

# DIGITAL HEALTH

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## Overview

The Department of Kinesiology offers a 12-24 month, online, 30-credit professional master's degree in Digital Health. The overall academic goal is to prepare students to use information and communications technologies in health professions to manage illnesses and health risks, enhance the efficiency of treatment delivery, make interventions more personalized and precise, and promote health and wellness. Students will be taught digital health knowledge and skills, including the use of wearable devices, mobile health, telehealth, and health information technology. They will learn to incorporate digital technologies into the delivery of exercise and health interventions, analyze individual and population-level data to develop efficient solutions for target populations, and integrate innovative technologies to target multiple layers of influence to empower patients and populations in the self-management of their health and the health of their families. This is a coursework-only program of study.

Elevate your career with the cutting-edge online master of digital health – a program designed to empower you with expertise in information and communications technologies within the health professions, health systems, and industry. Guided by distinguished faculty, the comprehensive curriculum explores wearable devices, mobile health, telehealth, and health information technology.

Whether you are seeking job promotion, a career change, or to advance your knowledge for immediate application in your current role, the program is catered to working professionals and is offered fully online to provide flexibility.

This online master's degree can be completed in just one year, offering the flexibility to balance coursework with your professional commitments. Designed for working professionals, you can progress at your own pace.

For more information, visit [https://www.grad-college.iastate.edu/programs/digital\\_health](https://www.grad-college.iastate.edu/programs/digital_health) ([https://www.grad-college.iastate.edu/programs/digital\\_health/](https://www.grad-college.iastate.edu/programs/digital_health/))