

CHILD, ADULT AND FAMILY SERVICES

Administered by the Department of Human Development and Family Studies. Leading to the degree bachelor of science.

Total credits required: 120. The child, adult and family services curriculum, with options in child programs, youth programs, adult and family programs, leads to employment opportunities in the helping professions working with children, adults, and families in a variety of public and private human service agencies and organizations.

A minor in child, adult and family services is available; see requirements under Human Development and Family Studies, Undergraduate programs.

The following requirements are for the child programs, youth programs, adult and family programs:

Communications and Library: 13 credits

ENGL 150	Critical Thinking and Communication	3
ENGL 250	Written, Oral, Visual, and Electronic Composition	3
LIB 160	Information Literacy	1
One of the following:		3
COMST 102	Introduction to Interpersonal Communication	
COMST 218	Conflict Management	
SP CM 212	Fundamentals of Public Speaking	
One of the following		3
ENGL 302	Business Communication	
ENGL 309	Proposal and Report Writing	
ENGL 314	Technical Communication	
Total Credits		13

Natural Sciences and Mathematical Disciplines: 10-11 credits

Biology Course		3
STAT 101	Principles of Statistics	4
One of the following		
COM S 103	Computer Applications	4
COM S 113	Introduction to Spreadsheets and Databases	3
Total Credits		10-11

Social Sciences: 9 credits

Select from HD FS list of approved social sciences courses

Humanities: 6 credits

Select from HD FS list of approved humanities courses

HD FS Orientation: 1 credit

HD FS 110	Freshman Learning Community Orientation	1
or HD FS 111	New Transfer Student Seminar	
Total Credits		1

Human Development and Family Studies Core: 19-20 credits

HD FS 102	Individual and Family Development, Health, and Well-being	3
HD FS 369	Research Methods in Human Development and Family Studies	3
HD FS 418B	Professional Practice Reflection/Discussion: Internships	2
HD FS 449	Program Evaluation and Proposal Writing	3
HD FS 491	Internship	8-9
Total Credits		19-20

Child, Adult and Family Services Core: 15 credits

HD FS 183	Personal Finance in Early Adulthood	1
HD FS 218	Professional Orientation and Service Learning	2
HD FS 249	Parenting and Family Diversity Issues	3
HD FS 367	Abuse and Illness in Families	3
HD FS 395	Children, Families, and Public Policy	3
HD FS 486	Administration of Human Services Programs	3
Total Credits		15

Programs Option: 21.5 credits

Choose [Child](#), [Youth](#), or [Adult and Family](#) program option, see below for curriculum.

Electives: 23.5-25.5 credits

Total credits: 120 credits

U.S. Diversity and International Perspectives Requirement: Students fulfill the U.S. Diversity and International Perspectives Requirement by choosing three credits of coursework from each of the university-approved lists.

Child Programs Option: 21.5 credits

HD FS 103	Professional Principles for Working with Children	.5
HD FS 224	Development in Young Children: Birth through Age 8	3
HD FS 240	Literature for Children	3
HD FS 342	Guidance and Group Management in Early Childhood	3
HD FS 344	Programming for Children in Early Care and Education	4
H S 105	First Aid and Emergency Care	2

SP ED 250	Education of the Exceptional Learner in a Diverse Society	3
One of the following		3
HD FS 239	Consumer Issues	
HD FS 270	Family Communications and Relationships	
HD FS 283	Personal and Family Finance	
HD FS 360	Housing and Services for Families and Children	
HD FS 373	Death as a Part of Living	
HD FS 479	Family Interaction Dynamics	
Total Credits		21.5

Youth Programs Option: 21.5 credits

HD FS 105	Professional Principles for Working with Youth and Adults	0.5
HD FS 226	Development and Guidance in Middle Childhood	3
HD FS 227	Adolescent and Emerging Adulthood	3
HD FS 270	Family Communications and Relationships	3
HD FS 276	Human Sexuality	3
HD FS 479	Family Interaction Dynamics	3
SP ED 250	Education of the Exceptional Learner in a Diverse Society	3
or HD FS 360	Housing and Services for Families and Children	
One of the following		3
HD FS 239	Consumer Issues	
HD FS 283	Personal and Family Finance	
HD FS 373	Death as a Part of Living	
Total Credits		21.5

Adult and Family Programs Option: 21.5 credits

HD FS 105	Professional Principles for Working with Youth and Adults	0.5
HD FS 234	Adult Development	3
HD FS 270	Family Communications and Relationships	3
HD FS 276	Human Sexuality	3
HD FS 377	Aging and the Family	3
HD FS 479	Family Interaction Dynamics	3
HD FS 360	Housing and Services for Families and Children	3
or HD FS 463	Environments for the Aging	
One of the following		3
HD FS 239	Consumer Issues	
HD FS 283	Personal and Family Finance	
HD FS 341	Household Finance and Policy	
HD FS 373	Death as a Part of Living	

HD FS 378	Retirement Planning and Employee Benefits	
Total Credits		21.5

Child, Adult and Family Services, B.S.-adult and family program option

Freshman		
Fall	Credits Spring	Credits
HD FS 102	3 HD FS 105	0.5
HD FS 110	1 HD FS 183	1
LIB 160	1 Social Sciences Courses ^{***}	6
ENGL 150	3 Electives	6
PSYCH 131 ^{recommended elective}	1 STAT 101	4
RELIG 205 ^{Humanities course}	3	
Social Sciences Course ^{***}	3	
		17.5

Sophomore		
Fall	Credits Spring	Credits
HD FS 270	3 SP CM 212, COMST 102, or COMST 218	3
HD FS 276	3 HD FS 234	3
COM S 103 or 113	3-4 HD FS 218	2
ENGL 250	3 HD FS 249	3
Biology	3 Humanities ^{***}	3
	Elective [*]	1
		15-16

Junior		
Fall	Credits Spring	Credits
HD FS 360 (replace with elective if plan to take HD FS 463 in Spring)	3 HD FS 367	3
HD FS 369	3 HD FS 395	3
HD FS 377	3 HD FS 463 (replace with elective if HD FS 360 taken in Fall)	3
HD FS 239, 283, 341, 373, or 378	3 HD FS 479	3
Electives [*]	3 Electives [*]	4
		15

Senior		
Fall	Credits Spring	Credits
HD FS 418B	2 HD FS 491 (8-9 credits) [^]	8-9
HD FS 449	3 Electives [*]	4.5
HD FS 486	3	
ENGL 302, 309, or 314	3	

Electives *	3	
	14	12.5-13.5

* Total number of electives will vary. A minimum of 120 credits are required to graduate.

*** See HD FS General Education Selections sheet

^ HD FS 418B is prerequisite to HD FS 491 Internship, and requires junior classification. HD FS 491 Reservation Request is due every September 15th for spring internship and every February 15th for a summer or fall internship.

Child, Adult and Family Services, B.S.-child program option

Freshman

Fall	Credits Spring	Credits
HD FS 102	3 HD FS 103	0.5
HD FS 110	1 HD FS 183	1
LIB 160	1 HD FS 240	3
ENGL 150	3 SP ED 250	3
PSYCH 131 ^{recommended elective}	1 STAT 101	4
RELIG 205 ^{Humanities course}	3 Social Sciences Course ^{***}	3
Social Sciences Course ^{***}	3 Elective ^{***}	3
	15	17.5

Sophomore

Fall	Credits Spring	Credits
ENGL 250	3 SP CM 212, COMST 102, or COMST 218	3
COM S 103 or 113	3-4 HD FS 367	3
HD FS 224	3 Electives *	3
HD FS 218	2 Humanities Course ^{***}	3
Biology	3 Social Sciences Course ^{***}	3
	14-15	15

Junior

Fall	Credits Spring	Credits
HD FS 342	3 HD FS 249	3
HD FS 360, 239, 270, 283, 373, or 479	3 HD FS 344	4
HD FS 369	3 HD FS 395	3
Electives *	6 H S 105	2
	Electives *	5.5
	15	17.5

Senior

Fall	Credits Spring	Credits
HD FS 418B	2 HD FS 491 (8-9 credits) [^]	8-9

HD FS 449	3 Electives *	4
HD FS 486	3	
ENGL 302, 309, or 314	3	
Electives	3	
	14	12-13

* Total number of electives will vary. A minimum of 120 credits are required to graduate.

*** See HD FS General Education Selections sheet.

^ HD FS 418B is prerequisite to HD FS 491 Internship, and requires junior classification. HD FS 491 Reservation Request is due every September 15th for spring internship and every February 15th for a summer or fall internship.

Child, Adult and Family Services, B.S.-youth program option

Freshman

Fall	Credits Spring	Credits
HD FS 102	3 HD FS 105	0.5
HD FS 110	1 HD FS 183	1
LIB 160	1 COM S 103 or 113	3-4
ENGL 150	3 STAT 101	4
PSYCH 131 ^{recommended elective}	1 Social Sciences Course ^{***}	3
RELIG 205 ^{Humanities course}	3 Electives *	4
Social Sciences Course ^{***}	3	
	15	15.5-16.5

Sophomore

Fall	Credits Spring	Credits
ENGL 250	3 SP CM 212, COMST 102, or COMST 218	3
HD FS 218	2 HD FS 227	3
HD FS 226	3 HD FS 276	3
HD FS 270	3 Humanities Course ^{***}	3
Electives *	2 Social Sciences Course ^{***}	3
Biology	3	
	16	15

Junior

Fall	Credits Spring	Credits
HD FS 369	3 HD FS 367	3
HD FS 249	3 HD FS 395	3
HD FS 360 (or SP ED 250)	3 HD FS 479	3
HD FS 239, 283, or 373	3 Electives *	7
Electives *	4.5	
	16.5	16

Senior

Fall	Credits Spring	Credits
HD FS 418B	2 HD FS 491 (8-9 credits) [^]	8-9
HD FS 449	3 Electives [*]	4-5
HD FS 486	3	
ENGL 302, 309, or 314	3	
Electives [*]	3	
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	14	12-14

* Total number of electives will vary. A minimum of 120 credits are required to graduate

*** See HD FS General Education Selections sheet

[^] HD FS 418B is prerequisite to HD FS 491 Internship, and requires junior classification. HD FS 491 Reservation Request is due every September 15th for spring internship and every February 15th for a summer or fall internship.