HUMAN DEVELOPMENT AND FAMILY STUDIES

Administered by the Department of Human Development and Family Studies. Leading to the degree of Bachelor of Science.

Total credits required: 120. The human development and family studies curriculum prepare graduates to pursue careers in helping professions with employment opportunities in government, non-profit, and private agencies, as well as continue on to graduate studies programs. Students select an option within the major child development and guidance; advocacy, administration, and policy; or health, well-being, and prevention.

Student Learning Outcomes

The following set of learning goals was established for the bachelor's degree in Human Development and Family Studies (HDFS). Upon completion of the undergraduate degree in HDFS, students will:

Learning Objective 1: Demonstrate an understanding of the central concepts, research, and theories within the field.

Learning Objective 2: Demonstrate professional development and self-reflection skills.

Learning Objective 3: Demonstrate an ability to access and evaluate peer-reviewed research.

A minor in human development and family studies is available; see requirements under Human Development and Family Studies, Undergraduate Minor.

The following requirements are for the HDFS major by option.

Child Development & Guidance Option Human Development and Family Studies Core: 23-24 credits

HDFS 1020	Human Development	3
HDFS 1100	Freshman Learning Community Orientation	1
or HDFS 1110	New Transfer Student Seminar	
HDFS 1830	Personal Finance in Early Adulthood	1
HDFS 2180	Professional Orientation and Service Learning	2
HDFS 3690	Research Methods in Human Development and Family Studies	3
HDFS 4180B	Professional Practice Reflection/Discussion: Internships	2
HDFS 4790	Family Dynamics Through a Social and Cultural Lens	3

Total Credits		23-24
HDFS 4910	Internship	8-9

Individual and Family Development: 12 credits

Select 4 courses from:		
HDFS 2240	Development in Young Children: Birth through Age	
	8	
or HDFS 22	3 Child Development and Health	
Note: HDFS 22	240 is a prerequisite to HDFS 3420 and HDFS 3440	
HDFS 2260	Development and Guidance in Middle Childhood	
HDFS 2270	Adolescence and Emerging Adulthood	
HDFS 2340	Adult Development	
HDFS 2490	Parenting and Family Diversity Issues	
HDFS 2700	Family Communications and Relationships	
HDFS 3770	Aging and the Family	
Total Credits		

Child Development & Guidance Option: 24 credits

Emphasis classes	s. Select 4 from	12-13
HDFS 2400	Literature for Children	
HDFS 3420	Social and Emotional Development and Child- centered Guidance in Early Childhood	
HDFS 3440	Programming for Children in Early Care and Education	
HDFS 3450	Inclusive Teaching and Interaction Strategies	
HDFS 4560	Working with Families in Early Intervention	
HDFS 4860	Administration of Human Services Programs	
Supporting classe	es. Select 4 from:	12
HDFS 2390	Consumer Issues	
HDFS 2760	Human Sexuality	
HDFS 2830	Personal and Family Finance	
HDFS 3410	Income Tax Planning for Families	
HDFS 3600	Housing and Services for Families and Children	
HDFS 3670	Abuse and Illness in Families	
HDFS 3730	Death as a Part of Living	
HDFS 3780	Retirement Planning and Employee Benefits	
HDFS 3870	Applying Evidence-Based Practices in Human Services	
HDFS 3950	Children, Families, and Public Policy	
HDFS 4490	Program Evaluation and Proposal Writing	
Total Credits		24-25

Communications and Library: 13 credits

ENGL 1500	Critical Thinking and Communication	3
ENGL 2500	Written, Oral, Visual, and Electronic Composition	3
LIB 1600	Introduction to College Level Research	1
One of the follow	ing:	3
COMST 2100	Communication and U.S. Diversity	
COMST 2110	Interpersonal Communication	
COMST 2180	Conflict Management	
SPCM 2120	Fundamentals of Public Speaking	
One of the follow	ing:	3
ENGL 3020	Business Communication	
ENGL 3090	Proposal and Report Writing	
ENGL 3140	Technical Communication	
Total Credits		13

Natural Sciences and Mathematical Disciplines: 10-11 credits

Total Credits		10-11
COMS 1130	Introduction to Spreadsheets and Databases	
COMS 1030	Computer Literacy and Applications	
One of the following:		3-4
STAT 1010	Principles of Statistics	4
Biology Course		3

Social Sciences: 9 credits

Select from HDFS list of approved social sciences courses.

Humanities: 6 credits

Select from HDFS list of approved humanities courses.

Electives: 21 - 23 credits

Elective course options may include additional HDFS courses from the Individual and Family Development category that have not been taken and/or HDFS courses from the Health, Wellbeing, and Prevention and/or the Advocacy, Administration, & Policy emphasis section that have not been taken.

Total credits: 120 credits

U.S. Diversity and International Perspectives Requirement: Students fulfill the U.S. Diversity and International Perspectives Requirement by choosing three credits of coursework from each of the universityapproved lists.

Health, Well-Being, & Prevention Option

Human Development and Family Studies Core: 23-24 credits

HDFS 1020	Human Development	3
HDFS 1100	Freshman Learning Community Orientation	1
or HDFS 1110	New Transfer Student Seminar	
HDFS 1830	Personal Finance in Early Adulthood	1
HDFS 2180	Professional Orientation and Service Learning	2
HDFS 3690	Research Methods in Human Development and	3
	Family Studies	
HDFS 4180B	Professional Practice Reflection/Discussion:	2
	Internships	
HDFS 4790	Family Dynamics Through a Social and Cultural	3
	Lens	
HDFS 4910	Internship	8-9
Total Credits		23-24

Individual & Family Development: 12 credits

HDFS 3770

Select 4 classes from:		12	
	HDFS 2240	Development in Young Children: Birth through Age	
		8	
	or HDFS 223 Child Development and Health		
Note: HDFS 2240 is a required prerequisite to HDFS 3420 and			

HDFS 3440 HDFS 2260 Development and Guidance in Middle Childhood HDFS 2270 Adolescence and Emerging Adulthood HDFS 2340 Adult Development HDFS 2490 Parenting and Family Diversity Issues HDFS 2700 Family Communications and Relationships

Total Credits 12

Health, Well-being, & Prevention Option: 24 credits

Aging and the Family

Emphasis class	es. Select 4 from:	12
HDFS 2760	Human Sexuality	
HDFS 2830	Personal and Family Finance	
HDFS 3600	Housing and Services for Families and Children	
HDFS 3670	Abuse and Illness in Families	
HDFS 3730	Death as a Part of Living	
HDFS 3870	Applying Evidence-Based Practices in Human Services	

Supporting classes. Select 4 from: 12

13

HDFS 2390	Consumer Issues
HDFS 2400	Literature for Children
HDFS 3410	Income Tax Planning for Families
HDFS 3420	Social and Emotional Development and Child- centered Guidance in Early Childhood
HDFS 3440	Programming for Children in Early Care and Education
HDFS 3780	Retirement Planning and Employee Benefits
HDFS 3950	Children, Families, and Public Policy
HDFS 4490	Program Evaluation and Proposal Writing
HDFS 4860	Administration of Human Services Programs

Communications and Library: 13 credits

Total Credits

Total Credits

ENGL 1500	Critical Thinking and Communication	3
ENGL 2500	Written, Oral, Visual, and Electronic Composition	3
LIB 1600	Introduction to College Level Research	1
One of the follow	ing:	3
COMST 2100	Communication and U.S. Diversity	
COMST 2110	Interpersonal Communication	
COMST 2180	Conflict Management	
SPCM 2120	Fundamentals of Public Speaking	
One of the follow	ing:	3
ENGL 3020	Business Communication	
ENGL 3090	Proposal and Report Writing	
ENGL 3140	Technical Communication	

Natural Sciences and Mathematical Disciplines: 10-11 credits

Total Credits		10-11
COMS 1130	Introduction to Spreadsheets and Databases	
COMS 1030	Computer Literacy and Applications	
One of the follow	ring:	3-4
STAT 1010	Principles of Statistics	4
Biology Course		3

Social Sciences: 9 credits

Select from HDFS list of approved social sciences courses.

Humanities: 6 credits

Select from HDFS list of approved humanities courses.

Electives: 21 - 23 credits

Elective course options may include additional HDFS courses from the Individual and Family Development category that have not been taken

and/or HDFS courses from the Health, Wellbeing, and Prevention or Advocacy, Administration, and Policy emphasis section that have not been taken.

Total credits: 120 credits

24-25

U.S. Diversity and International Perspectives Requirement: Students fulfill the U.S. Diversity and International Perspectives Requirement by choosing three credits of coursework from each of the university-approved lists.

Advocacy, Administration, and Policy Option

Human Development and Family Studies Core: 23-24 credits

HDFS 1020	Human Development	3
HDFS 1100	Freshman Learning Community Orientation	1
or HDFS 1110	New Transfer Student Seminar	
HDFS 1830	Personal Finance in Early Adulthood	1
HDFS 2180	Professional Orientation and Service Learning	2
HDFS 3690	Research Methods in Human Development and	3
	Family Studies	
HDFS 4180B	Professional Practice Reflection/Discussion:	2
	Internships	
HDFS 4790	Family Dynamics Through a Social and Cultural	3
	Lens	
HDFS 4910	Internship	8-9
Total Credits		23-24

Individual & Family Development: 12 credits

Т	otal Credits		12
	HDFS 3770	Aging and the Family	
	HDFS 2700	Family Communications and Relationships	
	HDFS 2490	Parenting and Family Diversity Issues	
	HDFS 2340	Adult Development	
	HDFS 2270	Adolescence and Emerging Adulthood	
	HDFS 2260	Development and Guidance in Middle Childhood	
	HDFS 3440		
	Note: HDFS 22	240 is a required prerequisite to HDFS 3420 and	
	or HDFS 22	3 Child Development and Health	
	HDFS 2240	Development in Young Children: Birth through Age 8	
S	Select 4 courses	from:	12

Advocacy, Administration, and Policy Option: 24 credits

Emphasis classes (Select 4):		12	
	HDFS 2390	Consumer Issues	

To	otal Credits		24-25
	HDFS 3870	Applying Evidence-Based Practices in Human Services	
	HDFS 3730	Death as a Part of Living	
	HDFS 3670	Abuse and Illness in Families	
	HDFS 3600	Housing and Services for Families and Children	
	HDFS 3440	Programming for Children in Early Care and Education	
	HDFS 3420	Social and Emotional Development and Child- centered Guidance in Early Childhood	
	HDFS 2830	Personal and Family Finance	
	HDFS 2760	Human Sexuality	
	HDFS 2400	Literature for Children	
Sı	upporting classe	es (Select 4 of the following):	12 - 13
	HDFS 4860	Administration of Human Services Programs	
	HDFS 4490	Program Evaluation and Proposal Writing	
	HDFS 3950	Children, Families, and Public Policy	
	HDFS 3780	Retirement Planning and Employee Benefits	
	HDFS 3410	Income Tax Planning for Families	

Communications and Library: 13 credits

Total Credits		13
ENGL 3140	Technical Communication	
ENGL 3090	Proposal and Report Writing	
ENGL 3020	Business Communication	
One of the follow	ing:	3
SPCM 2120	Fundamentals of Public Speaking	
COMST 2180	Conflict Management	
COMST 2110	Interpersonal Communication	
COMST 2100	Communication and U.S. Diversity	
One of the follow	ing:	3
LIB 1600	Introduction to College Level Research	1
ENGL 2500	Written, Oral, Visual, and Electronic Composition	3
ENGL 1500	Critical Thinking and Communication	3

Natural Sciences and Mathematical Disciplines: 10-11 credits

Biology Course		3
STAT 1010	Principles of Statistics	4
One of the following:		3-4
COMS 1030	Computer Literacy and Applications	

COMS 1130 Introduction to Spreadsheets and Databases

Total Credits 10-11

Social Sciences: 9 credits

Select from HDFS list of approved social sciences courses.

Humanities: 6 credits

Select from HDFS list of approved humanities courses.

Electives: 21 - 23 credits

Elective course options may include additional HDFS courses from the Individual and Family Development category that have not been taken and/or HDFS courses from the Health, Wellbeing, and Prevention and/or Child Development & Guidance emphasis section that have not been taken.

Total credits: 120 credits

U.S. Diversity and International Perspectives Requirement: Students fulfill the U.S. Diversity and International Perspectives Requirement by choosing three credits of coursework from each of the university-approved lists.

THE COURSES LISTED IN THIS SECTION ARE APPROVED GENERAL EDUCATION COURSE OPTIONS FOR THIS MAJOR.

Social Sciences: 9 credits. Coursework designed to help students develop an understanding of the principal methods of studying human behavior and an understanding of the structure and functioning of institutions.

AESHM 4210	Developing Global Leadership: Maximizing Human Potential	3
AFAM 3300	Ethnic and Race Relations	3
AMD 1650	Dress, Appearance, and Diversity in U.S. Society	3
AMD 3620	Global Dress in the Fashion System and Society	3
AMD 4670	Consumer Studies in Apparel and Fashion Products	3
AMIN 3100	Contemporary Topics in American Indian Studies	3
AMIN 3150	Archaeology of North America	3
AMIN 3220	Peoples and Cultures of Native North America	3
Anthropology (Al	NTHR) - except 2020	
Economics (ECO	N)	
FSHN 3420	World Food Issues: Past and Present	3
INTST 2350	Introduction to International Studies	3
LING 2190	Introduction to Linguistics	3
LING 4710	Language and Reading Development in Children	3
Political Science	(POLS)	
Psychology (PSY	'CH) - except 131	

Sociology (SOC	C), including Criminal Justice (CJ)	
WGS 2010	Introduction to Women's and Gender Studies	3
WGS 2030	Introduction to Lesbian Communities	3
WGS 3010	International Perspectives on Women and Gender	3
ENVS 3200	Ecofeminism	3
WGS 3270	Gender and Sexualities in Society	3
WGS 3280	Sociology of Masculinities and Manhood	3
WGS 3460	Psychology of Women	3
AFAM 3500	Women of Color in the U.S	3
WGS 3850	Women in Politics	3

Humanities: 6 credits. Coursework designed to assist students to develop an understanding of human cultural heritage and history, and an appreciation of reasoning and the aesthetic value of human creativity.

AESHM 3420	Aesthetics of Consumer Experience	3
AFAM 2010	Introduction to African American Studies	3
AFAM 3340	Africana Religions	3
AFAM 3470	African American Literature	3
AFAM 3530	History of African Americans I	3
AFAM 3540	History of African Americans II	3
AMD 3540	Euro-American Dress History: Prehistoric to Mid-19th Century	3
AMD 3560	Euro-American Dress History: Mid-19th Century to the Present	3
AMIN 2100	Introduction to American Indian Studies	3
AMIN 2400	Introduction to American Indian Literature	3
AMIN 3460	American Indian Literature	3
ARCH 2210	Histories and Theories of Architecture to 1750	3
ARCH 4200	Topics in American Architecture	3
Art History (ARTH	1)	
	(101)	

American Sign	Language	(ASL)	١
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Classical Studies	s (CLST)	
DANCE 2700	Dance Appreciation	3
DANCE 3600	History and Philosophy of Dance	3
DSNS 1830	Design in Context	3
ENGL 2010	Introduction to Literature	3
ENGL 2250	Survey of British Literature to 1800	3
ENGL 2260	Survey of British Literature since 1800	3
ENGL 2270	Survey of American Literature to 1865	3
ENGL 2280	Survey of American Literature since 1865	3
ENGL 2370	Survey of Film History	3
ENGL 2400	Introduction to American Indian Literature	3
History (HIST)		

HSPM 2600	Global Tourism Management	3
MUSIC 1020	Introduction to Music Listening	3
MUSIC 3020	Masterpieces of Music and Art in Western Culture	3
MUSIC 3040	History of American Rock 'n' Roll	3
MUSIC 3830	History of Music I	3
MUSIC 3840	History of Music II	3
Philosophy (PHIL)		
Religious Studies	(RELIG)	
THTRE 1060	Introduction to the Performing Arts	3
THTRE 1100	Theatre and Society	3
THTRE 4650	Theatre History: Ancient to 19th Century	3
THTRE 4660	Theatre History: 19th Century to Present	3
WGS 2010	Introduction to Women's and Gender Studies	3
WGS 3360	Religion, Sex and Gender	3
WGS 3380	Feminist Philosophy	3
WGS 3450	Women's Literature	3
WGS 3700F	Studies in English Translation: French Topics on Women and Gender Studies	3
or WGS 3700G	Studies in English Translation: German Topics on Women or Feminism	
or WGS 3700R	Studies in English Translation: Russian Topics on Women or Feminism	
or WGS 3700S	Studies in English Translation: Hispanic Topics on Women or Feminism	
WGS 3740	Sex, Gender, and Culture in the Ancient Mediterranean World	3
World Languages RUS, SPAN)	and Cultures (ARABC, CHIN, FRNCH, GER, GREEK,	

Human Development and Family Studies, B.S.-Child Development & Guidance option

Freshman

Fall	Credits Spring	Credits
HDFS 1020	3 HDFS 1830	1
HDFS 1100 or 1110	1 Biology Course***	3
LIB 1600	1 Social Sciences Course	***
ENGL 1500	3 Elective Courses***	6
PSYCH 1310 (recommended	1 Individual and Family	3
elective)	Development Course	
Social Sciences Course***	3	
Humanities Course***	3	
	15	16

Field	Sophomore			•	and Family Studies, B.S	
Fail	Fall	Credits Spring	Credits	•	tion, & Policy option	
STATI 101	ENGL 2500		3			
STATI 1010						
HDFS 2180						1
A minimidual & Family 3 Humanities Course 3 5 5 5 5 5 5 5 5 5	STAT 1010		3	HDFS 1100 or 1110	•	3
Individual & Family 3 Humanities Course*** 3 PSYCH 1310 (recommended electives*) 1 Electives* 6 Social Science Course*** 3 Elective* 3 Social Sciences Course*** 3 Junior 15 15 16 Imminities Course*** 3 Fall Credits Spring Credits Sophomore 7 HDFS 3690 3 HDFS 4790 3 Fall Credits Spring Credits Individual & Family 3 Child Dev & Guide Emphasis 6 BNC 2500 3 SPCM 2120, COMST 2110, or COMST 2110,	HDFS 2180	2 Child Dev & Guide	3	LIB 1600	1 Social Sciences Course***	3
Development Course		Supporting Course		ENGL 1500	3 Biology	3
Social Science Course*** 3 Elective* 3 Social Sciences Course*** 3 Humanities Course*** 3 Social Sciences Course*** 15 16 Fall Credits Spring Credits Social Sciences Course STAT 1010 4 COMS 1030 or 1130 o	Individual & Family	3 Humanities Course***	3	PSYCH 1310 (recommended	1 Electives [*]	6
Dunior	Development Course			elective)		
Junior Tedits Spring Credits Sophomore HDFS 3690 3 HDFS 4790 36 Fall Credits Spring Credits IDFS 3690 3 HDFS 4790 36 Fall Credits Spring Credits Development Course Course COMST 2110, or COMST 3 Child Dev & Guide 3 Individual and Family 3 COMST 2110, or COMST 3 Child Dev & Guide Emphasis 3 Electives* 4 Individual and Family 3 Advocacy Administration 3 Child Dev & Guide Emphasis 3 Electives* 4 Individual and Family 3 Advocacy Administration 3 Course 4 Individual and Family 3 Advocacy Administration 3 3 Elective* 4 Individual and Family 3 Advocacy Administration 3 3 Course 4 Individual and Family 3 Advocacy Administration 3 3 3 3 3 3 3 3 3 3 3 3 3 3 4 4 4	Social Science Course***	3 Elective [*]	3	Social Sciences Course***	3	
Fall Credits Spring Credits Sophomore HDFS 3690 3 HDFS 4790 3 Fall Credits Spring Credits Individual & Family 3 Child Dev & Guide Emphasis 6 ENGL 2500 3 SPCM 2120, COMST 2100, or COMST 2100, or COMST 2110, or COMST 21		15	15	Humanities Course***	3	
Family	Junior				15	16
Individual & Family 3 Child Dev & Guide Emphasis 6 Development Course Co	Fall	Credits Spring	Credits	Sophomore		
Individual & Family 3 Child Dev & Guide Emphasis 6 Course Course Course CoMST 2110, or COMST 2100, or COMST 2100, or COMST 2110, or	HDFS 3690	3 HDFS 4790	3	Fall	Credits Spring	Credits
Supporting Course Development Course STAT 1010 4 COMS 1030 or 1130 3 Child Dev & Guide Emphasis 3 Electives* 4 Individual and Family 3 Advocacy Administration 3 Course 16	-		6	ENGL 2500	3 SPCM 2120, COMST 2100,	3
Child Dev & Guide Emphasis 3 Electives* 4 Individual and Family 3 Advocacy Administration 3 2 2 2 2 2 2 2 2 2		•	3		2180	
Course Elective* 4 16 16 16 HDFS 2180 2 Humanities Course*** 3 Senior Social Sciences Course*** 3 Electives* 3 Electives* 3 Senior Fall Credits Spring Credits HDFS 4180B 2 HDFS 4910^ 8-9 ENGL 3020, 3090, or 3140 3 Electives* 4 Junior Child Dev & Guide Emphasis 3 Fall Credits Spring Credits Course HDFS 4910 HDFS	Supporting Course			STAT 1010	4 COMS 1030 or 1130	3
Elective* 4 16 16 16 16 HDFS 2180 2 Humanities Course*** 3 Senior Social Sciences Course*** 3 Electives* 3 Fall Credits Spring Credits HDFS 4180B 2 HDFS 4910 8-9 ENGL 3020, 3090, or 3140 3 Electives* 4 Junior Child Dev & Guide Emphasis 3 Child Dev & Guide Emphasis 6 Fall Credits Spring Course Emphasis Course Fall Credits Spring Credits 16 16 16 16 16 16 17 The Credits Spring Credits Adv, Admin, & Policy 3 HDFS 4910 Emphasis Course Fall Credits Spring Credits	Child Dev & Guide Emphasis	3 Electives *	4	Individual and Family	3 Advocacy Administration	3
Senior Credits Spring Credits HDFS 4180B 2 HDFS 4910^ 8-9 Fall Credits Spring Credits HDFS 4000, 3090, or 3140 3 Electives* 4 Junior Child Dev & Guide Emphasis 3 Fall Credits Spring Credits Course HDFS 4000 Child Dev & Guide Emphasis Bupporting Course Fall Credits Spring Total number of electives will vary. A minimum of 120 credits are required to graduate. ***See HDFS 6eneral Education Selections sheet. HDFS 4180B is prerequisite to HDFS 4910 Internship, and requires junior classification. Is U requires 3 credits of U.S. Diversity coursework. HDFS 4180B is prespectives coursework. Adv, Admin, & Policy Fall Credits Spring Credits Adv, Admin, & Policy Beniphasis Course Emphasis Course Fall Credits Spring Credits Adv, Admin, & Policy Adv, Admin, & Policy Beniphasis Course Emphasis Course Elective* Adv, Admin, & Policy Adv, Admin, & Policy Adv, Admin, & Policy Beniphasis Course Emphasis Course Emphasis Course Credits Spring Credits Adv, Admin, & Policy Beniphasis Course Emphasis Course Emphasis Course Elective* Adv, Admin, & Policy Beniphasis Course Emphasis Course Elective* Adv, Admin, & Policy Beniphasis Course Emphasis Course Emphasis Course Emphasis Course Emphasis Course Emphasis Course Emphasis Course Elective* Adv, Admin, & Policy Beniphasis Course Emphasis Course Emphas	Course			Development Course	and Policy Focus:	
Senior Social Sciences Course*** 3 Electives* 3 Electives* 3 Fall Credits Spring Credits undefined HDFS 4180B 2 HDFS 4910° 8-9 15 15 ENGL 3020, 3090, or 3140 3 Electives* 4 Junior Child Dev & Guide Emphasis 3 Fall Credits Spring Credits Course HDFS 3690 3 HDFS 4790 3 Child Dev & Guide 6 Individual & Family 3 Individual & Family 3 Supporting Course 1 Adv, Admin, & Policy 3 Adv, Admin, & Policy 3 Electives 1 Supporting Course Emphasis Course 1 * Total number of electives will vary. A minimum of 120 credits are required to graduate. Adv, Admin, & Policy 3 Adv, Admin, & Policy 3 Adv, Admin, & Policy 3 ***See HDFS General Education Selections sheet. Elective* 4 Electives* 4 * HDFS 4180B is prerequisite to HDFS 4910 Internship, and requires junior classification. Senior 16 16 International Perspectives coursework. Fall Credits Spring Credits Spring Credits Empha	Elective	4			Supporting course	
Fall Credits Spring Credits undefined HDFS 4180B 2 HDFS 4910° 8-9 15 15 ENGL 3020, 3090, or 3140 3 Electives* 4 Junior Child Dev & Guide Emphasis 3 Fall Credits Spring Credits Course HDFS 3690 3 HDFS 4790 3 Child Dev & Guide 6 Individual & Family 3 Individual & Family 3 Supporting Course Development Course Development Course Development Course Development Course 3 Adv, Admin, & Policy 3 Adv, Admin, & Policy 3 Adv, Admin, & Policy 3 3 Adv, Admin, & Policy 3 Emphasis Course Emphasis Course Emphasis Course Emphasis Course Emphasis Course Elective* 4 Electives* 4 ***See HDFS General Education Selections sheet. ***See HDFS 4180B is prerequisite to HDFS 4910 Internship, and requires junior classification. ***Seeinor ***Seeinor ***Seeinor ***Seeinor ***Geits Spring Credits Spring Credits Spring Credits Spring Credits Spring ***Seeinor		16	16	HDFS 2180	2 Humanities Course***	3
HDFS 4180B 2 HDFS 4910 8-9 ENGL 3020, 3090, or 3140 3 Electives* 4 Junior Child Dev & Guide Emphasis 3 Fall Credits Spring Credits Course HDFS 3690 3 HDFS 4790 3 Child Dev & Guide 6 Individual & Family 3 Individual &	Senior			Social Sciences Course***	3 Electives [*]	3
ENGL 3020, 3090, or 3140 3 Electives* 4 Junior Child Dev & Guide Emphasis 3 Fall Credits Spring Credits Course HDFS 3690 3 HDFS 4790 3 Child Dev & Guide 6 Individual & Family 3 Individual & Family 3 Supporting Course Development Course Development Course Electives 1 Adv, Admin, & Policy 3 Adv, Admin, & Policy 4 Emphasis Course Emphasi	Fall	Credits Spring	Credits	undefined		
Child Dev & Guide Emphasis 3	HDFS 4180B	2 HDFS 4910 [^]	8-9		15	15
Course Child Dev & Guide 6 Individual & Family 3 Individual & Family 3 Supporting Course Electives 1 Adv, Admin, & Policy 3 Adv, Admin, & Policy 4 Electives* **Total number of electives will vary. A minimum of 120 credits are required to graduate. ***See HDFS General Education Selections sheet. A HDFS 4180B is prerequisite to HDFS 4910 Internship, and requires junior classification. - ISU requires 3 credits of U.S. Diversity coursework and 3 credits of International Perspectives coursework. Adv, Admin, & Policy 3 HDFS 4910 Fall Credits Spring Credits Adv, Admin, & Policy 3 HDFS 4910 8-9 Emphasis Course	ENGL 3020, 3090, or 3140	3 Electives*	4	Junior		
Child Dev & Guide 6 Individual & Family 3 Individual & Family 3 Supporting Course Development Course Electives 1 Adv, Admin, & Policy 3 Adv, Admin, & Policy 3 Total number of electives will vary. A minimum of 120 credits are required to graduate. ****Total number of electives will vary. A minimum of 120 credits are required to graduate. ****See HDFS General Education Selections sheet. A HDFS 4180B is prerequisite to HDFS 4910 Internship, and requires junior classification. - ISU requires 3 credits of U.S. Diversity coursework and 3 credits of International Perspectives coursework. Adv, Admin, & Policy 3 Adv, Admin, & Policy 3 Adv, Admin, & Policy 5 Emphasis Course 6 Emphasis Course 7 Elective* 4 Electives* 4 Electives* 4 Electives* 4 Electives* 4 Electives* 6 Elective* 6 Elective* 7 Endits 6 Endit 6 Endits 6 Endit 6 End	Child Dev & Guide Emphasis	3		Fall	Credits Spring	Credits
Supporting Course Electives 1 Adv, Admin, & Policy 3 Adv, Admin, & Policy 3 Adv, Admin, & Policy 3 Adv, Admin, & Policy 4 Adv, Admin, & Policy 5 Adv, Admin, & Policy 5 Emphasis Course 8 Elective* 4 Electives* 5 Emphasis Course 8 Emphasis Course 16 Credits Spring 16 Credits Spring 16 Credits Spring 17 Credits 18 Emphasis Course 18 Electives* 19 Emphasis Course 10 Emphasis Course 10 Emphasis Course 11 Electives* 10 Emphasis Course 11 Electives* 12 Electives* 4 Electives* 5 Emphasis Course 10 Emphasis Course 11 Electives* 12 Electives* 4 Electives* 5 Emphasis Course 18 Electives* 19 Emphasis Course 19 Emphasis Course 10 Electives* 10 Electives* 10 Electives* 10 Electives* 10 Electives* 11 Electives* 4 Electives* 4 Electives* 4 Electives* 4 Electives* 4 Electives* 4 Electives* 5 Emphasis Course 10 Electives* 10 Electiv	Course			HDFS 3690	3 HDFS 4790	3
Electives 1 Adv, Admin, & Policy 3 Adv, Admin, & Policy 3 Adv, Admin, & Policy 3 Adv, Admin, & Policy 5 Emphasis Course 5 Emphasis Course 6 Emphasis Course 7 Emphasis Course 7 Emphasis Course 7 Emphasis Course 7 Emphasis Course 8 Emphasis Course 8 Emphasis Course 9 Elective* 4 Electives* 4 Electives* 4 Electives* 4 Electives* 4 Electives* 9 Emphasis Course 9 Emphasis Course 9 Emphasis Course 16 Electives* 16 Electives* 16 Electives* 16 Electives* 16 Electives* 16 Emphasis Course 16 Electives* 16 Emphasis Course 17 Emphasis Course 17 Emphasis Course 17 Emphasis Course 18 Emphasis Course	Child Dev & Guide	6		Individual & Family	3 Individual & Family	3
Total number of electives will vary. A minimum of 120 credits are required to graduate. ***See HDFS General Education Selections sheet. * HDFS 4180B is prerequisite to HDFS 4910 Internship, and requires junior classification. - ISU requires 3 credits of U.S. Diversity coursework and 3 credits of International Perspectives coursework. **Adv, Admin, & Policy 3 Adv, Admin, & Policy 5 Emphasis Course Emphasis Course Emphasis Course Emphasis Course Emphasis Course Emphasis Course Emphasis Course **Elective** 4 Elective** 4 Electives* 4 International Perspectives coursework. Adv, Admin, & Policy 3 HDFS 4910^1 8-9 Emphasis Course	Supporting Course			Development Course	Development Course	
* Total number of electives will vary. A minimum of 120 credits are required to graduate. ***See HDFS General Education Selections sheet. *HDFS 4180B is prerequisite to HDFS 4910 Internship, and requires junior classification. - ISU requires 3 credits of U.S. Diversity coursework and 3 credits of International Perspectives coursework. Adv, Admin, & Policy	Electives	1		Adv, Admin, & Policy	3 Adv, Admin, & Policy	3
* Total number of electives will vary. A minimum of 120 credits are required to graduate. ****See HDFS General Education Selections sheet. * HDFS 4180B is prerequisite to HDFS 4910 Internship, and requires junior classification. - ISU requires 3 credits of U.S. Diversity coursework and 3 credits of International Perspectives coursework. * Adv, Admin, & Policy Emphasis Course Emphasis Course Emphasis Course Emphasis Course Emphasis Course Fall Credits Spring Credits 8-9 Emphasis Course		15	12-13	Supporting Course	Emphasis Course	
required to graduate. ****See HDFS General Education Selections sheet. * HDFS 4180B is prerequisite to HDFS 4910 Internship, and requires junior classification. - ISU requires 3 credits of U.S. Diversity coursework and 3 credits of International Perspectives coursework. Adv, Admin, & Policy 3 HDFS 4910 Emphasis Course Elective* 4 Electives* 4 Fall Credits Spring Credits Adv, Admin, & Policy 3 HDFS 4910 8-9 Emphasis Course				Adv, Admin, & Policy	3 Adv, Admin, & Policy	3
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 A HDFS 4180B is prerequisite to HDFS 4910 Internship, and requires junior classification. ISU requires 3 credits of U.S. Diversity coursework and 3 credits of International Perspectives coursework. Adv, Admin, & Policy Emphasis Course 		ion Calcations about		Elective*	4 Electives [*]	4
junior classification. - ISU requires 3 credits of U.S. Diversity coursework and 3 credits of International Perspectives coursework. - Adv, Admin, & Policy 3 HDFS 4910 8-9 Emphasis Course			res		16	16
- ISU requires 3 credits of U.S. Diversity coursework and 3 credits of International Perspectives coursework. Adv, Admin, & Policy 3 HDFS 4910 8-9 Emphasis Course		e to their of the internship, and requi		Senior		
International Perspectives coursework. Adv, Admin, & Policy 3 HDFS 4910 8-9 Emphasis Course	•	S. Diversity coursework and 3 credits	of	Fall	Credits Spring	Credits
Emphasis Course		•		Adv, Admin, & Policy		8-9
·	·					
					6 Electives*	4

Supporting Course

	15	12-13
Electives*	1	
ENGL 3020, 3090, or 3140	3	
HDFS 4180B	2	

- * Total number of electives will vary. A minimum of 120 credits are required to graduate
- ***See HDFS General Education Selections sheet
- ^ HDFS 4180B is prerequisite to HDFS 4910 Internship and requires junior classification.
- ISU requires 3 credits of U.S. Diversity coursework and 3 credits of International Perspectives coursework.

Human Development and Family Studies, B.S.-Health, Well-Being, & Prevention option

Freshman

Fall	Credits Spring	Credits
HDFS 1020	3 HDFS 1830	1
HDFS 1100 or 1110	1 Social Sciences Courses***	3
LIB 1600	1 Electives	6
ENGL 1500	3 Individual and Family	3
	Development Course	
PSYCH 1310 (recommended	1 Biology	3
elective)		
Social Sciences Course***	3	
Humanities Course***	3	
	15	16

Sophomore

Junior Fall

HDFS 3690

Individual & Family

Development Course

	One dita Coming	0
Fall	Credits Spring	Credits
ENGL 2500	3 SPCM 2120, COMST 2100,	3
	COMST 2110, or COMST	
	2180	
HDFS 2180	2 Health Wellbeing and	3
	Prevention Focus	
	Supporting Course	
STAT 1010	4 Humanities***	3
Individual and Family	3 Elective [*]	3
Development Course		
Social Sciences Course***	3 COMS 1030 or 1130	3
	15	15

Credits Spring

3 HDFS 4790

3 Individual & Family

Development Course

Credits

3

3

	16	16
Electives*	4 Electives*	4
Supporting Course	Supporting Course	
Health, W-B, & Prev	3 Health, W-B, & Prev	3
Emphasis Course	Emphasis Course	
Health, W-B, & Prev	3 Health, W-B, & Prev	3

Senior

Fall	Credits Spring	Credits
HDFS 4180B	2 HDFS 4910 [^]	8-9
ENGL 3020, 3090, or 3140	3 Electives*	4
Health, W-B, & Prev	3	
Emphasis Course		
Health, W-B, & Prev	6	
Supporting Course		
Electives*	1	
	15	12-13

- * Total number of electives will vary. A minimum of 120 credits are required to graduate.
- ***See HDFS General Education Selections sheet
- ^ HDFS 4180B is prerequisite to HDFS 4910 Internship, and requires junior classification.
- ISU requires 3 credits of U.S. Diversity coursework and 3 credits of International Perspectives coursework.

The **Human Development and Family Studies** minor may be earned by completing 15 credits

HDFS 1020	Human Development	3
One of the follow	ving:	3
HDFS 2230	Child Development and Health	
HDFS 2260	Development and Guidance in Middle Childhood	
HDFS 2270	Adolescence and Emerging Adulthood	
HDFS 2340	Adult Development	
HDFS 2490	Parenting and Family Diversity Issues	
HDFS 2700	Family Communications and Relationships	
HDFS 3770	Aging and the Family	
Three of the follo	owing:	9
HDFS 2760	Human Sexuality	
HDFS 3600	Housing and Services for Families and Children	
HDFS 3670	Abuse and Illness in Families	
HDFS 3730	Death as a Part of Living	
HDFS 3870	Applying Evidence-Based Practices in Human Services	
HDFS 3950	Children, Families, and Public Policy	

HDFS 4490	Program Evaluation and Proposal Writing
HDFS 4790	Family Dynamics Through a Social and Cultural
	Lens

Total Credits 15

GRADUATE PROGRAMS

More information on the variety of graduate programs offered through the Department of Human Development and Family Studies can be found here: https://hdfs.hs.iastate.edu/graduate-students/graduate-programs/.