FOOD SCIENCE AND HUMAN NUTRITION (FS HN)

Any experimental courses offered by FS HN can be found at:
registrar.iastate.edu/faculty-staff/courses/explistings/ (http://www.registrar.iastate.edu/faculty-staff/courses/explistings/)

Courses primarily for undergraduates:

FS HN 101: Food and the Consumer
(3-0) Cr. 3. F.S.S.
Prereq: High school biology and chemistry or 3 credits each of biology and chemistry

FS HN 102: Nutrition for Sport Performance
(1-0) Cr. 1. F.S.
A scientific evaluation of dietary needs, dietary supplementation, and pop-culture claims relative to physical/sport performance. Discussion of safe and effective practices to enhance physical/sport performance.

FS HN 104: Introduction to Professional Skills in Culinary Science
(0-6) Cr. 1. S.
Prereq: Culinary Food Science major or minor.
Introduction to culinary science. Students will develop fundamental culinary skills by arranged on-campus work experience (100 hours). Sessions with instructor arranged.

FS HN 110: Professional and Educational Preparation
(1-0) Cr. 1. F.S.
Introduction to professional and educational development within the food science and human nutrition disciplines. Focus is on university and career acclimation as well as enhancement of communication skills. Offered on a satisfactory-fail basis only.

FS HN 111: Fundamentals of Food Preparation
(2-0) Cr. 2. F.S.
Prereq: FS HN 101 or FS HN 167; high school chemistry or CHEM 160; concurrent enrollment in FSHN 115.

FS HN 115: Food Preparation Laboratory
(0-3) Cr. 1. F.S.
Prereq: Credit or enrollment in FS HN 111 or FS HN 214
Practice standard methods of food preparation with emphasis on quality, nutrient retention, and safety.

FS HN 120: The Biochemistry of Beer
(Cross-listed with BBMB). (2-0) Cr. 2. F.
An introduction to the major classes of biomolecules, basic biochemical concepts, enzymology, metabolism and genetic engineering as they apply to the production and flavor of beer. All aspects of the biochemistry of beer will be covered, including the malting of barley, starch conversion, yeast fermentation and the chemical changes that occur during the aging of beer. Intended for non-majors. Natural science majors are limited to elective credit only.

FS HN 120L: Biochemistry of Beer Laboratory
(Cross-listed with BBMB). Cr. 1.
Prereq: Credit or enrollment for credit in BBMB 120
An introduction to biochemical methods related to the production of beer. Laboratory exercises related to water chemistry, mash enzymology, hop compound extraction and analysis, and yeast biology will be performed. Closely follows the material being taught in BBMB 120. Natural science majors are limited to elective credit only.

FS HN 167: Introduction to Human Nutrition
(3-0) Cr. 3. F.S.S.
Prereq: High school biology or 3 credits of biology
Understanding and implementing present day knowledge of nutrition. The role of nutrition in the health and well being of the individual and family.

FS HN 203: Contemporary Issues in Food Science and Human Nutrition
(1-0) Cr. 1. F.S.
Introduction to presentation of published research and discussion of current issues in food science and human nutrition. Emphasis on sources of credible information, ethics, and communication.

FS HN 207: Processing of Foods: Basic Principles and Applications
(2-3) Cr. 3. S.
Prereq: FS HN 101
Lecture and lab-based instruction on principles of food processing and packaging. Food product-based discussion and activities will highlight raw food materials; unit operations; food quality and safety; processing plant sanitation; food forming and extrusion; fermentation; properties and selection of packaging materials.
FS HN 214: Scientific Study of Food
(3-0) Cr. 3. F.S.
Prereq: FS HN 167 or FS HN 265; CHEM 231 or CHEM 331; plus concurrent enrollment in FS HN 115 or 215

FS HN 215: Advanced Food Preparation Laboratory
(0-6) Cr. 2. F.S.
Prereq: Credit or enrollment in FS HN 214
Practice standard methods of food preparation with emphasis on quality, nutrient retention, and safety. Development of culinary skills and advanced food preparation.

FS HN 241: Introduction to Manufacturing Processes for Plastics
(Cross-listed with TSM). (1-2) Cr. 2. F.S.
Prereq: MATH 145
A study of selected materials and related processes used in plastics manufacturing. Lecture and laboratory activities focus on materials, properties, and processes.

FS HN 242: The US Food System
(3-0) Cr. 3. S.
Exploration of the components of our food system including food production, food processing, and food access and the social, political and ethical influences on these components. Controversial topics related to how food is produced, processed, marketed and consumed will be discussed.
Meets U.S. Diversity Requirement

FS HN 264: Fundamentals of Nutritional Biochemistry and Metabolism
(3-0) Cr. 3. F.
Prereq: FS HN 167; CHEM 163, CHEM 163L; BIOL 211
Digestion, absorption, metabolism, and biochemical functions of nutrients. Biochemical aspects of nutrient deficiencies.

FS HN 265: Nutrition for Active and Healthy Lifestyles
(3-0) Cr. 3. S.SS.
Prereq: FS HN 167, plus credit or enrollment in BBMB 301 or credit in FS HN 264

FS HN 276: Understanding Grape and Wine Science
(Cross-listed with HORT). (3-0) Cr. 3. Alt. S., offered even-numbered years.
Prereq: High school biology and chemistry.
A scientific introduction to viticulture (grape-growing) and enology (wine-making). Topics include grape species and varieties, viticulture practices, fruit quality, geography, history, principles of fermentation and aging, wine classification, appreciation, evaluation, storage and service, regulations, wine as food. No wine tasting.

FS HN 305: Food Quality Management and Control
(2-0) Cr. 2. S.
Prereq: 3 credits in statistics
Fundamentals of statistical decision-making processes and quality control procedures used in food quality assurance programs.

FS HN 311: Food Chemistry
(3-0) Cr. 3. F.
Prereq: ENGL 250; CHEM 231 or CHEM 331; credit or enrollment in BBMB 301
The structure, properties, and chemistry of food constituents and animal and plant commodities.

FS HN 311L: Food Chemistry Laboratory
(0-3) Cr. 1. F.
Prereq: Credit or concurrent enrollment in FSHN 311.
The laboratory practices of structure, properties, and chemistry of food constituents.

FS HN 314: Professional Development for Culinary Food Science and Food Science Majors
(1-0) Cr. 1. F.S.
Prereq: Major or minor in Culinary Food Science or Food Science; Junior classification preferred.
Introduction to the roles culinary scientists and food scientists hold within industry. Discussions focused on professional and educational development and emerging issues and trends in the food industry.

FS HN 315: Professional Skills for Culinary Food Science and Food Science Majors
(1-0) Cr. 1. F.
Prereq: Major or minor in Culinary Food Science or Food Science; Junior classification recommended.
Focus on the importance of professional skills and application of those skills to potential job situations. Professional skills include communication, team building, leadership vs. management styles, business ethics, and continual learning.
FS HN 340: Foundations of Dietetic Practice
(1-0) Cr. 1. F.
Prereq: DIET or PDEX classification
Introduction to the profession of dietetics and responsibilities associated with dietetic professional practice. Emphasis on exploring career options in dietetics and preparation for a dietetic internship. Leadership and professional career development for the dietitian is addressed through self reflection and creation of materials for post-baccalaureate programs. Professional issues related to dietetic practice include Code of Ethics, legal credentialing and standards of professional practice, leadership and future trends in the profession. Offered on a satisfactory-fail basis only.

FS HN 342: World Food Issues: Past and Present
(Cross-listed with AGRON, ENV S). (3-0) Cr. 3. F.S.S.
Prereq: Junior classification
Issues associated with global agricultural and food systems including ethical, social, economic, environmental, and policy contexts. Investigation of various causes and consequences of overnutrition/undernutrition, poverty, hunger, access, and distribution. Meets International Perspectives Requirement.

FS HN 351: Introduction to Food Engineering Concepts
(3-0) Cr. 3. S.
Prereq: MATH 160 or equivalent, PHYS 111 or equivalent, FS HN 207 or permission of the instructor.
Methodology for solving problems in food processing and introduction to food engineering concepts including food properties, material and energy balances, sources of energy, thermodynamics, fluid flow, heat transfer, and mass transfer.

FS HN 356: Medical Terminology for Health Professionals
(1-0) Cr. 1. F.S.S.
An independent course focused on medical terminology, abbreviations, and simple clinical mathematical calculations. (offered online only).

FS HN 360: Advanced Nutrition and the Regulation of Metabolism
(3-0) Cr. 3. F.
Prereq: ENGL 250, FS HN 265, 3 credits in biochemistry; 3 credits in physiology recommended
Physiological and biochemical basis for nutrient needs; assessment of nutrient deficiency and toxicity; examination of nutrient functions and the regulation of metabolism; nutrient-gene interactions.

FS HN 361: Nutrition and Health Assessment
(1-3) Cr. 2. S.
Prereq: FS HN 265; 3 credits in statistics; 3 credits in physiology recommended
The assessment of nutritional status in healthy individuals. Laboratory experiences in food composition and assessment of dietary intake, body composition, and biochemical indices of nutritional status.

FS HN 362: Nutrition in Growth and Development
(3-0) Cr. 3. S.
Prereq: FS HN 360; credit or enrollment in a course in physiology
Molecular, biochemical and physiological basis to understand the nutritional aspects of human development and aging. Nutrient needs and various disease states at each stage of human life cycle.

FS HN 364: Nutrition and Prevention of Chronic Disease
(3-0) Cr. 3. F.
Prereq: FS HN 264 or FS HN 265 or accepted into Nursing major
Overview of nutrients, their functions, metabolism, food sources and optimal choices for the promotion of health and wellness. Nutrition strategies for the prevention of chronic disease, including cancer, diabetes and obesity, as they apply to individuals or the wider population will be discussed.

FS HN 365: Obesity and Weight Management
(3-0) Cr. 3. S.
Prereq: BIOL 256 and BIOL 256L, or BIOL 306, or accepted into Nursing major
Multifactorial aspects of obesity; maintenance of healthy weight, and the relationship of weight status and chronic disease prevention. Traditional and novel nutrition and exercise theories as well as current popular diet and exercise trends will be discussed.

FS HN 366: Communicating Nutrition Messages
(3-0) Cr. 3. S.
Prereq: FS HN 264 or FS HN 265
Theory and application of adult learning and behavior change as it relates to the role of nutrition in health promotion and disease prevention. Discussion of nutrition education and interventions relative to various models. Factors to consider in developing the nutrition education/intervention practicum experience. Focus on communication strategies for providing nutrition messages to diverse community audiences using various forms of media and outreach (print, radio, TV, newspaper, consumer publications, websites, community venues). Development of nutrition messages using various forms of media for a target population.

FS HN 367: Medical Terminology for Health Professionals
(1-0) Cr. 1. F.S.S.
An independent course focused on medical terminology, abbreviations, and simple clinical mathematical calculations. (offered online only).

FS HN 403: Food Laws and Regulations
(2-0) Cr. 2. S.S.S.
Prereq: 3 credits in food science coursework at 200 level or above
FS HN 406: Sensory Evaluation of Food
(Dual-listed with FS HN 506). (2-3) Cr. 3. F.
Prereq: FS HN 305 and credit or enrollment in FS HN 411; 3 credits in statistics
Sensory evaluation techniques used to evaluate the appearance, aroma, flavor, texture and acceptability of foods. Relationships between sensory and instrumental measurements of color and texture. Work independently and cooperatively (in a team) to identify sensory evaluation objectives, write hypotheses, design and conduct experiments, and analyze and interpret data.

FS HN 407: Microbiological Safety of Foods of Animal Origins
(Dual-listed with FS HN 507). (Cross-listed with MICRO). (3-0) Cr. 3. S.
Prereq: MICRO 420
Examination of the various factors in the production of foods, from production through processing, distribution and final consumption which contribute to the overall microbiological safety of the food. Upon successful completion of this class, the student will receive both the Preventive Controls for Human Foods certificate (FDA program) and the International HACCP Alliance certificate (USDA-FSIS program).

FS HN 408: Dairy Products Evaluation
(0-3) Cr. 1. S.
Prereq: Permission of instructor
Gain experience in identifying quality defects in dairy products including milk, cottage cheese, cheddar cheese, strawberry yogurt, butter, and vanilla ice cream. Intensive training for the National Collegiate Dairy Products Evaluation competition and for dairy product evaluation in the food industry.

FS HN 410: Food Analysis
(2-3) Cr. 3. F.
Prereq: FS HN 214 or FS HN 311 or CHEM 211
An introduction to the theory and application of chemical and instrumental methods for determining the constituents of food. Use of standard procedures for food analysis and food composition data bases.

FS HN 411: Food Ingredient Interactions and Formulations
(1-3) Cr. 2. F.S.
Prereq: FSHN 214 or FS HN 311 and FS HN 115, FS HN 215 or FS HN 311L; 3 credits in statistics.
Application of food science principles to ingredient substitutions in food products. Laboratory procedures for standard formulations and instrumental evaluation, with emphasis on problem-solving and critical thinking.

FS HN 412: Food Product Development
(Dual-listed with FS HN 512). (1-6) Cr. 3. S.
Prereq: FS HN 411; senior classification
Principles of developing consumer packaged food products. Application of skills gained in food chemistry, formulation, quality, sensory and processing. Some pilot plant experiences. Emphasis on teamwork and effective communication.

FS HN 420: Food Microbiology
(Cross-listed with MICRO, TOX). (3-0) Cr. 3. F.
Prereq: MICRO 201 or MICRO 302
Effects of microbial growth in foods. Methods to control, detect, and enumerate microorganisms in food and water. Foodborne infections and intoxications.

FS HN 421: Food Microbiology Laboratory
(Cross-listed with MICRO). (1-5) Cr. 3. S.
Prereq: MICRO 201 or MICRO 302; MICRO 201L or MICRO 302L. Credit or enrollment in FS HN/MICRO 420
Standard techniques used for the microbiological examination of foods. Independent and group projects on student-generated questions in food microbiology. Emphasis on oral and written communication and group interaction.

FS HN 430: U.S. Health Systems and Policy
(Dual-listed with FS HN 530). Cr. 2. F.
Prereq: Senior or graduate classification, or permission of instructor
Introduction to public policy for health care professionals. Emphasis on understanding on the role of the practitioner for participating in the policy process, interpreting government policies and programs such as Medicare and Medicaid, determining reimbursement rates for eligible services, and understanding licensure and accreditation issues. Discussion and exploration of federal, state and professional policy-relevant resources.

FS HN 435: Analysis of Food Markets
(Cross-listed with ECON). Cr. 3. S.
Prereq: STAT 226, ECON 235, ECON 301.
Food market analysis from an economics perspective; food markets and consumption; methods of economic analysis; food industry structure and organization; food and agriculture regulations; labeling; consumer concerns; agricultural commodity promotion. Final project required.

FS HN 442: Issues in Food and Society
(2-0) Cr. 2. F.
Prereq: FS HN 242, FS HN 342
In-depth discussion, synthesis, and analysis of domestic and international food issues including: food systems from farm to fork, poverty and world hunger, overnutrition, population, agriculture and the environment, ethics, biotechnology, and policy.
FS HN 460: Global Nutrition  
(Dual-listed with NUTRS 560 FS HN 560). (3-0) Cr. 3.  
An overview of global nutrition issues, including the sociocultural,  
biological, economic, and environmental context of nutrition related  
topics. The etiology, epidemiology, and program/policy responses  
to issues will be presented. Areas to be covered include childhood  
malnutrition, growth stunting, micronutrient deficiencies, parasites  
and nutrition, sanitation, and obesity and chronic disease incidence  
in developing countries. Participatory course, students will engage in  
a series of class activities, discussions, and presentations.

FS HN 461: Medical Nutrition and Disease I  
(4-0) Cr. 4. F.  
Prereq: FS HN 360, FS HN 361, FS HN 367; plus BIOL 256 and 256L or BIOL  
306 or BIOL 335  
(Dual-listed with NutrS 561) Pathophysiology of selected chronic disease  
states and their associated medical problems. Specific attention will be  
directed to medical nutrition needs of patients in the treatment of each  
disease state.

FS HN 463: Community Nutrition  
(3-0) Cr. 3. F.  
Prereq: FS HN 265 or FS HN 360; FS HN 366 recommended  
Dual-listed with NutrS 563. Survey of current public health nutrition  
problems among nutritionally vulnerable individuals and groups.  
Discussion of the multidimensional nature of those problems and of  
community programs addressing them. Grant writing as a means for  
funding community nutrition program development. Significant emphasis  
on written and oral communication at the lay and professional level. Field  
trip.  
Meets U.S. Diversity Requirement

FS HN 464: Medical Nutrition and Disease II  
(3-0) Cr. 3. S.  
Prereq: FS HN 461  
(Dual-listed with NutrS 564) Pathophysiology of selected acute and  
chronic disease states and their associated medical problems. Specific  
attention will be directed to medical nutrition needs of patients in the  
treatment of each disease state.

FS HN 466: Nutrition Counseling and Education Methods  
(Dual-listed with FS HN 566). (2-2) Cr. 3. F.S.  
Prereq: FS HN 361 and FS HN 362  
Application of counseling and learning theories with individuals and  
groups in community and clinical settings. Includes discussion and  
experience in building rapport, assessment, diagnosis, intervention,  
monitoring, evaluation, and documentation. Literature review of specific  
counseling and learning theories.

FS HN 467: Molecular Basis of Nutrition in the Development, Prevention,  
and Treatment of Disease  
(3-0) Cr. 3. S.  
Prereq: FS HN 360 or equivalent  
Understanding the molecular basis for the role of nutrients, nutrient-  
derivatives, and bioactive compounds in the development, prevention,  
and treatment of common diseases including diabetes, cancer, vascular  
disease, obesity, neurological disease, aberrant mineral metabolism,  
and autoimmune disease. Translating this understanding into practical  
approaches for improving the health of individuals and populations.

FS HN 471: Food Processing  
(3-0) Cr. 3. F.  
Prereq: FS HN 351 or A E 451 or CH E 357; MICRO 201 or 302.  
Principles and application of food processing using both thermal  
(ex., blanching, pasteurization, canning, drying, freezing, evaporation,  
aseptic processing, extrusion) and non-thermal (ex., high pressure,  
irradiation, pulsed electric field, fermentation) unit operations. Emphasis  
on microbial inactivation, process heat and mass balance, and numerical  
problem solving.

FS HN 472: Food Processing Laboratory  
(1-3) Cr. 2. F.  
Prereq: Credit or enrollment in FS HN 471 or A E 451 or CH E 357  
Hands-on and demonstration laboratory activities related to food  
processing principles and applications using lab and pilot-scale  
equipment. Laboratory experiences include important food processing  
operations, e.g., blanching/ pasteurization, canning, freezing, drying,  
corn wet milling, fermentation, baking etc. Emphasis on mass balance,  
interpreting data, writing reports, and presentations. Occasional field  
trips.

FS HN 480: Professional Communication in Food Science and Human  
Nutrition  
(1-0) Cr. 1. F.S.  
Prereq: FS HN 203, senior classification in the department  
Presentation of current topics using written and oral communication to a  
lay audience. Emphasis on communication skills for the profession.

FS HN 489: Issues in Food Safety  
(Cross-listed with AN S, HSP M, VDPAM). (1-0) Cr. 1. S.  
Prereq: Credit or enrollment in FS HN 101 or FS HN 272 or HSP M 233; FS HN  
419 or FS HN 420; FS HN 403  
Capstone seminar for the food safety minor. Case discussions and  
independent projects about safety issues in the food system from a  
multidisciplinary perspective.
FS HN 490: Independent Study
Cr. 1-6. Repeatable, maximum of 6 credits. F.S.S.
Prereq: Permission of instructor
Independent work in food science, nutrition, or dietetics. A maximum of 6 credits of FS HN 490 may be used toward graduation.

FS HN 490A: Independent Study: Dietetics
Cr. 1-6. Repeatable, maximum of 6 credits. F.S.S.
Prereq: Permission of instructor
Independent work in food science, nutrition, or dietetics. A maximum of 6 credits of FS HN 490 may be used toward graduation.

FS HN 490B: Independent Study: Food Science
Cr. 1-6. Repeatable, maximum of 6 credits. F.S.S.
Prereq: Permission of instructor
Independent work in food science, nutrition, or dietetics. A maximum of 6 credits of FS HN 490 may be used toward graduation.

FS HN 490C: Independent Study: Nutrition
Cr. 1-6. Repeatable, maximum of 6 credits. F.S.S.
Prereq: Permission of instructor
Independent work in food science, nutrition, or dietetics. A maximum of 6 credits of FS HN 490 may be used toward graduation.

FS HN 490D: Independent Study: International Experience
Cr. 1-6. Repeatable, maximum of 6 credits. F.S.S.
Prereq: Permission of instructor
Independent work in food science, nutrition, or dietetics. A maximum of 6 credits of FS HN 490 may be used toward graduation.

FS HN 490E: Independent Study: Entrepreneurship
Cr. 1-6. Repeatable, maximum of 6 credits. F.S.S.
Prereq: Permission of instructor
Independent work in food science, nutrition, or dietetics. A maximum of 6 credits of FS HN 490 may be used toward graduation.

FS HN 490F: Independent Study: Honors
Cr. 1-6. Repeatable, maximum of 6 credits. F.S.S.
Prereq: Permission of instructor
Independent work in food science, nutrition, or dietetics. A maximum of 6 credits of FS HN 490 may be used toward graduation.

FS HN 491: Supervised Work Experience
Cr. 1-4. Repeatable, maximum of 4 credits. F.S.S.
Prereq: Advance approval of instructor and adviser
Supervised off-campus work experience relevant to the academic major. Offered on a satisfactory-fail basis only. A maximum of 4 credits of FS HN 491 may be used toward graduation.

FS HN 491A: Supervised Work Experience: Dietetics
Cr. 1-4. Repeatable, maximum of 4 credits. F.S.S.
Prereq: Advance approval of instructor and adviser
Supervised off-campus work experience relevant to the academic major. Offered on a satisfactory-fail basis only. A maximum of 4 credits of FS HN 491 may be used toward graduation.

FS HN 491B: Supervised Work Experience: Food Science
Cr. 1-4. Repeatable, maximum of 4 credits. F.S.S.
Prereq: Advance approval of instructor and adviser
Supervised off-campus work experience relevant to the academic major. Offered on a satisfactory-fail basis only. A maximum of 4 credits of FS HN 491 may be used toward graduation.

FS HN 491C: Supervised Work Experience: Nutrition
Cr. 1-4. Repeatable, maximum of 4 credits. F.S.S.
Prereq: Advance approval of instructor and adviser
Supervised off-campus work experience relevant to the academic major. Offered on a satisfactory-fail basis only. A maximum of 4 credits of FS HN 491 may be used toward graduation.

FS HN 491D: Supervised Work Experience: Culinary Science
Cr. 1-4. Repeatable, maximum of 4 credits. F.S.S.
Prereq: Advance approval of instructor and adviser
Supervised off-campus work experience relevant to the academic major. Offered on a satisfactory-fail basis only. A maximum of 4 credits of FS HN 491 may be used toward graduation.

FS HN 492: Research Concepts in Human Nutrition
(1-3) Cr. 2. F.
Prereq: senior classification or permission of instructor; FS HN 360
Students will develop and implement research projects with faculty supervision, based on knowledge gained from nutrition, biology and chemistry courses. Students will prepare a research proposal, conduct research and report results. Students will gain appreciation for independent research and experience creative and innovative aspects of nutrition research.

FS HN 493: Food Preparation Workshop
(1-3) Cr. 1-3.
Selected topics in food preparation including scientific principles, culture and culinary techniques. Variable format may include laboratory, recitation, and lecture. Offered on a satisfactory-fail basis only.
FS HN 495: Practicum  
(1-3) Cr. 2. F.S.  
**Prereq:** Senior classification in Nutritional Science-Nutrition and Wellness option or permission of instructor; FS HN 366; credit or enrollment in FS HN 463.  
Students will develop, implement and assess a community-based project that engages groups in learning and practicing concepts related to nutrition and wellness. Assessed service learning component. Offered on a satisfactory-fail basis only.

FS HN 496: Food Science and Human Nutrition Travel Course  
(Dual-listed with FS HN 596). Cr. 1-4. Repeatable. F.S.S.S.  
**Prereq:** Permission of instructor  
(One credit per week traveled and 1 credit for pre-departure class, if offered.) Limited enrollment. Tour and study of food industry, culinary science, dietetic and nutritional agencies in different regions of the world. Pre-travel session arranged. Travel expenses paid by students.

FS HN 496A: Food Science and Human Nutrition Travel Course: International travel  
(Dual-listed with FS HN 596A). Cr. 1-4. Repeatable. F.S.S.S.  
**Prereq:** Permission of instructor  
(One credit per week traveled.) Limited enrollment. Tour and study of food industry, dietetic and nutritional agencies in different regions of the world. Pre-travel session arranged. Travel expenses paid by students.  
Meets International Perspectives Requirement.

FS HN 496B: Food Science and Human Nutrition Travel Course: Domestic travel  
(Dual-listed with FS HN 596B). Cr. 1-4. Repeatable. F.S.S.S.  
**Prereq:** Permission of instructor  
(One credit per week traveled.) Limited enrollment. Tour and study of food industry, dietetic and nutritional agencies in different regions of the world. Pre-travel session arranged. Travel expenses paid by students.

FS HN 498: Cooperative Education  
Cr. R. Repeatable, maximum of 2 times. F.S.S.S.  
**Prereq:** Permission of department chair.  
Required for students completing professional work periods in a cooperative education program. Students must register prior to commencing each work period. Offered on a satisfactory-fail basis only.

FS HN 499: Undergraduate Research  
Cr. 1-6. Repeatable, maximum of 6 credits. F.S.S.S.  
**Prereq:** Permission of staff member with whom student proposes to work  
Research under staff guidance. A maximum of 6 credits of FS HN 499 may be used toward graduation.

Courses primarily for graduate students, open to qualified undergraduates:

FS HN 506: Sensory Evaluation of Food  
(Dual-listed with FS HN 406). (2-3) Cr. 3. F.  
**Prereq:** FS HN 305 and credit or enrollment in FS HN 411; 3 credits in statistics  
Sensory evaluation techniques used to evaluate the appearance, aroma, flavor, texture and acceptability of foods. Relationships between sensory and instrumental measurements of color and texture. Work independently and cooperatively (in a team) to identify sensory evaluation objectives, write hypotheses, design and conduct experiments, and analyze and interpret data.

FS HN 507: Microbiological Safety of Foods of Animal Origins  
(Dual-listed with FS HN 407). (Cross-listed with MICRO). (3-0) Cr. 3. S.  
**Prereq:** MICRO 420  
Examination of the various factors in the production of foods, from production through processing, distribution and final consumption which contribute to the overall microbiological safety of the food. Upon successful completion of this class, the student will receive both the Preventive Controls for Human Foods certificate (FDA program) and the International HACCP Alliance certificate (USDA-FSIS program).

FS HN 509: Sensory Evaluation of Wines  
Cr. 2. S.  
**Prereq:** Must be at least 21 years of age; senior or graduate status.  
Principles of sensory evaluation and their application to wine evaluation. Sensory testing methods such as discrimination tests, ranking, descriptive analysis and scoring of wines will be covered. Students will have the opportunity to evaluate and learn about major types and styles of wines of the world. Lab fee.

FS HN 511: Integrated Food Science  
(3-0) Cr. 3. F.  
**Prereq:** 3 credits in each of organic chemistry, physics, mathematics, and microbiology.  
Critical review of the key principles of food science and applications in the chemistry, microbiology, and processing of food. Understanding of the impact of processing on the quality of foods with respect to composition, quality and safety.

FS HN 512: Food Product Development  
(Dual-listed with FS HN 412). (1-6) Cr. 3. S.  
**Prereq:** FS HN 411; senior classification  
Principles of developing consumer packaged food products. Application of skills gained in food chemistry, formulation, quality, sensory and processing. Some pilot plant experiences. Emphasis on teamwork and effective communication.
FS HN 516: Advanced Nutrition I
(2-0) Cr. 2. F.
Prereq: Acceptance in the Master's of Professional Practice in Dietetics program.
Examination of current literature relative to molecular, cellular, and physiologic aspects of macronutrient and micronutrient metabolism. Integration of current evidence-based information, including peer-reviewed literature, to inform advanced professional nutrition practice. Offered online only.

FS HN 517: Gut Microbiome: Implications for Health and Diseases
(Cross-listed with AN S, MICRO, V MPM). Cr. 3.
Prereq: 2-3 credits in microbiology and/or immunology.
Explore current research on gut microbiome including modern tools used to study the gut microbiome. Examine the linkages between gut microbiome and health status, diseases, and manipulation of gut microbiome to improve health.

FS HN 518: Advanced Nutrition II
(2-0) Cr. 2. S.
Prereq: Acceptance in the Master's of Professional Practice in Dietetics program.
Principles of research design/methods and interpreting results/statistics in the current peer-reviewed scientific literature. Critical evaluation of the evidence-base to inform advanced professional nutrition practice. Offered online only.

FS HN 521: Microbiology of Food
(2-0) Cr. 2. F.
Prereq: A course in microbiology with laboratory; enrollment in GP-IDEA Food Safety and Defense Graduate Certificate or permission of instructor.
This course deals with the identification, enumeration, and characterization of bacteria, yeasts, and mold associated with foods and food processing. Effects of physical and chemical agents on microorganisms will be studied. Microbiological problems in food spoilage, food preservation, food fermentation, and food-borne disease will be discussed. Offered online only.

FS HN 522: Advanced Food Microbiology and Biotechnology
(2-0) Cr. 2. Alt. S., offered odd-numbered years.
Prereq: Food microbiology, a course in biochemistry; enrollment in GP-IDEA Food Safety and Defense Graduate Certificate or permission of instructor.
This course will cover basic principles in biotechnology and applied food microbiology, including current topics of interest in food biotechnology. Students will be introduced to recombinant DNA techniques and how they are applied to genetically modify microorganisms, the use of nucleic acids as tools of rapid detection of microorganisms in foods, basic enzyme immobilization and down-stream processing techniques, and regulatory aspects of food biotechnology. Offered online only.

FS HN 523: A Multidisciplinary Overview of Food Safety and Security
(2-0) Cr. 2. F.
Prereq: A course in biology or chemistry; enrollment in GP-IDEA Food Safety and Defense Graduate Certificate or permission of instructor.
Multidisciplinary food safety and security perspectives provided by numerous subject matter experts. Topics include food safety policy, ag bioterrorism, border security, animal ID, food defense and site security, risk analysis, crisis communication, epidemiology, HACCP, and more. Offered online only.

FS HN 524: Food Microbiology
(3-0) Cr. 3. F.
Prereq: A course in microbiology with laboratory; enrollment in GP-IDEA Food Safety and Defense Graduate Certificate or permission of instructor.
Food Microbiology looks at the nature, physiology, and interactions of microorganisms in foods. The course is an introduction to food-borne diseases, the effect of food processing systems on the microflora of foods, principles of food preservation, food spoilage, and foods produced by microorganisms. Additionally, the course looks at food plant sanitation and criteria for establishing microbial standards for food products. Offered online only.

FS HN 525: Principles of HACCP
(2-0) Cr. 2. F.
Prereq: Undergraduate biology and chemistry courses; enrollment in GP-IDEA Food Safety and Defense Certificate or permission of instructor.
A comprehensive study of the Hazard Analysis and Critical Control Point System and its application in the food industry. Offered online only.

FS HN 526: Ethnic Foods: Food Safety, Food Protection and Defense
(2-0) Cr. 2. SS.
Prereq: Graduate standing; enrollment in GP-IDEA Food Safety and Defense Graduate Certificate or permission of instructor.
Understanding of the various factors that impact safety of ethnic and imported ethnic foods; knowledge about the handling, preparation, processing and storage of ethnic and imported foods and food products; science-based characterization of representative ethnic foods. Offered online only.

FS HN 527: Microbiology of Fermented Foods
(2-0) Cr. 2. SS.
Prereq: Food microbiology; enrollment in GP-IDEA Food Safety and Defense Graduate Certificate or permission of instructor.
Microbiology of fermented foods covers the physiology, biochemistry, and genetics of microorganisms important in food fermentations. The course looks at how microorganisms are used in fermentations and the effects of processing and manufacturing conditions on production of fermented foods. Offered online only.
FS HN 528: Food Protection and Defense-Essential Concepts
(2-0) Cr. 2. S.
Prereq: Enrollment in GP-IDEA Food Safety and Defense Graduate Certificate or permission of instructor.
This course will provide students with an understanding of the principles required in a food defense program for a food manufacturing, warehousing or distribution center. The topics covered include: defining threats and aggressors; the Bioterrorism Act; food defense teams; vulnerability assessments; security programs; recall and traceability basics; security inspections; crisis management; emergency preparedness; and workplace violence. Offered online only.

FS HN 530: U.S. Health Systems and Policy
(Dual-listed with FS HN 430). Cr. 2. F.
Prereq: Senior or graduate classification, or permission of instructor
Introduction to public policy for health care professionals. Emphasis on understanding on the role of the practitioner for participating in the policy process, interpreting government policies and programs such as Medicare and Medicaid, determining reimbursement rates for eligible services, and understanding licensure and accreditation issues. Discussion and exploration of federal, state and professional policy-relevant resources.

FS HN 538: Advanced Medical Nutrition Therapy
(3-0) Cr. 3. S.
Prereq: Acceptance in the Master’s of Professional Practice in Dietetics program.
Nutritional biochemistry and physiology related to selected pathophysiology of disease with emphasis on treatment of complex medical problems and current issues. The nutrition care process will be utilized. Evidenced-based practice will be integrated into each disease state covered. Offered online only.

FS HN 542: Introduction to Molecular Biology Techniques
(Cross-listed with B M S, BBMB, EEOB, GDCB, HORT, NREM, NUTRS, V MPM, VDPAM). Cr. 1. Repeatable. F.S.SS.
Sessions in basic molecular biology techniques and related procedures. Offered on a satisfactory-fail basis only.

FS HN 542A: Introduction to Molecular Biology Techniques: DNA Techniques
(Cross-listed with B M S, BBMB, EEOB, GDCB, HORT, NREM, NUTRS, V MPM, VDPAM). Cr. 1. Repeatable. F.S.
Includes genetic engineering procedures, sequencing, PCR, and genotyping. Offered on a satisfactory-fail basis only.

FS HN 542B: Introduction to Molecular Biology Techniques: Protein
(Cross-listed with B M S, BBMB, EEOB, GDCB, HORT, NREM, NUTRS, VDPAM). Cr. 1. Repeatable. S.SS.
Prereq: Graduate classification
Techniques. Includes: fermentation, protein isolation, protein purification, SDS-PAGE, Western blotting, NMR, confocal microscopy and laser microdissection, Immunophenotyping, and monoclonal antibody production. Sessions in basic molecular biology techniques and related procedures. Offered on a satisfactory-fail basis only.

FS HN 542C: Introduction to Molecular Biology Techniques: Cell Techniques
(Cross-listed with B M S, BBMB, EEOB, GDCB, HORT, NREM, NUTRS, V MPM, VDPAM). Cr. 1. Repeatable. F.S.
Includes: immunophenotyping, ELISA, flow cytometry, microscopic techniques, image analysis, confocal, multiphoton and laser capture microdissection. Offered on a satisfactory-fail basis only.

FS HN 542D: Introduction to Molecular Biology Techniques: Plant Transformation
(Cross-listed with B M S, BBMB, EEOB, GDCB, HORT, NREM, NUTRS, V MPM, VDPAM). Cr. 1. Repeatable. S.
Includes: Agrobacterium and particle gun-mediated transformation of tobacco, Arabidopsis, and maize, and analysis of transformants. Offered on a satisfactory-fail basis only.

FS HN 542E: Introduction to Molecular Biology Techniques: Proteomics
(Cross-listed with B M S, BBMB, EEOB, GDCB, HORT, NREM, NUTRS, V MPM, VDPAM). Cr. 1. Repeatable. F.
Includes: two-dimensional electrophoresis, laser scanning, mass spectrometry, and database searching. Offered on a satisfactory-fail basis only.

FS HN 542F: Introduction to Molecular Biology Techniques: Metabolomics
(Cross-listed with B M S, BBMB, EEOB, GDCB, HORT, NREM, NUTRS, V MPM, VDPAM). Cr. 1. Repeatable. F.
Includes: metabolomics and the techniques involved in metabolite profiling. For non-chemistry majoring students who are seeking analytical aspects into their biological research projects. Offered on a satisfactory-fail basis only.

FS HN 542G: Introduction to Molecular Biology Techniques: Genomic
(Cross-listed with B M S, BBMB, EEOB, GDCB, HORT, NREM, NUTRS, V MPM, VDPAM). Cr. 1. Repeatable. S.
Offered on a satisfactory-fail basis only.
FS HN 554: Dietetic Internship I  
(0-22) Cr. 5. S.S.  
For students enrolled in the Dietetic Internship program only. Supervised practice experience in operational management, medical nutrition therapy and community nutrition. Capstone research project. Experiences and activities designed to meet accreditation standards.

FS HN 555: Dietetic Internship II  
(0-18) Cr. 5. F.S.  
Prereq: Concurrent enrollment or successful completion of FS HN 554  
For students enrolled in the Dietetic Internship program only. Supervised practice experience in operational management, medical nutrition therapy and community nutrition. Capstone research project. Experiences and activities designed to meet accreditation standards.

FS HN 556: Dietetic Internship III  
(0-22) Cr. 5. F.S.  
Prereq: Concurrent enrollment or successful completion of FS HN 554 and FS HN 555  
For students enrolled in the Dietetic Internship program only. Supervised practice experience in operational management, medical nutrition therapy and community nutrition. Capstone research project. Experiences and activities designed to meet accreditation standards.

FS HN 560: Global Nutrition  
(Dual-listed with FS HN 460). (Cross-listed with NUTRS). (3-0) Cr. 3.  
An overview of global nutrition issues, including the sociocultural, biological, economic, and environmental context of nutrition related topics. The etiology, epidemiology, and program/policy responses to issues will be presented. Areas to be covered include childhood malnutrition, growth stunting, micronutrient deficiencies, parasites and nutrition, sanitation, and obesity and chronic disease incidence in developing countries. Participatory course, students will engage in a series of class activities, discussions, and presentations.

FS HN 566: Nutrition Counseling and Education Methods  
(Dual-listed with FS HN 466). (Cross-listed with DIET). (2-2) Cr. 3. F.S.  
Prereq: FS HN 361 and FS HN 362  
Application of counseling and learning theories with individuals and groups in community and clinical settings. Includes discussion and experience in building rapport, assessment, diagnosis, intervention, monitoring, evaluation, and documentation. Literature review of specific counseling and learning theories.

FS HN 575: Processed Foods  
(3-0) Cr. 3. Alt. F., offered even-numbered years.  
Prereq: FS HN 214 or FS HN 311; a course in nutrition  
This course will examine effect of industrial and domestic food processing on the nutrient content of food and risk of developing chronic disease.

FS HN 580: Orientation to Food Science and Nutrition Research  
(1-0) Cr. 1. F.  
Orientation to and discussion of research interests in food science and nutrition. Discussion of policy and ethical issues in the conduct of research. Intended for entering students in FS HN. Offered on a satisfactory-fail basis only.

FS HN 581: Seminar  
(1-0) Cr. 1. S.  
Discussion and practice of oral presentation of scientific data in a professional setting. Discussion of issues related to data presentation. Intended for graduate students in their first or second semester in FS HN.

FS HN 590: Special Topics  
Cr. 1-3. Repeatable, maximum of 6 credits. F.S.SS.  
FS HN 590A: Special Topics: Nutrition  
Cr. 1-3. Repeatable, maximum of 6 credits. F.S.SS.  
FS HN 590B: Special Topics: Food Science  
Cr. 1-3. Repeatable, maximum of 6 credits. F.S.SS.  
FS HN 590C: Special Topics: Teaching  
Cr. 1-3. Repeatable, maximum of 6 credits. F.S.SS.

FS HN 595: Grant Writing for the Professional  
(Cross-listed with DIET). (3-0) Cr. 3. SS.  
Prereq: Enrollment in GP-IDEA MFCS in Dietetics OR acceptance in the Master of Professional Practice in Dietetics program.  
Identifying external funding sources, developing a research question and hypothesis, and writing a grant proposal.

FS HN 596A: Food Science and Human Nutrition Travel Course: International travel  
(Dual-listed with FS HN 496A). Cr. 1-4. Repeatable. F.S.SS.  
Prereq: Permission of instructor  
(One credit per week traveled.) Limited enrollment. Tour and study of food industry, dietetic and nutritional agencies in different regions of the world. Pre-travel session arranged. Travel expenses paid by students. Meets International Perspectives Requirement.

FS HN 596B: Food Science and Human Nutrition Travel Course: Domestic travel  
(Dual-listed with FS HN 496B). Cr. 1-4. Repeatable. F.S.SS.  
Prereq: Permission of instructor  
(One credit per week traveled.) Limited enrollment. Tour and study of food industry, dietetic and nutritional agencies in different regions of the world. Pre-travel session arranged. Travel expenses paid by students.
FS HN 597: Nutritional Aspects of Oncology
(Cross-listed with DIET, NUTRS). (3-0) Cr. 3. Alt. S., offered even-numbered years.
Prereq: B.S. in nutrition, dietetics, biology, or related discipline.
Understanding of basic cancer biology and methodology used to study nutrition and cancer relationships. Using current research as a basis, the role of nutrition in specific cancers will be explored. Students will learn about sources of information for cancer prevention programs, and how to apply this information to clinical patient management.

FS HN 599: Creative Component
Cr. arr.
Nonthesis option only.

Courses for graduate students:

FS HN 606: Advanced Food Analysis and Instrumentation
(2-3) Cr. 3. Alt. F., offered even-numbered years.
Prereq: FS HN 311, or FS HN 410, or FS HN 511 or equivalent.
Instrumental methods for measuring chemical and physical properties of foods, food quality and functionality. Techniques for methods development, sample preparation, optimization of operating conditions, and data analysis needed to obtain accurate, reproducible results by means of instrumentation.

FS HN 611: Advanced Food Processing
(Cross-listed with BRT). (3-0) Cr. 3. F.
Prereq: FS HN 311, or FS HN 471/472 or equivalent, or FS HN 511.
Recent advances in the science and technology of food processing and preservation; examples include both thermal and non-thermal processes, including cold plasma, nanotechnology, and extrusion. Advances in extraction and separation technologies, by-product utilization, and sustainability in food processing industry will also be discussed. Students to research on select topics and present.

FS HN 612: Advanced Food Chemistry
(3-0) Cr. 3. Alt. S., offered even-numbered years.
Prereq: FS HN 311, or FS HN 411, or FS HN 511, or BBMB 404, or equivalent.
Structure, chemical and physical properties of lipids, proteins and carbohydrates, and their food and industrial applications. Changes in functionalities during processing and storage.

FS HN 627: Rapid Methods in Food Microbiology
(Cross-listed with MICRO, TOX). (2-0) Cr. 2. Alt. F., offered even-numbered years.
Prereq: FS HN 420 or FS HN 421 or FS HN 504
Provides an overview of rapid microbial detection methods for use in foods. Topics include historical aspects of rapid microbial detection, basic categories of rapid tests (phenotypic, genotypic, whole cell, etc.), existing commercial test formats and kits, automation in testing, sample preparation and "next generation" testing formats now in development.

FS HN 681: Seminar
(1-0) Cr. 1. Repeatable, maximum of 2 credits. F.S.SS.
Presentation of thesis or dissertation research. Must be taken once for each graduate program; once for the M.S. program and once for the Ph.D. program.

FS HN 682: Seminar Reflection
Cr. R. Repeatable. F.S.
Active listening and critical thinking activities related to research seminars in food science and human nutrition. Required each semester for all FSHN graduate students. Electronic documentation.

FS HN 690: Special Problems
Cr. arr. Repeatable. F.S.SS.
Prereq: FS HN 502 or FS HN 503 or FS HN 504 or FS HN 553 or FS HN 554

FS HN 695: Grant Proposal Writing
(Cross-listed with NUTRS). (1-0) Cr. 1. F.
Prereq: 3 credits of graduate course work in food science and/or nutritional sciences
Grant proposal preparation experiences including writing and critiquing of proposals and budget planning. Understanding the grand funding process from federal, foundation, and commodity agencies. Includes preparing a grant for possible submission and participation in the review of proposals. Discussion of the role of successful grant writing in career development.

FS HN 699: Research in Food Science and Technology
Cr. arr. Repeatable. F.S.SS.
Offered on a satisfactory-fail basis only.