

# NURSING

## overview

The RN to BSN program is designed for the Registered Nurse (RN) to advance their nursing career to the next level with a Bachelor of Science in Nursing (BSN). The BSN program prepares nurses to apply new skills to day-to-day interactions with patients and co-workers, as well as provides students with a broader perspective on the increasingly complex healthcare environment. The RN-BSN program equips students to enhance quality and safety, work effectively in a team, grow as a professional and develop leadership skills for the future. A BSN is necessary for management positions, public health nursing, and specialized clinical positions. It also prepares individuals for admission to graduate nursing programs in nursing education, nursing administration, and advanced practice nursing.

Within the RN-BSN program, students have the opportunity to choose an area of interest for elective options and practicum experience. Interdisciplinary opportunities and clubs/organizations provide a number of opportunities for students to get involved.

**Administered by the Department of Food Science and Human Nutrition**

## RN-BSN Admissions Criteria

Applications for the RN to BSN program are individually reviewed.

Minimum requirements for admission to the BSN program include\*:

- Licensure as a Registered Nurse in Iowa or a compact state if applicable\*\*
- Meet all Iowa State University admission criteria for transfer students
- Official college transcripts from all colleges and universities attended
- Minimum of 2.5 cumulative GPA for all college coursework
- Achievement of minimum "C" (not C-) for all prerequisite courses listed below

Anatomy and Physiology I and II (BIOL 255/L and BIOL 256/L equivalent)

English Composition I and II (ENGL 150 and ENGL 250 equivalent)

Introduction to Chemistry (CHEM 163 or CHEM 1T equivalent)

Statistics (STAT 101 or STAT 104 equivalent)

Introduction to Human Nutrition (FS HN 167 equivalent)

Developmental Psychology (PSYCH 230 equivalent)

Introduction to Sociology (SOC 134 equivalent)

- Evidence of a satisfactory criminal background check within 6 months of application and/or 12 months of enrollment or provide

evidence of current employment as a Registered Nurse in Iowa or a compact state

- Evidence of meeting current health and immunization requirements

\*Admissions requirements are congruent with the Iowa Action Coalition, RN to BSN Task Force Recommendations. Most, and in some cases, all of these are required in the Associate's Degree in Nursing curriculum.

\*\*License must remain current and unrestricted while enrolled in ISU RN-BSN program. Nursing courses with a clinical or practicum component may not be taken if any of the following has occurred: student denied licensure by the Iowa Board of Nursing; Registered Nurse license is currently suspended, surrendered or revoked in any U.S. jurisdiction; Registered Nurse license is currently suspended, surrendered or revoked in another country due to disciplinary action; or student has failed a criminal background check.

## RN-BSN Progression Criteria

- Must earn a "C" grade or better in all NRS courses and meet the university's academic standards for progress toward a degree

## RN-BSN Graduation Requirements

- At least 32 credits earned in residence at Iowa State University, and the final 32 credits taken through Iowa State University prior to graduation.
- All general education requirements at Iowa State University must be met.
- The BSN curriculum consists of 22 credits of NRS courses, 6 credits of FS HN courses, and 6 credits selected from approved list for a total of 34 credits in addition to prerequisite coursework and electives.
- Electives are selected by students to meet identified career interests, and total elective credits needed will vary based on individual transfer credits.
- Minimum credits for graduation is 120 credits.

**International Perspectives: 3 cr.**

**U.S. Diversity: 3 cr.**

**Communications and Library: 10 cr.**

ENGL 150	Critical Thinking and Communication	3
ENGL 250	Written, Oral, Visual, and Electronic Composition	3
LIB 160	Information Literacy	1
Oral Communication course, select from:		3
COMST 214 Professional Communication		
SP CM 212 Fundamentals of Public Speaking		
If H SCI student, may select:		3
COMST 102	Introduction to Interpersonal Communication	

**Humanities and Social Sciences: 6 cr.**

PSYCH 230	Developmental Psychology	3
SOC 134	Introduction to Sociology	3

**College of Human Sciences Students Only:  
Additional Humanities and Social Sciences: 9 cr.**

Humanities courses from approve list <sup>1</sup>	6
Humanities or social science course	3

**College of Agriculture & Life Science Students Only:  
Additional Humanities and Social Sciences: 6 cr.**

Humanities course from approved list <sup>2</sup>	3
Ethics course from approved list <sup>3</sup>	3

- <sup>1</sup> Approved Humanities course list (H SCI) (<https://fshn.hs.iastate.edu/advising-and-resources>)
- <sup>2</sup> Approved Humanities course list (AGLS) (<https://www.cals.iastate.edu/student-services/humanities>)
- <sup>3</sup> Approved Ethics course list (AGLS) (<https://www.cals.iastate.edu/student-services/ethics>)

**Math, Physical, & Biological Sciences: 15-16 cr.**

Statistics course, select from:	3-4	
STAT 101	Principles of Statistics	
STAT 104	Introduction to Statistics	
CHEM 163	College Chemistry	4
BIOL 255	Fundamentals of Human Anatomy	3
BIOL 255L	Fundamentals of Human Anatomy Laboratory	1
BIOL 256	Fundamentals of Human Physiology	3
BIOL 256L	Fundamentals of Human Physiology Laboratory	1
<b>Total Credits</b>		<b>15-16</b>

**College of Agriculture & Life Sciences students only:  
Additional Math, Physical & Biological Sciences: 7-8 crs.**

Select math course: MATH 104, 140, 143, 145, 160, 165, or 181	3-4	
Select biology course: BIOL 101, 211, or 212	3	
CHEM 163L	Laboratory in College Chemistry	1
<b>Total Credits</b>		<b>7-8</b>

**Nursing Courses: 22 cr.**

NRS 250	Orientation to BSN Nursing	1
NRS 320	Essential Concepts for Professional Nursing Practice	3
NRS 340	Nursing Research and Evidence-Based Practice	3
NRS 360	Contemporary Issues in Nursing and Healthcare	2
NRS 420	Promoting a Culture of Health and Wellness	3
NRS 440	Population and Community Health Nursing	4
NRS 460	Nursing Leadership and Management	3

NRS 470	Concepts Capstone	3
<b>Total Credits</b>		<b>22</b>

**Select at least 6.0 credits from approved list: 6 cr.**

COMST 450	Special Topics in Communication Studies	3
FS HN 264	Fundamentals of Nutritional Biochemistry and Metabolism	3
FS HN 265	Nutrition for Active and Healthy Lifestyles	3
FS HN 361	Nutrition and Health Assessment	2
FS HN 362	Nutrition in Growth and Development	3
GERON 373	Death as a Part of Living	3
GERON 377	Aging and the Family	3
H SCI 150	Dialogues on Diversity	1
L L S 112	Foundations of Learning and Productive Team Membership	2
L L S 114	Developing Responsible Learners and Effective Leaders	2
L L S 312	Problem Solving and Action Planning in Leadership	3
L L S 412	Learning and Leadership in Practice	3
NRS 490	Independent Study: Transition into Professional Practice	1-2
PSYCH 422	Counseling Theories and Techniques	3
PSYCH 485	Health Psychology	3
Or option approved by Nursing Faculty Adviser		

**Nutrition: 6 cr.**

FS HN 364	Nutrition and Prevention of Chronic Disease	3
FS HN 365	Obesity and Weight Management	3
<b>Total Credits</b>		<b>6</b>

**Total credits for Nursing major = 34**  
**Electives: Select from any university coursework to earn at least ≥ 120 total credits prior to graduation.**

**Junior**

Fall	Credits Spring	Credits
NRS 250	1 NRS 360	2
NRS 320	3 NRS 440*	4
NRS 340	3 NRS 460	3
NRS 420	3 FS HN 365	3
Course from approved list	3	
	<b>13</b>	<b>12</b>

**Senior**

Fall	Credits Spring	Credits
NRS 470*	3 Electives if needed based on individual plan	

FS HN 364	3	
Course from approved list	3	
Elective	3	
*Denotes practicum courses		
	12	0

## Courses

### NRS 250: Orientation to BSN Nursing

(1-0) Cr. 1. F.

*Prereq: Admission to the RN-BSN program.*

Prepares the learner for the academic experience. Topics will include an introduction to learner-centered instruction, support services, communication, time management, and evaluation and assessment methods. Requirements of all nursing courses such as APA formatting and citation of sources will also be included. BSN students will successfully complete orientation prior to or concurrent with their first nursing course.

### NRS 320: Essential Concepts for Professional Nursing Practice

(3-0) Cr. 3. F.

*Prereq: Admission to the RN-BSN program.*

Exploration of the philosophical, conceptual, and theoretical bases for baccalaureate nursing practice. Key concepts impacting the nursing profession and healthcare are examined from both historical and contemporary perspectives. Topics include professional role development, interprofessional collaboration and teamwork, quality and safety, effective communication, and provision of culturally competent and patient-centered care.

### NRS 340: Nursing Research and Evidence-Based Practice

(3-0) Cr. 3. F.

*Prereq: Admission to the RN-BSN program.*

Introduction to the critical thought processes and methods used in nursing research. Basic concepts and terminology of research methodology and analysis are presented. Theory as a basis for research is examined. Students are given the opportunity to interpret and evaluate nursing research. Strategies for implementation of evidence based nursing practice to support quality and transformation in health care are explored.

### NRS 360: Contemporary Issues in Nursing and Healthcare

(2-0) Cr. 2. S.

*Prereq: Admission to the RN-BSN program.*

Exploration of professional issues in contemporary nursing through published research, professional standards, literature and narrative evidence, with consideration of legal/ethical influences. Discussion of the change agent process and personal empowerment will be applied to resolution of issues. Emphasis on analysis, sources of credible information, advocacy and empowerment.

### NRS 420: Promoting a Culture of Health and Wellness

(3-0) Cr. 3. F.

*Prereq: Admission to the RN-BSN program or permission of instructor.*

Health promotion and illness prevention across the lifespan are examined in the context of the theoretical foundations, historical and contemporary practice and patient-centered care. Specific and evidence-based guidelines for supporting or improving health and well-being are explored and considered for both care recipients and care givers. Attention is given to the roles of the health care provider and care recipient in screening, communication, and counseling. The use of complementary or alternative therapeutics in assisting clients to achieve goals of health, healing and wellness is explored, as are spiritual and cultural beliefs and practices.

### NRS 440: Population and Community Health Nursing

(3-3) Cr. 4. S.

*Prereq: NRS 340 and NRS 420*

Using nursing process and an evidence-based framework, the student will explore epidemiology and genetics; health promotion and disease prevention within population groups; community assessment and intervention; and factors influencing health services access and delivery in the United States and globally. Individual and family case management, community wellness, healthcare access, health literacy and health education will be considered. This course includes project and simulation based practicum experiences.

### NRS 460: Nursing Leadership and Management

(3-0) Cr. 3. S.

*Prereq: NRS 320 and NRS 340*

Explores the knowledge and skills needed to implement leadership and management roles in various health care settings. Current theories of management, leadership and change are examined and related to nursing practice. Includes effective communication and relationship skills, organizational structure, information management, financial management, quality and outcomes measurement, and teamwork.

**NRS 470: Concepts Capstone**

(2-3) Cr. 3. F.S.S.

*Prereq: NRS 440 and NRS 460*

Enables the student to further develop leadership abilities, communication, critical thinking, and decision-making skills with a focus on health promotion, quality improvement, or care management. The student develops specific learning goals for the practicum based on individualized professional goals. Each student completes 45 practicum hours in a domestic or global setting.

**NRS 490: Independent Study: Transition into Professional Practice**

Cr. 1-2. Repeatable, maximum of 4 credits. F.S.

*Prereq: Admission to the RN-BSN program and permission of Director of Nursing Education.*

Independent work in RN role transition of the new graduate nurse. A maximum of 4 credits of NRS 490 may be used toward graduation.