |  |  |
|  | ${ }^{3} \text { Electives }{ }^{*} \quad 4-6$ |  | This sheet provides a guide to the sequence of HD FS and C I courses; courses adhere to a prescribed sequence of semesters. Your academic |  |  |
| Total Credits: 120-126 |  |  | advisor will help you develop an individual long range plan. |  |  |
| Footnotes <br> * Choose elective courses to tot Note:This sequence is only an exam semester should be based on may affect credit hours per se health, activities, and grade po | ater than 120 cred r of credits taken e dent's situation. F udent ability, empl | s that ent, | Humanities, Physical Sciences and Social Sciences <br> ISU requires a 3 credit U.S. Diversity course (satisfied by SP ED 250 or HD FS 240) and a 3 credit international perspective course (usually met through a University approved humanities or social science options from the ECE options list) |  |  |
| Early Childhood Education, B.S. |  |  |  |  |  |  |  |
|  |  |  | Elementary Education, B.S. |  |  |
| Fall | Credits Spring | Credits | Freshman |  |  |
| HD FS 102 | 3 HD FS 208 | 1 | Fall | Credits Spring | Credits |
| HD FS 110 | 1 HD FS 240 | 3 | C1216 | 1 Cl 280 N | 1 |
| CI204 | 3 HD FS 103X | 0.5 | C1204 | 3 Amer. History or Word History (will take both eventually) |  |
| LIB 160 | 1 HIST 221 (or HIST 222 or POL S 215) | 3-5 |  |  |  |  |
| ENGL 150 | 3 MATH 195 | 3 | HD FS 102 | 3 MATH 196 | 3 |
| Humanities Option ${ }^{\text {* }}$ | 3 SP ED 250 | 3 | ENGL 150 | 3 SOC 134 |  |
| PSYCH $131{ }^{\text {recommended elective }}$ | $\begin{aligned} & 1 \text { Social Sciences } \\ & \text { Option }{ }^{*} \end{aligned}$ | 3 | MATH 195 | 3 SP ED 250 |  |
|  |  |  | ASTRO 106X or GEOL 106X | 2 CHEM 102L or PHYS 102L |  |
|  | 15 | 16.5-18.5 | ASTRO 106L or GEOL 106L | 1 |  |
| Sophomore |  |  | LIB 160 | 1 |  |
| Fall | Credits Spring | Credits |  | 17 | 16 |
| HD FS 224 | ${ }^{3} \mathrm{Cl} 245^{\mathrm{B}}$ | 2 | Sophomore |  |  |
| MATH 196 | ${ }^{3} \mathrm{Cl} 268{ }^{\text {B }}$ | 1 | Fall CI201 | Credits Spring | Credits |
| ENGL 250Cl 201 | 3 HD FS 224 | 3 | HD FS 226 | 3 Cl 268 |  |
|  |  | 3 | HD FS $240{ }^{+}$ | 3 Cl 332 |  |
|  |  |  | ENGL 250 | 3 Communications Option |  |



| HD FS 449 | ${ }^{3}$ Electives ${ }^{5-9}$ credits to equal 123.5 total credits |
| :---: | :---: |
| JL MC 342 | 3 |
| DSN S 232 (or JL MC 220 or JL MC 341 or JL MC 462 or JL MC 476 or JL MC 477 or DSN S 292) | 3 |
|  | 15 |
| Total Credits: 123.5 |  |
| Family and Consumer Sciences Education |  |
| and Studies, B.S.-Professional Studies |  |

Freshman
Fall
HD FS 102

HD FS 110
HD FS 183

LIB 160
ENGL 150
PSYCH 131 HD FS Learning Community Selection-
elective $\quad 1$ CHS Elective
Sophomore
Fall
FCEDS 206
HD FS 218
HD FS 239

|  |  |
| :---: | :---: |
| ECON 101 | 3 HD FS 283 |
| BIOL 101 (or BIOL 155) | 3 HD FS 377 |
| CHS Elective | 3 HD FS 276 |
|  | 16 |
| Junior |  |
| Fall | Credits Spring |
| HD FS 341 | 3 HD FS 249 |
| HD FS 367 | 3 ENGL 302 (or ENGL 314 or JL MC 220 or JL MC 305 or DSN S 292) |
| AESHM 342 (or PHIL 340 or T C 362) | 3 HD FS 486 |
| CHS Elective 300 level or above | 3 CHS <br> Elective 300 <br> level or <br> above |
| Natural Sciences, Social Sciences, Humanities or Art \& | 3 Natural |
| Design Course | Sciences, <br> Social <br> Sciences, Humanities or Art \& Design Course |
|  | 15 |
| Senior |  |
| Fall | Credits Spring |
| AESHM 379 | $\begin{aligned} & 3 \text { FCEDS } \\ & 491 \mathrm{~B}^{3-6} \\ & \text { credits } \end{aligned}$ |
| HD FS 395 | 3 H S 215 |


| HD FS 449 | ${ }^{3}$ Electives ${ }^{\text {to }}$ equal 123.5 total credits | 4 |
| :---: | :---: | :---: |
| AESHM 474 (or MGMT 310) | 3 |  |
| Humanities Course <br> from approved FCEDS list | 3 |  |
| JL MC 220 (or JL MC 305 or ENGL 302 or ENGL 314 or DSN S 292) | 3 |  |
|  | 18 | 13 |

4

13
Total Credits: 123.5
US Diversity and International Perspectives Requirement: Students in Family and Consumer Sciences Education fulfill the US Diversity by taking AESHM 379 and the International Perspectives Requirement by taking FS HN 342.
NoteThis sequence is only an example. The number of credits taken each semester should be based on the individual student's situation. Factors that may affect credit hours per semester include student ability, employment, health, activities, and grade point consideration.

## Family and Consumer Sciences Education and Studies, B.S.-Teacher Licensure

Freshma

## Credits Spring

2 ENGL 250
2 HD FS 269
3 COMST 102 (or COMST 214 or COMST 214 or COMST 218 or SP CM 212 or SP COM 312)
3 HD FS 283
3 HD FS 377

16

Credits

Fall
HD FS 102
HD FS 110
ENGL 150
C 1204

HD FS 183
LIB 160

Junior
Fall
FCEDS 306
FCEDS 280B
HD FS 342
HD FS 341 (or HD FS 395)
Humanities American History or Government

## Senior <br> Fall

AESHM 379 (or HD FS 249)
Credits Spring
3 FCEDS
$417 \mathrm{~A}^{3-8}$
credits
1 FCEDS
$417 \mathrm{~B}^{3-8}$
credits
6
C 1406
CI 426
ECON 101
H S 215

| Credits Spring | Credits |
| :---: | ---: |
| 3 HD FS 276 | 3 |
| 1 FS HN 167 | 3 |
| 3 HD FS 224 | 3 |
| 3 FS HN 342 (or | 3 |
| SOC 130 or |  |
| SOC 134) |  |
| 1 C I 219 | 1 |
| 1 MATH or STAT | 3 |
| Course ${ }^{\text {from }}$ |  |
| approved |  |

FCEDS list
1

3
16
16

2 CHEM 160 (or
T C 204)
3 ENGL 250 3
3 AMD 2213
3 HD FS 283 3

3 FS HN 111
FS HN 115 $\qquad$

| 4 FCEDS 418 | 3 |
| :--- | ---: |
| 1 FCEDS 413 | 4 |

1 FCEDS 413
3 SPED 401 3
3 HD FS 226 (or
HD FS 227)

16

Family Finance, Housing, and Policy, B.S.Financial Counseling Emphasis

| Freshman |  |  |
| :---: | :---: | :---: |
| Fall | Credits Spring | Credits |
| HD FS 102 | 3 HD FS 270 | 3 |
| HD FS 110 | 1 SOC 134 | 3 |
| LIB 160 | 1 MATH, STAT <br> or Natural <br> Sciences <br> $\star \star \star$ <br> course | 3 |
| ENGL 150 | 3 Humanities Course | 3 |
| PSYCH 131 recommended elective | ${ }^{1} \text { Electives }{ }^{* * *}$ | 3 |
| RELIG 205 Humanities course | 3 |  |
|  | 12 | 15 |
| Sophomore |  |  |
| Fall | Credits Spring | Credits |
| HD FS 269 | 3 HD FS 249 | 3 |
| HD FS 239 | 3 ECON 101 | 3 |
| HD FS 283 | 3 SP CM 212 (or COMST 102 or COMST 218) | 3 |
| STAT 101 | 4 Computer Sciences Course | 3 |
| ENGL 250 | 3 Electives * | 3 |
| Humanities Course** | 3 |  |
|  | 19 | 15 |
| Junior |  |  |
| Fall | Credits Spring | Credits |
| HD FS 341 | 3 HD FS 395 | 3 |
| HD FS 360 | ${ }^{3}$ HD FS $449{ }^{\wedge}$ | 3 |
| HD FS 377 | ${ }^{3}$ HD FS 489L ${ }^{+}$ | 1 |
| HD FS 489 | 3 ENGL 302 (or ENGL 309 or ENGL 314) | 3 |
| Electives * | ${ }^{3} \text { Electives * }$ | 6 |
|  | 15 | 16 |
| Senior |  |  |
| Fall | Credits Spring | Credits |
| HD FS Course ${ }^{\text {outside FFHP major }}$ | $\begin{aligned} & { }^{3} \text { HD FS } 4918 \\ & \text { credits } \end{aligned}$ | 9 |
| ANTHRO, ECON, POS S, PSYCH or SOC course | ${ }^{3} \text { Electives * }$ | 3 |
| Electives* | 7 |  |
|  | 13 | 12 |

## Total Credits: 117

+ HD FS 489L can be repeated for one to three credits.
*** See HD FS General Education Selections sheet for course options.
^ HD FS 449 is prerequisite to HD FS 491, Internship, and requires senior classification. HD FS 491 Reservation Request is due every September $15^{\text {th }}$ for spring internship and every February $15^{\text {th }}$ for summer and fall internship. US Diversity and International Perspectives Requirement: Students in Family Finance, Housing and Policy fulfill the US Diversity and International Perspectives Requirement by choosing three credits of coursework from each of the university-approved lists.
This sequence is only an example. The number of credits taken each semester should be based on the individual student's situation. Factors that may affect credit hours per semester include student ability, employment, health, activities, and grade point consideration.
*elec(1)OBrses from accounting, architecture, art, and design, community and regional planning, economics, family and consumer sciences education, finance, gerontology, interior design, journalism, management, marketing, political science, psychology, and sociology are suggested.

Family Finance, Housing and policy, B.S.,financial planning emphasis

| Freshman |  |  |
| :---: | :---: | :---: |
| Fall | Credits Spring | Credits |
| HD FS 102 | 3 ACCT 284 | 3 |
| HD FS 110 | 1 SOC 134 | 3 |
| LIB 160 | 1 Computer Science $\qquad$ course | 3 |
| HD FS 283 | 3 Humanities course | 3 |
| ENGL 150 | 3 Electives * | 3 |
| RELIG 205 Humanities course | 3 |  |
| PSYCH 131 recommended elective | 1 |  |
|  | 15 | 15 |
| Sophomore |  |  |
| Fall | Credits Spring | Credits |
| HD FS 269 | 3 HD FS 378 | 3 |
| HD FS 341 | 3 HD FS Course outside FFHP major | 3 |
| STAT 101 | 4 ECON 101 | 3 |
| ENGL 250 | 3 ACCT 301 | 1 |
| Humanities course*** | 3 SP CM 212 (or COMST 102 or COMST 218) | 3 |
|  | Electives | 3 |
|  | 16 | 16 |
| Junior |  |  |
| Fall | Credits Spring | Credits |
| HD FS 484X | ${ }^{3} \mathrm{HD} \mathrm{FS} 449{ }^{\wedge}$ | 3 |
| HD FS 489 | ${ }^{3}$ HD FS 489L ${ }^{+}$ | 1 |
| FIN 361 | 3 Electives ${ }^{*}$ | 3 |
| Electives* | 3 ENGL 302 (or ENGL 309 or ENGL 314) | 3 |
|  | ACCT 485 | 3 |
|  | 12 | 13 |
| Senior |  |  |
| Fall | Credits Spring | Credits |
| HD FS 485X | $\begin{aligned} & 3 \text { HD FS } 4918-9 \\ & \text { credits } \end{aligned}$ | 9 |
| ANTRO, ECON, POL S, PSYCH, or SOC ${ }^{* * *}$ | 3 Electives* | 3 |
| Electives | 9 |  |
|  | 15 | 12 |

Total Credits: 114

+ HD FS 489L can be repeated for one to three credits.
*** See HD FS General Education Selections sheet for course options.
$\wedge \quad$ HD FS 449 is prerequisite to HD FS 491, Internship, and requires senior classification. HD FS 491 Reservation Request is due every September 15 th for spring internship and every February 15th for summer and fall internship. US Diversity and International Perspectives Requirement: Students in Family Finance, Housing and Policy fulfill the US Diversity and International Perspectives Requirement by choosing three credits of coursework from each of the university-approved lists.
This sequence is only an example. The number of credits taken each semester should be based on the individual student's situation. Factors that may affect credit hours per semester include student ability, employment, health, activities, and grade point consideration.
*elec(1)orrses from accounting, architecture, art, and design, community and regional planning, economics, family and consumer sciences education, finance, gerontology, interior design, journalism, management, marketing, political science, psychology, and sociology are suggested.

Family Finance, Housing and policy, B.S.Family Finances and Housing studies Emphasis

| Freshman |  |  |
| :---: | :---: | :---: |
| Fall | Credits Spring | Credits |
| HD FS 102 | 3 Area of Emphasis cousre | 3 |
| HD FS 110 | 1 SOC 134 | 3 |
| HD FS 283 | 3 Computer Science course | 3 |
| LIB 160 | 1 Humanities course | 3 |
| ENGL 250 | 3 MATH, STAT, <br> or Natural <br> Sciences <br> course | 3 |
| RELIG 205 Humanities course | 3 |  |
| PSYCH $131{ }^{\text {recommended }}$ elective | 1 |  |
|  | 15 | 15 |
| Sophomore |  |  |
| Fall | Credits Spring | Credits |
| HD FS 269 | 3 HD FS <br> Course ${ }^{\text {outside }}$ <br> of FFHP <br> major | 3 |
| HD FS 341 | 3 Area of Emphasis course | 3 |
| STAT 101 | 4 ECON 101 | 3 |
| ENGL 250 | 3 SP CM 212 (or COMST 212 or COMST 218) | 3 |
| Humanities course *** | 3 Humanities course $\square$ | 3 |
|  | 16 | 15 |
| Junior |  |  |
| Fall | Credits Spring | Credits |
| HD FS 489 | ${ }^{3} \mathrm{HD} \mathrm{FS} \mathrm{449}{ }^{\wedge}$ | 3 |
| Area of Emphasis course | ${ }^{3}$ HD FS 489L ${ }^{+}$ | 1 |
| Area of Emphasis course | 3 ENGL 302 (or ENGL 309 or ENGL 314) | 3 |
| Electives* | 3 Area of Emphasis course | 3 |
|  | Electives | 6 |
|  | 12 | 16 |
| Senior |  |  |
| Fall | Credits Spring | Credits |
| Area of Emphasis course | $\begin{aligned} & { }^{3} \text { HD FS } 4918 \text { 8-9 } \\ & \text { credits } \end{aligned}$ | 9 |
| ANTRHO, ECON, POL S, PSYCH or SOC course Social Sciences course | 3 Electives * | 4 |
| Electives | 9 |  |
|  | 15 | 13 |

## Total Credits: 117

+ HD FS 489L can be repeated for one to three credits.
*** See HD FS General Education Selections sheet for course options.
^ HD FS 449 is prerequisite to HD FS 491, Internship, and requires senior classification. HD FS 491 Reservation Request is due every September 15th for spring internship and every February 15th for summer and fall internship. US Diversity and International Perspectives Requirement: Students in Family Finance, Housing and Policy fulfill the US Diversity and International Perspectives Requirement by choosing three credits of coursework from each of the university-approved lists.

This sequence is only an example. The number of credits taken each semester should be based on the individual student's situation. Factors that may affect credit hours per semester include student ability, employment, health, activities, and grade point consideration.
*electuorrses from accounting, architecture, art, and design, community and regional planning, economics, family and consumer sciences education, finance, gerontology, interior design, journalism, management, marketing, political science, psychology, and sociology are suggested.

## Food Science, B.S - food science \& technology option

| First Year |  |  |
| :---: | :---: | :---: |
| Fall | Credits Spring | Credits |
| FS HN 110 | 1 FS HN 101 | 3 |
| CHEM 177 | 4 FS HN 167 | 3 |
| CHEM 177L | 1 CHEM 178 | 3 |
| BIOL 211 | 3 BIOL 212 | 3 |
| ENGL 150 | 3 MATH 166 or | 4 |
| LIB 160 | 1 |  |
| MATH 165 or 181 | 4 |  |
|  | 17 | 16 |
| Second Year |  |  |
| Fall | Credits Spring | Credits |
| CHEM 331 | 3 CHEM 332 | 3 |
| CHEM 331L | 1 PHYS 112 | 5 |
| PHYS 111 | 5 TSM 115 | 3 |
| ENGL 250 | $\begin{aligned} & 3 \text { STAT } 101 \text { or } \\ & 104 \text { or } 105 \end{aligned}$ | 3-4 |
| MICRO 302 | 3 FS HN 203 | 1 |
| MICRO 302L | 1 |  |
|  | 16 | 15-16 |
| Third Year |  |  |
| Fall | Credits Spring | Credits |
| BBMB 301 | 3 FS HN 342 | 3 |
| FS HN 311 | 3 FS HN 351 | 3 |
| FS HN 311L | 1 FS HN 403 | 2 |
| FS HN 420 | 3 ECON 101 | 3 |
| FS HN 421 | 3 SPCM 212 | 3 |
| Humanities course | 3 |  |
|  | 16 | 14 |
| Fourth Year |  |  |
| Fall | Credits Spring | Credits |
| FS HN 406 | 3 FS HN 405 | 3 |
| FS HN 411 | 2 FS HN 410 | 3 |
| FS HN 471 | 3 FS HN 412 | 3 |
| Humanities/Social Sci. (H Sci) or ENV S (AgLS) | 2-3 FS HN 472 | 3 |
| Humanities (HSci) or elective* | 2-3 FS HN 480 | 1 |
| U.S. Diversity (if not already taken) or elective * | 1-3 |  |
|  | 13-17 | 13 |

Total Credits: 120-125

* Choose elective courses to total equal to or greater than 120 credits.

Note.This sequence is only an example. The number of credits taken each semester should be based on the individual student's situation. Factors that may affect credit hours per semester include student ability, employment, health, activities, and grade point consideration.

## Food Science, B.S - food science \& industry option

## First Year

Fall
FS HN 101 FS HN 110

CHEM 163 or 177
CHEM 163L or 177 L

BIOL 211
ENGL 150
LIB 160

| Credits Spring | Credits |
| :--- | ---: |
| 3 FS HN 167 | 3 |
| 1 CHEM 178 (if | 3 |
| CHEM 177 |  |
| was taken) or |  |
| Elective |  |
| 4 BIOL 212 |  |
| 1 MATH 160, |  |
| 165, or 181 | 3 |
| 3 ECON 101 | 4 |
| 3 |  |
| 1 | 3 |
| 16 |  |


Note.This sequence is only an example. The number of credits taken each
semester should be based on the individual student's situation. Fac
may affect credit hours per semester include student ability, employm
health, activities, and grade point consideration.
1 BIOL 101 required if student has not completed high school biology
2 When the 4-year plan indicates HRI Group or General Electives, ch
depends on courses available. However, you must have a total of 13
credits of HRI electives and 15-17 credits of General Electives (HRI
may be taken to meet General Electives requirements).
CHEM 160 required if student has not completed high school chem
Kinesiology and Health, B.S. = athletic
training

| Freshman |  |  |
| :---: | :---: | :---: |
| Fall | Credits Spring | Credits |
| BIOL 255 | 3 BIOL 256 | 3 |
| BIOL 255L | 1 BIOL 256L | 1 |
| ENGL 150 | 3 A TR 221 | 1 |
| KIN 252 | 1 A TR 222 | 3 |
| KIN 253 | 1 FS HN 167 | 3 |
| KIN 254 | $\begin{aligned} & 0.5 \text { MATH 140-142, } \\ & 150 \text { or } 165 \end{aligned}$ | 2-4 |
| H S 110 | 3 SOC 134 | 3 |
| LIB 160 | 1 |  |
| PSYCH 101 or PSYCH 230 | 3 |  |
|  | 16.5 | 16-18 |
| Sophomore |  |  |
| Fall | Credits Spring | Credits |
| ENGL 250 | 3 CHEM 163 | 4 |
| A TR 223 | 1 CHEM 163L | 1 |
| A TR 224 | 3 A TR 226 | 3 |
| A TR 225 | 1 A TR 227 | 1 |
| H S 215 | 3 A TR 240 | 1 |
| PHYS 115 or 111 | 4 KIN 266 | 2 |
| KIN 258 | 2 Humanities Choice | 3 |
|  | 17 | 15 |
| Junior |  |  |
| Fall | Credits Spring | Credits |
| A TR 323 | 3 A TR 326 | 3 |
| A TR 324 | 1 A TR 327 | 1 |
| KIN 355 | 3 KIN 358 | 3 |
| STAT 101, 104 or 226 | 3-4 KIN 365 | 3 |
| Humanities Choice | 3 HS 350 | 3 |
| Social Science Choicer | 3 SP CM 212 | 3 |
|  | 16-17 | 16 |
| Senior |  |  |
| Fall | Credits Spring | Credits |
| A TR 425 | $\begin{gathered} 3 \text { ENGL 302, } 314 \\ \text { or SP CM } 312 \end{gathered}$ | 3 |
| KIN 360 | 3 KIN 445 | 3 |
| A TR 450 | 3 A TR 488 | 2 |
| A TR 488 | 2 A TR 489 | 1 |
| Elective | 3 H S 305 | 2 |
|  | KIN 480 | 3 |
|  | 14 | 14 |

Total Credits: 124.5-127.5
Students must complete a 3-credit course in US diversity and a 3-credit course in international perspectives. Check ISU homepage for a list of approved courses. You must complete a minimum of 46 credits in 300/400 level courses and a total of 124 credits for graduation. Four year plans are arranged with courses in prerequisite sequence and within the term a course is usually offered. This is a SAMPLE plan - use the degree audit as "official" documentation of progress toward your degree.
Kinesiology and Health, B.S. - community/ public health

| Freshman |  |  |
| :--- | :---: | ---: |
| Fall | Credits Spring | Credits |
| BIOL 211 | 3 CHEM 163 | 4 |
| BIOL 211L | 1 CHEM 163L | 1 |
| ENGL 150 | 3 Social Science | 3 |


| KIN 252 | 1 FS HN 167 | 3 |
| :---: | :---: | :---: |
| KIN 253 | 1 H S 105 | 2 |
| KIN 254 | 0.5 H S 215 | 3 |
| HS 110 | 3 |  |
| LIB 160 | 1 |  |
| PSYCH 230 or HD FS 102 | 3 |  |
|  | 16.5 | 16 |
| Sophomore |  |  |
| Fall | Credits Spring | Credits |
| BIOL 255 | 3 BIOL 256 | 3 |
| BIOL 255L | 1 BIOL 256L | 1 |
| ENGL 250 | 3 Humanities Choice | 3 |
| STAT 101, 104 or 226 | 3-4 KIN 258 | 2 |
| Social Science Choice | 3 SP CM 212 | 3 |
| Elective | 3 Elective | 4 |
|  | 16-17 | 16 |
| Junior |  |  |
| Fall | Credits Spring | Credits |
| KIN 366 | 3 HSS 380 | 3 |
| KIN 358 | 3 H S 385 | 0 |
| H S 310 | 3 JL MC 220 or 305 | 3 |
| H S 350 | 3 MICRO 201 | 2 |
| Elective | 4 MICRO 201L | 1 |
|  | HD FS 499 | 0 |
|  | Humanities Choice | 3 |
|  | 16 | 12 |
| Senior |  |  |
| Fall | Credits Spring | Credits |
| ENGL 302, 314 or SP CM 312 | 3 HSS 485 | 10-16 |
| HS 430 | 3 |  |
| $\mathrm{H} \text { S } 390^{*}$ | 3 |  |
| Choose one: ENGL 309,313; HD FS 395; or JL MC 342 | 3 |  |
| Elective | 4 |  |
|  | 16 | 10-16 |

Total Credits: 118.5-125.5

* Fall only course.

Students must complete a 3-credit course in US diversity and a 3-credit course in international perspectives. Check ISU homepage for a list of approved courses. You must complete a minimum of 46 credits in 300/400 level courses and a total of 124 credits for graduation. Four year plans are arranged with courses in prerequisite sequence and within the term a course arranged with courses in prerequisite sequence and within the term a course
is usually offered. This is a SAMPLE plan - use the degree audit as "official" documentation of progress toward your degree.

## Kinesiology and Health, B.S. - exercise science

Freshman

Fall

| Credits Spring | Credits |
| :---: | ---: |
| 3 Elective | 3 |
| 1 KIN 258 | 2 |
| 1 PHYS 115 or | 4 |
| 111 |  |
| 0.5 SOC 134 | 3 |
| 3 Humanties | 3 |

Choice
H 110
LIB 160
MATH 140-142 or 165

Sophomore
Fall Credits Spring Credits

BIOL 255 3 BIOL $256 \quad 3$
BIOL 255L
ENGL 250
1 BIOL 256L
3 Social Science 3
Choice
2 STAT 101, 104 3-4
or 226
3 KIN 266
4 Elective
ENGL $150 \quad 3$ Elective 3
KIN $252 \quad 1$ KIN $258 \quad 2$
KIN $253 \quad 1$ PHYS 115 or 4

KIN 254
$3^{\text {Choice }}$
3
1
14.5-16.5 15

16




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$\square$


| Junior |  |  |
| :---: | :---: | :---: |
| Fall | Credits Spring | Credits |
| KIN 355 | 3 KIN 345 | 3 |
| KIN 366 | 3 KIN 358 | 3 |
| H S 350 | 3 KIN 372 | 3 |
| KIN 360 | 3 KIN 385 | 0 |
| Elective | $\begin{aligned} & 4 \text { KIN } 220 \text { or H S } \\ & 305 \end{aligned}$ | 2 |
|  | Humanities Choice | 3 |
|  | Elective | 2 |
|  | 16 | 16 |
| Senior |  |  |
| Fall | Credits Spring | Credits |
| ENGL 302, 314 or SP CM 312 | 3 KIN 485A | 8-16 |
| KIN 458 | 4 |  |
| KIN 459 | 1 |  |
| KIN 462 | 3 |  |
| H S 380 | 3 |  |
| Elective | 2 |  |
|  | 16 | 8-16 |

Total Credits: 116.5-127.5
Students must complete a 3-credit course in US diversity and a 3-credit course in international perspectives. Check ISU homepage for a list of approved courses. You must complete a minimum of 46 credits in 300/400 level courses and a total of 124 credits for graduation. Four year plans are arranged with courses in prerequisite sequence and within the term a course is usually offered. This is a SAMPLE plan - use the degree audit as "official" documentation of progress toward your degree.

## Kinesiology and Health, B.S. - physical

 education for teacher educationFreshman
Fall
ENGL 150
KIN 252
KIN 253
KIN 254
H S 110
LIB 160

| MATH 104, 140 or higher | 3 |
| :--- | ---: |
| PSYCH 230 | 3 |
|  | 15.5 |


| Sophomore |  |
| :---: | :---: |
| Fall | Credits Spring |
| BIOL 255 | 3 BIOL 256 |
| BIOL 255L | 1 BIOL 256L |
| SP CM 212 | ${ }^{3}$ KIN $230{ }^{* *}$ |
| ENGL 250 | ${ }^{3} \mathrm{KIN} 280^{* *}$ |
| KIN $231{ }^{*}$ | ${ }^{1} \mathrm{KIN} 312^{* *}$ |
| KIN 236* or $235^{* *}$ | 1 HS 105 |
| Social Science Choice | 3 Humanities (International Perspective) |
|  | $\begin{aligned} & \text { KIN } 232^{*} \text { or } \\ & 233^{* *} \end{aligned}$ |
|  | 15 |


| Junior |  |
| :--- | ---: |
| Fall | Credits Spring |
| KIN $238^{*}$ | 1 H S 305 |
| KIN $281^{*}$ | 1 KIN 313 |
| KIN 355 | 3 KIN 360 |
| KIN 365 or 366 | 3 KIN 358 |
| KIN $395^{*}$ | 3 KIN $471^{* *}$ |
| Humanities (American History) | 3 Elective |
|  | 14 |
| Senior | Credits Spring |
| Fall | 3 KIN 417 |
| C I 406 | 3 KIN 418 |
| ENGL 302, 314 or SP CM 312 | 3 |
| KIN 372 | 3 |
| KIN 475 |  |

Credits
3 DANCE $211 \quad$ Credits

- 1204

1 SOC 13
1 SOC 134
0.5 KIN 258

3 CI 202
1 PHYS 115 or 111
3
$15.5-17$

3 BIOL 256
3
1

KIN 280 ** 1
${ }^{1}$ KIN $312{ }^{\text {** }}$
H S 105
2


Freshman
Fall
BIOL 211
BIOL 211L
CHEM 177
CHEM 177 L
ENGL 150
KIN 252
KIN 253

KIN 254
LIB 160

| Credits Spring | Credits |
| :---: | ---: |
| 3 BIOL 212 | 3 |
| 1 BIOL 212L | 1 |
| 4 CHEM 178 | 3 |
| 1 CHEM 178L | 1 |
| 3 H S 110 | 3 |
| 1 MATH 142 or | $3-4$ |
| 165 or 181 |  |
| 1 PSYCH 101 or | 3 |
| 230 |  |
| $\mathbf{0 . 5}$ |  |
| 1 |  |
| $\mathbf{1 5 . 5}$ | $\mathbf{1 7 - 1 8}$ |

Sophomore
Fall
BIOL 255 \& 255L or 351
$\begin{array}{cr}\text { Credits Spring } & \text { Credits } \\ 4-5 \text { BIOL } 256 \text { \& } & 4\end{array}$
CHEM 331

CHEM 331L
256 L or 335
3 CHEM 332 \& 332 L or BBMB
$301 \& 311$
1 SOC 1343
3 Elective 4
KIN 258

|  |  |  |
| :--- | :--- | :--- |
| Junior | $16-17$ | 15 |

Fall
KIN 365 or 36
$\begin{array}{lrl}\text { STAT 101, 104 or 226 } & 3-4 \text { KIN 360 } & 3 \\ \text { PHYS 111 } & 5 \text { KIN 385 } & 0\end{array}$
SPCM 2
Elective
3 H S 350
${ }^{3}$ PHIL $331{ }^{* * *}$ Social Science
Choice
17-18
15
Senior
Fall
KIN 358
Credits Spring
Credits

KIN 372
3 KIN 400-level

ENGL 302, 314 or SP CM 31
3 Electives
6

V PTH $401{ }^{* *}$
Electives
3
1
16
15
Total Credits: 126.5-129.5

* KIN 400+ Course Choices (9 cr): KIN 455, 458, 462, 467, 472, 480, 495.
** Fall semester only.
*** Spring semester only.
Students must complete a 3-credit course in US diversity and a 3-credit course in international perspectives. Check ISU homepage for a list of approved courses. You must complete a minimum of 46 credits in 300/400 level courses and a total of 124 credits for graduation. Four year plans are arranged with courses in prerequisite sequence and within the term a course is usually offered. This is a SAMPLE plan - use the degree audit as "official" documentation of progress toward your degree.


## Kinesiology and Health, B.S. - Pre-health -pre-medicine

| Freshman | Credits Spring |
| :--- | :---: |
| Fall | 3 BIOL 212 |
| BIOL 211 | 1 BIOL 212L |
| BIOL 211L | 4 CHEM 178 |
| CHEM 177 | 1 CHEM 178L |
| CHEM 177L | 3 H S 110 |
| ENGL 150 | 1 MATH 165 or |
| KIN 252 | 181 |
|  | 1 PSYCH 101 or |
| KIN 253 | 230 |
|  | 0.5 |
| KIN 254 | 1 |
| LIB 160 | $\mathbf{1 5 . 5}$ |

Sophomore
Fall
BIOL 255 \& 255 L or 351
CHEM 331
CHEM 331L
ENGL 250
KIN 258
Humanities Choice
Junior
Fall
KIN 365 or 366
STAT 101, 104 or

## STAT 101, 104 or 226

PHYS 111
redits Spring
4-5 BIOL 256 \& 256 L or 335
3 CHEM 332
1 CHEM 332L
3 SOC 134
2 Elective
3
$6-17$

Credits Spring

SP CM 212
3-4 KIN 360
5 KIN 385
3 H S 350
Social Science Choice
Senior
Fall
KIN 358
KIN 372
ENGL 302, 314 or SP CM 312
Choose one: BIOL 313/L, 314/L, 335, 351, 352, 353 or BBMB
404
Elective

Total Credits: 127.5-131.5

* KIN 400+ Course Choices (9 cr): KIN 455, 458, 462, 467, 472, 480, 495.

Students must complete a 3-credit course in US diversity and a 3-credit course in international perspectives. Check ISU homepage for a list of approved courses. You must complete a minimum of 46 credits in 300/400 level courses and a total of 124 credits for graduation. Four year plans are arranged with courses in prerequisite sequence and within the term a course is usually offered. This is a SAMPLE plan - use the degree audit as "official" documentation of progress toward your degree.
Kinesiology and Health, B.S. - pre-health -pre-physician assistant

| Freshman | Credits Spring |
| :--- | :---: |
| Fall | 3 BIOL 212 |
| BIOL 211 | 1 BIOL 212L |
| BIOL 211L | 4 CHEM 178 |
| CHEM 177 | 1 CHEM 178L |
| CHEM 177L | 3 H S 110 |
| ENGL 150 | 1 MATH 142, |
| KIN 252 | 165,181 |
|  | 1 PSYCH 101 or |
| KIN 253 | 230 |
| KIN 254 | 0.5 |
| LIB 160 | 1 |
|  | $\mathbf{1 5 . 5}$ |

15.5

| Sophomore |  |  |
| :---: | :---: | :---: |
| Fall | Credits Spring | Credits |
| BIOL 255 \& 255L or 351 | $\begin{aligned} & 4-5 \text { BIOL } 256 \text { \& } \\ & 256 \mathrm{~L} \text { or } 335 \end{aligned}$ | 4 |
| CHEM 231/L or 331/L* | 4 BIOL 314 or BBMB 301 | 3 |
| ENGL 250 | 3 SOC 134 | 3 |
| KIN 258 | 2 Elective | 3 |
| Humanties Choice | 3 Elective | 3 |
|  | 16-17 | 16 |
| Junior |  |  |
| Fall | Credits Spring | Credits |
| KIN 365 or 366 | 3 KIN 355 | 3 |
| STAT 101, 104 or 226 | 3-4 KIN 360 | 3 |
| PHYS 111 | 5 KIN 385 | 0 |
| SP CM 212 | 3 HS 350 | 3 |
| Elective | $\begin{aligned} & 3 \text { BIOL 313, 314, } \\ & 335,351,352 \\ & \text { or } 353 \end{aligned}$ | 3-5 |
|  | Humanities Choice | 3 |
|  | 17-18 | 15-17 |
| Senior |  |  |
| Fall | Credits Spring | Credits |
| KIN 358 | 3 KIN 400-level Course | 9 |
| KIN 372 | 3 Electives | 6 |
| ENGL 302, 314 or SP CM 312 | 3 |  |
| MICRO 201/L or 302/L | 3-4 |  |
| Social Science Choice | 3 |  |
|  | 15-16 | 15 |

Total Credits: 126.5-132.5

* If CHEM 331, must also take CHEM 332/L.
** KIN 400+ Course (9 cr): KIN 455, 458, 462, 467, 472, 495.
Students must complete a 3-credit course in US diversity and a 3-credit course in international perspectives. Check ISU homepage for a list of approved courses. You must complete a minimum of 46 credits in 300/400 level courses and a total of 124 credits for graduation. Four year plans are arranged with courses in prerequisite sequence and within the term a course is usually offered. This is a SAMPLE plan - use the degree audit as "official" documentation of progress toward your degree.
Kinesiology and Health, B.S. - pre-health -pre-physical therapy

| Freshman |  |  |
| :---: | :---: | :---: |
| Fall | Credits Spring | Credits |
| BIOL 211 | 3 BIOL 212 | 3 |
| BIOL 211L | 1 BIOL 212L | 1 |
| ENGL 150 | $\begin{aligned} & 3 \text { PSYCH } 101 \text { or } \\ & 230 \end{aligned}$ | 3 |
| KIN 252 | $\begin{aligned} & 1 \text { MATH 142, } \\ & 165,181 \end{aligned}$ | 3-4 |
| KIN 253 | 1 KIN 258 | 2 |
| KIN 254 | 0.5 Humanties | 3 |
| HS 110 | 3 |  |
| LIB 160 | 1 |  |
| SOC 134 | 3 |  |
|  | 16.5 | 15-16 |
| Sophomore |  |  |
| Fall | Credits Spring | Credits |
| BIOL 255 \& 255L or 351 | $\begin{aligned} & 4-5 \text { BIOL } 256 \text { \& } \\ & 256 \mathrm{~L} \text { or } 355 \end{aligned}$ | 4 |
| CHEM 177 | 4 CHEM 178 | 3 |
| CHEM 177L | 1 CHEM 178L | 1 |
| ENGL 250 | 3 Social Science Choice | 3 |
| Humanities | 3 Elective | 5 |
|  | 15-16 | 16 |
| Junior |  |  |
| Fall | Credits Spring | Credits |
| KIN 365 or 366 | 3 KIN 355 | 3 |
| STAT 101, 104 or 226 | 3-4 KIN 360 | 3 |
| PHYS 111 | 5 KIN 385 | 0 |
| SP CM 212 | 3 HSS 350 | 3 |
| Elective | 3 PHYS 112 | 5 |


|  | Elective | 3 |
| :---: | :---: | :---: |
|  | 17-18 | 17 |
| Senior |  |  |
| Fall | Credits Spring | Credits |
| KIN 358 | 3 KIN 400-level Courses | 9 |
| KIN 372 | 3 Electives | 6 |
| ENGL 302, 314 or SP CM 312 | 3 |  |
| Choose from: BiOL 335, 351 or 6 cr in PSYCH 300+ | 5-6 |  |
|  | 14-15 | 15 |

Total Credits: 125.5-129.5

* KIN 400+ Course Choices ( 9 cr ): KIN 455, 458, 462, 467, 472, 480, 495.

Students must complete a 3-credit course in US diversity and a 3-credit course in international perspectives. Check ISU homepage for a list of approved courses. You must complete a minimum of 46 credits in 300/400 level courses and a total of 124 credits for graduation. Four year plans are arranged with courses in prerequisite sequence and within the term a course is usually offered. This is a SAMPLE plan - use the degree audit as "official" documentation of progress toward your degree.

## Nutritional Science, B.S. - Pre-health professional \& research option

First Year
Fall

FS HN 110
CHEM 177
CHEM 177L
BIOL 211
BIOL 211L
ENGL 150

LIB 160
Humanities course

## Second Year <br> Fall CHEM 331 <br> CHEM 331L <br> BIOL 313 <br> STAT 101 or 104 <br> ENGL 250 <br> SP CM 212 <br> Third Year <br> Fall <br> BIOL 255L <br> FS HN 360

FS HN 361

Humanities course (H Sci) or elective *

FS HN 342

| Fourth Year |  |
| :---: | :---: |
| Fall | Credits Spring |
| FS HN 419 or 420 | 3 ENGL 314 |
| FS HN 480 | 1 FS HN 467 |
| FS HN 492 | 2 Additional FS HN course (from approved list) ** |
| Additional FS HN course (from approved list)** | 3 U.S. Diversity (if not already taken) or elective |

Credits
3
3
3

| Additional FS HN course (from approved list)** | ${ }^{3}$ Elective ${ }^{*}$ | 3 |
| :---: | :---: | :---: |
| Elective* | 3 |  |
|  | 15 | 15 |
| Total Credits: 120-125 |  |  |
| ** Select at least 12 additional credits from: FS HN 242, 365, 367, 403, 461, 463, 464, 466, 490C, 499, 575; NUTRS 501, 503, 504, 562. |  |  |
| Note:This sequence is only an example. The number of credits taken each semester should be based on the individual student's situation. Factors that may affect credit hours per semester include student ability, employment, health, activities, and grade point consideration. |  |  |
| Nutritional Science, B.S. - Nutrition \& |  |  |
| wellness option |  |  |

## First Year

| Fall | Credits Spring | Credits |
| :--- | :---: | ---: |
| FS HN 110 | 1 FS HN 101 | 3 |
| CHEM 163 or 177 | 4 FS HN 167 | 3 |
| CHEM 163L or 177L | 1 BIOL 212 | 3 |
| BIOL 211 | 3 BIOL 212L | 1 |
| BIOL 211L | 1 MATH 140, | $3-4$ |
|  | $142,160,165$, |  |
| ENGL 150 | or 181 |  |
|  | 3 PSYCH 101 or | 3 |
| LIB 160 | 230 |  |
|  | 1 | $16-17$ |
| Second Year | $\mathbf{1 4}$ |  |
| Fall |  | Credits |
| FS HN 111 | Credits Spring | 3 |
| FS HN 115 | 2 BIOL 173 or |  |
| FS HN 264 | GLOBE 201 | 1 |
| BIOL 255 | 1 FS HN 203 | 3 |
| BIOL 255L | 3 FS HN 242 | 3 |
| ENGL 250 | 3 FS HN 265 | 3 |
| Humanities course | 1 BIOL 256 | 3 |

Third Year
Fall

| Credits Spring | Credit |
| ---: | ---: |
| 3 FS HN 342 |  |

HORT 221 or AGRON 114
3 FS HN 342
3 FS HN 361
2
POLS 215
3 FS HN 3653
SP CM 212
3 FS HN 366
STAT 101 or 104
4 Humanities (H
(AgLS)
U.S. Diversity
(if not already
(if not already
taken) or ${ }_{\text {* }}$
elective*
15-16 16-17
Fourth Year
Fall
FS HN 463
POL S 344
MICRO 201
MICRO 201L
$\begin{array}{cr}\text { Credits Spring } & \text { Credits } \\ 3 \text { FS HN 403 } & 2\end{array}$
3 FS HN $480 \quad 1$
2 FS HN 495
$1300-400$ level
3
elective course *
3 300-400 level * 3

| $300-400$ level elective course * | 3 300-400 level | 3 |
| :--- | ---: | :--- |
| Elective ${ }^{*}$ | elective course $^{*}$ | 3 Electives ${ }^{*}$ |

Total Credits: 120-124

* Choose elective courses to total 120 credits or more. At least 9 credits of electives must be 300-400 level courses.
Note:This sequence is only an example. The number of credits taken each semester should be based on the individual student's situation. Factors that may affect credit hours per semester include student ability, employment, health, activities, and grade point consideration.

