

# DANCE

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Administered by the Department of Kinesiology (<http://catalog.iastate.edu/previouscatalogs/2020-2021/collegeofhumansciences/kinesiology/>).

Coursework in dance provides opportunities for students to develop an understanding and appreciation of dance as part of a liberal education. Those interested in teaching dance and Physical Education in the public schools may major in Kinesiology and Health (Teacher Licensure option (<http://catalog.iastate.edu/previouscatalogs/2020-2021/collegeofhumansciences/schoolofeducation/#teachereducationtext>)) and minor in Dance.

A Performing Arts major with a Dance emphasis is available through the College of Liberal Arts and Sciences. For further information see Index: Performing Arts.

## Courses primarily for undergraduates:

### **DANCE 120: Modern Dance I**

(0-3) Cr. 1. F.S.

Introduction and practice of basic dance concepts, including preparatory techniques and guided creativity problems. No previous modern dance experience required. Offered on a satisfactory-fail basis only.

### **DANCE 130: Ballet I**

(0-3) Cr. 1. F.S.

Introduction to the basic skills, vocabulary, and tradition of ballet with concentration on control and proper alignment. No previous ballet experience required. Offered on a satisfactory-fail basis only.

### **DANCE 140: Jazz I**

(0-3) Cr. 1. F.S.

Introduction to the modern jazz style with concentration on isolation and syncopation. No previous jazz experience required. Offered on a satisfactory-fail basis only.

### **DANCE 150: Tap Dance I**

(0-3) Cr. 1. F.

Instruction and practice in basic tap technique and terminology. No previous tap experience required. Offered on a satisfactory-fail basis only.

### **DANCE 160: Ballroom Dance I**

(0-2) Cr. 1. F.S.

Instruction and practice in foxtrot, waltz, swing, cha cha, rumba, tango, and selected contemporary dances. Offered on a satisfactory-fail basis only.

### **DANCE 199: Dance Continuum**

Cr. 0.5-2. Repeatable, maximum of 6 credits. S.

*Prereq: Permission of instructor*

Advance registration required. Continued instruction and practice in either modern dance, recreational dance, ballet, jazz and/or compositional skills. Offered on a satisfactory-fail basis only.

### **DANCE 211: Fundamentals and Methods of Social and World Dance**

(1-3) Cr. 1. S.

Skill enhancement, teaching, progressions with emphasis on world and social dance. Designed for kinesiology and health majors, open to others.

### **DANCE 220: Modern Dance Composition**

(1-3) Cr. 2. F.

*Prereq: DANCE 120 or previous modern dance experience*

Theory and practice of the creative skills involved in solo and small group composition.

### **DANCE 222: Modern Dance II**

(0-3) Cr. 1. F.

*Prereq: DANCE 120 or previous modern dance experience*

Dance techniques emphasizing strength, balance, endurance, rhythmic activity and extended combinations.

### **DANCE 223: Modern Dance III**

(0-3) Cr. 1. S.

*Prereq: DANCE 222*

Continued experience in dance techniques and extended combinations. Emphasis on maturation of skill and artistry. Exposure to a variety of modern dance technical styles.

### **DANCE 224: Concert and Theatre Dance**

(Cross-listed with THRE). (0-3) Cr. 0.5-2. Repeatable, maximum of 6 credits. F.S.

*Prereq: By audition only*

Choreography, rehearsal, and performance in campus dance concerts and/or musical theatre productions. Offered on a satisfactory-fail basis only.

### **DANCE 232: Ballet II**

(0-3) Cr. 1. S.

*Prereq: Previous ballet experience*

Technical skills in the classical movement vocabulary. Emphasis on alignment, techniques, sequence development, and performing quality.

### **DANCE 233: Ballet III**

(0-3) Cr. 1. F.

*Prereq: DANCE 232*

Concentration on technical proficiency at the intermediate level. Pointe work and partnering opportunities available.

**DANCE 242: Jazz II**

(0-3) Cr. 1. S.

*Prereq: Previous jazz dance experience*

Dance concepts within the jazz idiom. Instruction in extended movement sequences and artistic interpretation.

**DANCE 250: Yoga Movement**

(0-2) Cr. 1. Repeatable. F.S.

Mixed-level Hatha Yoga class that emphasizes Iyengar style yoga. Yoga Movement is designed for developing awareness and personal practice with yoga poses and relaxation techniques. Attention will be paid to postural alignment to safely develop strength, endurance, flexibility, balance, and reduce stress. The practice develops awareness and consciousness in the physical body to help unite body and mind. Class will include introduction to other somatic practices, asanas (poses), breathing practices, meditation, yoga philosophy and deep relaxation.

**DANCE 270: Dance Appreciation**

(3-0) Cr. 3. F.S.

Introduction to the many forms and functions of dance in world cultures. Develop abilities to distinguish and analyze various dance styles. No dance experience required. Meets International Perspectives Requirement.

**DANCE 320: Sound and Movement**

(2-2) Cr. 3. S.

*Prereq: DANCE 220*

Intermediate composition based on the relationship of movement to improvised sounds, rhythmic scores, and the musical works of composers from various periods.

**DANCE 360: History and Philosophy of Dance**

(3-0) Cr. 3. Alt. S., offered even-numbered years.

*Prereq: DANCE 270*

Study of the history of dance from early to modern times with emphasis on the theories and philosophies of contemporary modern dance, dancers, and dance educators.

**DANCE 370: Advanced Studies in Dance**

Cr. 1-3. Repeatable, maximum of 8 credits. F.S.

*Prereq: 2 credits in dance*

Advance registration required. Designed to meet special interests and talents of students to include both group and independent study in various aspects of dance as a performing art including production, choreography, and performance.

**DANCE 384: Teaching Children's Dance**

(1-3) Cr. 2. S.

Content, experiences, and methods of a comprehensive dance program at the elementary school level. Theories and practice in guiding elementary school children in expressive movement experiences.

**DANCE 385: Methods of Teaching Dance**

(1-3) Cr. 2. F.

Methods and techniques of teaching social and world dance forms. Introduction to teaching educational modern dance.

**DANCE 386: Teaching Dance Technique and Composition**

(1-3) Cr. 2.

*Prereq: DANCE 320*

Teaching yoga, body therapies, mindfulness and dance composition to enhance the physical and mental performance of the individual.

**DANCE 490: Independent Study**

Cr. 1-3. Repeatable, maximum of 6 credits.

*Prereq: 6 credits in dance and permission of coordinator*

Independent study of problems or areas of interest in dance.

**DANCE 490A: Independent Study: Dance**

Cr. 1-3. Repeatable, maximum of 6 credits. F.S.

*Prereq: 6 credits in dance and permission of coordinator*

Independent study of problems or areas of interest in dance.

**DANCE 490H: Independent Study in Dance - Honors**

Cr. 1-3. Repeatable, maximum of 6 credits. F.S.

*Prereq: 6 credits in dance and permission of coordinator*

Independent study of problems or areas of interest in dance for those admitted to the honors program.