

# CHILD, ADULT, AND FAMILY SERVICES

Administered by the Department of Human Development and Family Studies. Leading to the degree bachelor of science.

Total credits required: 120. The child, adult, and family services curriculum leads to employment opportunities in the helping professions working with children, adults, and families in a variety of public and private human service agencies and organizations. Students select one or more options within the major: child program, youth program, or adult and family program.

A minor in child, adult, and family services is available; see requirements under Human Development and Family Studies, Undergraduate programs.

The following requirements are for the CHFS major by option.

## Child Programs Option

### Human Development and Family Studies Core: 19-20 credits

HD FS 102	Individual and Family Development, Health, and Well-being	3
HD FS 369	Research Methods in Human Development and Family Studies	3
HD FS 418B	Professional Practice Reflection/Discussion: Internships	2
HD FS 449	Program Evaluation and Proposal Writing	3
HD FS 491	Internship	8-9
<b>Total Credits</b>		<b>19-20</b>

### Child, Adult, and Family Services Core: 15 credits

HD FS 183	Personal Finance in Early Adulthood	1
HD FS 218	Professional Orientation and Service Learning	2
HD FS 249	Parenting and Family Diversity Issues	3
HD FS 367	Abuse and Illness in Families	3
HD FS 395	Children, Families, and Public Policy	3
HD FS 486	Administration of Human Services Programs	3
<b>Total Credits</b>		<b>15</b>

### Child Programs Option: 21 credits

HD FS 224	Development in Young Children: Birth through Age 8	3
HD FS 240	Literature for Children	3
HD FS 342	Guidance and Group Management in Early Childhood	3

HD FS 344	Programming for Children in Early Care and Education	4
H S 105	First Aid and Emergency Care	2
SP ED 250	Education of the Exceptional Learner in a Diverse Society	3
One of the following:		3
HD FS 239	Consumer Issues	
HD FS 270	Family Communications and Relationships	
HD FS 283	Personal and Family Finance	
HD FS 360	Housing and Services for Families and Children	
HD FS 373	Death as a Part of Living	
HD FS 479	Family Interaction Dynamics	

**Total Credits 21**

### HD FS Orientation: 1 credit

HD FS 110	Freshman Learning Community Orientation	1
or HD FS 111	New Transfer Student Seminar	

**Total Credits 1**

### Communications and Library: 13 credits

ENGL 150	Critical Thinking and Communication	3
ENGL 250	Written, Oral, Visual, and Electronic Composition	3
LIB 160	Information Literacy	1
One of the following:		3
COMST 211	Interpersonal Communication	
COMST 218	Conflict Management	
SP CM 212	Fundamentals of Public Speaking	
One of the following:		3
ENGL 302	Business Communication	
ENGL 309	Proposal and Report Writing	
ENGL 314	Technical Communication	

**Total Credits 13**

### Natural Sciences and Mathematical Disciplines: 10-11 credits

Biology Course		3
STAT 101	Principles of Statistics	4
One of the following:		
COM S 103	Computer Literacy and Applications	4
COM S 113	Introduction to Spreadsheets and Databases	3
<b>Total Credits</b>		<b>10-11</b>

### Social Sciences: 9 credits

Select from HD FS list of approved social sciences courses

**Humanities: 6 credits**

Select from HD FS list of approved humanities courses

**Electives: 24-26 credits****Total credits: 120 credits**

U.S. Diversity and International Perspectives Requirement: Students fulfill the U.S. Diversity and International Perspectives Requirement by choosing three credits of coursework from each of the university-approved lists.

**Youth Programs Option****Human Development and Family Studies Core: 19-20 credits**

HD FS 102	Individual and Family Development, Health, and Well-being	3
HD FS 369	Research Methods in Human Development and Family Studies	3
HD FS 418B	Professional Practice Reflection/Discussion: Internships	2
HD FS 449	Program Evaluation and Proposal Writing	3
HD FS 491	Internship	8-9
<b>Total Credits</b>		<b>19-20</b>

**Child, Adult, and Family Services Core: 15 credits**

HD FS 183	Personal Finance in Early Adulthood	1
HD FS 218	Professional Orientation and Service Learning	2
HD FS 249	Parenting and Family Diversity Issues	3
HD FS 367	Abuse and Illness in Families	3
HD FS 395	Children, Families, and Public Policy	3
HD FS 486	Administration of Human Services Programs	3
<b>Total Credits</b>		<b>15</b>

**Youth Programs Option: 21 credits**

HD FS 226	Development and Guidance in Middle Childhood	3
HD FS 227	Adolescent and Emerging Adulthood	3
HD FS 270	Family Communications and Relationships	3
HD FS 276	Human Sexuality	3
HD FS 479	Family Interaction Dynamics	3
SP ED 250	Education of the Exceptional Learner in a Diverse Society	3
or HD FS 360	Housing and Services for Families and Children	
One of the following:		3
HD FS 239	Consumer Issues	
HD FS 283	Personal and Family Finance	

HD FS 373	Death as a Part of Living	
<b>Total Credits</b>		<b>21</b>

**HD FS Orientation: 1 credit**

HD FS 110	Freshman Learning Community Orientation	1
or HD FS 111	New Transfer Student Seminar	
<b>Total Credits</b>		<b>1</b>

**Communications and Library: 13 credits**

ENGL 150	Critical Thinking and Communication	3
ENGL 250	Written, Oral, Visual, and Electronic Composition	3
LIB 160	Information Literacy	1
One of the following:		3
COMST 211	Interpersonal Communication	
COMST 218	Conflict Management	
SP CM 212	Fundamentals of Public Speaking	
One of the following:		3
ENGL 302	Business Communication	
ENGL 309	Proposal and Report Writing	
ENGL 314	Technical Communication	
<b>Total Credits</b>		<b>13</b>

**Natural Sciences and Mathematical Disciplines: 10-11 credits**

Biology Course		3
STAT 101	Principles of Statistics	4
One of the following:		
COM S 103	Computer Literacy and Applications	4
COM S 113	Introduction to Spreadsheets and Databases	3
<b>Total Credits</b>		<b>10-11</b>

**Social Sciences: 9 credits**

Select from HD FS list of approved social sciences courses

**Humanities: 6 credits**

Select from HD FS list of approved humanities courses

**Electives: 24-26 credits****Total credits: 120 credits**

U.S. Diversity and International Perspectives Requirement: Students fulfill the U.S. Diversity and International Perspectives Requirement by choosing three credits of coursework from each of the university-approved lists.

**Adult and Family Programs Option**

**Human Development and Family Studies Core: 19-20 credits**

HD FS 102	Individual and Family Development, Health, and Well-being	3
HD FS 369	Research Methods in Human Development and Family Studies	3
HD FS 418B	Professional Practice Reflection/Discussion: Internships	2
HD FS 449	Program Evaluation and Proposal Writing	3
HD FS 491	Internship	8-9
<b>Total Credits</b>		<b>19-20</b>

**Child, Adult, and Family Services Core: 15 credits**

HD FS 183	Personal Finance in Early Adulthood	1
HD FS 218	Professional Orientation and Service Learning	2
HD FS 249	Parenting and Family Diversity Issues	3
HD FS 367	Abuse and Illness in Families	3
HD FS 395	Children, Families, and Public Policy	3
HD FS 486	Administration of Human Services Programs	3
<b>Total Credits</b>		<b>15</b>

**Adult and Family Programs Option: 21 credits**

HD FS 234	Adult Development	3
HD FS 270	Family Communications and Relationships	3
HD FS 276	Human Sexuality	3
HD FS 377	Aging and the Family	3
HD FS 479	Family Interaction Dynamics	3
HD FS 360 or HD FS 463	Housing and Services for Families and Children Environments for the Aging	3
One of the following:		3
HD FS 239	Consumer Issues	
HD FS 283	Personal and Family Finance	
HD FS 341	Household Finance and Policy	
HD FS 373	Death as a Part of Living	
HD FS 378	Retirement Planning and Employee Benefits	
<b>Total Credits</b>		<b>21</b>

**HD FS Orientation: 1 credit**

HD FS 110 or HD FS 111	Freshman Learning Community Orientation New Transfer Student Seminar	1
<b>Total Credits</b>		<b>1</b>

**Communications and Library: 13 credits**

ENGL 150	Critical Thinking and Communication	3
ENGL 250	Written, Oral, Visual, and Electronic Composition	3

LIB 160	Information Literacy	1
One of the following:		3
COMST 211	Interpersonal Communication	
COMST 218	Conflict Management	
SP CM 212	Fundamentals of Public Speaking	
One of the following:		3
ENGL 302	Business Communication	
ENGL 309	Proposal and Report Writing	
ENGL 314	Technical Communication	
<b>Total Credits</b>		<b>13</b>

**Natural Sciences and Mathematical Disciplines: 10-11 credits**

Biology Course		3
STAT 101	Principles of Statistics	4
One of the following:		
COM S 103	Computer Literacy and Applications	4
COM S 113	Introduction to Spreadsheets and Databases	3
<b>Total Credits</b>		<b>10-11</b>

**Social Sciences: 9 credits**

Select from HD FS list of approved social sciences courses

**Humanities: 6 credits**

Select from HD FS list of approved humanities courses

**Electives: 24-26 credits**

**Total credits: 120 credits**

U.S. Diversity and International Perspectives Requirement: Students fulfill the U.S. Diversity and International Perspectives Requirement by choosing three credits of coursework from each of the university-approved lists.

**Child, Adult, and Family Services, B.S.-child program option**

Freshman			
Fall	Credits	Spring	Credits
HD FS 102	3	HD FS 183	1
HD FS 110	1	HD FS 240	3
LIB 160	1	SP ED 250	3
ENGL 150	3	STAT 101	4
PSYCH 131 (recommended elective)	1	Social Sciences Course***	3
RELIG 205 (Humanities course)	3	Elective***	3

Social Sciences Course <sup>***</sup>	3	
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	15	17
<b>Sophomore</b>		
<b>Fall</b>	<b>Credits Spring</b>	<b>Credits</b>
ENGL 250	3 SP CM 212, COMST 211, or COMST 218	3
COM S 103 or 113	3-4 HD FS 367	3
HD FS 224	3 Electives <sup>*</sup>	3
HD FS 218	2 Humanities Course <sup>***</sup>	3
Biology	3 Social Sciences Course <sup>***</sup>	3
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	14-15	15
<b>Junior</b>		
<b>Fall</b>	<b>Credits Spring</b>	<b>Credits</b>
HD FS 342	3 HD FS 249	3
HD FS 360, 239, 270, 283, 373, or 479	3 HD FS 344	4
HD FS 369	3 HD FS 395	3
Electives <sup>*</sup>	6 H S 105 Electives <sup>*</sup>	2 6
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	15	18
<b>Senior</b>		
<b>Fall</b>	<b>Credits Spring</b>	<b>Credits</b>
HD FS 418B	2 HD FS 491 <sup>^</sup>	8-9
HD FS 449	3 Electives <sup>*</sup>	4
HD FS 486	3	
ENGL 302, 309, or 314	3	
Electives	3	
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	14	12-13

\* Total number of electives will vary. A minimum of 120 credits are required to graduate.

\*\*\* See HD FS General Education Selections sheet.

<sup>^</sup> HD FS 418B is prerequisite to HD FS 491 Internship, and requires junior classification.

### Child, Adult, and Family Services, B.S.-youth program option

#### Freshman

<b>Fall</b>	<b>Credits Spring</b>	<b>Credits</b>
HD FS 102	3 HD FS 183	1
HD FS 110	1 COM S 103 or 113	3-4
LIB 160	1 STAT 101	4
ENGL 150	3 Social Sciences Course <sup>***</sup>	3

PSYCH 131 (recommended elective)	1 Electives <sup>*</sup>	4
RELIG 205 (Humanities course)	3	
Social Sciences Course <sup>***</sup>	3	
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	15	15-16

<b>Sophomore</b>		
<b>Fall</b>	<b>Credits Spring</b>	<b>Credits</b>
ENGL 250	3 SP CM 212, COMST 211, or COMST 218	3
HD FS 218	2 HD FS 227	3
HD FS 226	3 HD FS 276	3
HD FS 270	3 Humanities Course <sup>***</sup>	3
Electives <sup>*</sup>	2 Social Sciences Course <sup>***</sup>	3
Biology	3	
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	16	15

<b>Junior</b>		
<b>Fall</b>	<b>Credits Spring</b>	<b>Credits</b>
HD FS 369	3 HD FS 367	3
HD FS 249	3 HD FS 395	3
HD FS 360 or SP ED 250	3 HD FS 479	3
HD FS 239, 283, or 373	3 Electives <sup>*</sup>	7
Electives <sup>*</sup>	4.5	
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	16.5	16

<b>Senior</b>		
<b>Fall</b>	<b>Credits Spring</b>	<b>Credits</b>
HD FS 418B	2 HD FS 491 <sup>^</sup>	8-9
HD FS 449	3 Electives <sup>*</sup>	4-5
HD FS 486	3	
ENGL 302, 309, or 314	3	
Electives <sup>*</sup>	3	
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	14	12-14

\* Total number of electives will vary. A minimum of 120 credits are required to graduate

\*\*\* See HD FS General Education Selections sheet

<sup>^</sup> HD FS 418B is prerequisite to HD FS 491 Internship, and requires junior classification.

**Child, Adult, and Family Services, B.S.-adult and family program option**

**Freshman**

Fall	Credits Spring	Credits
HD FS 102	3 HD FS 183	1
HD FS 110	1 Social Sciences Courses <sup>***</sup>	6
LIB 160	1 Electives	6
ENGL 150	3 STAT 101	4
PSYCH 131 (recommended elective)	1	
RELIG 205 (Humanities course)	3	
Social Sciences Course <sup>***</sup>	3	
<b>15</b>		<b>17</b>

**Sophomore**

Fall	Credits Spring	Credits
HD FS 270	3 SP CM 212, COMST 211, or COMST 218	3
HD FS 276	3 HD FS 234	3
COM S 103 or 113	3-4 HD FS 218	2
ENGL 250	3 HD FS 249	3
Biology	3 Humanities <sup>***</sup>	3
	Elective <sup>*</sup>	1
<b>15-16</b>		<b>15</b>

**Junior**

Fall	Credits Spring	Credits
HD FS 360 (replace with elective if plan to take HD FS 463 in Spring)	3 HD FS 367	3
HD FS 369	3 HD FS 395	3
HD FS 377	3 HD FS 463 (replace with elective if HD FS 360 taken in Fall)	3
HD FS 239, 283, 341, 373, or 378	3 HD FS 479	3
Electives <sup>*</sup>	3 Electives <sup>*</sup>	4
<b>15</b>		<b>16</b>

**Senior**

Fall	Credits Spring	Credits
HD FS 418B	2 HD FS 491 <sup>^</sup>	8-9
HD FS 449	3 Electives <sup>*</sup>	5
HD FS 486	3	
ENGL 302, 309, or 314	3	

Electives <sup>*</sup>	3	
	<b>14</b>	<b>13-14</b>

\* Total number of electives will vary. A minimum of 120 credits are required to graduate.

\*\*\* See HD FS General Education Selections sheet

^ HD FS 418B is prerequisite to HD FS 491 Internship, and requires junior classification.