

HUMAN DEVELOPMENT AND FAMILY STUDIES

Administered by the Department of Human Development and Family Studies. Leading to the degree bachelor of science.

Total credits required: 120. The human development and family studies curriculum leads to employment opportunities in the helping professions working with children, adults, and families in a variety of public and private human service agencies and organizations. Students select one option within the major: child program, youth program, or adult and family program.

A minor in human development and family studies is available; see requirements under Human Development and Family Studies, Undergraduate programs.

The following requirements are for the HD FS major by option.

Child Programs Option

Human Development and Family Studies Core: 19-20 credits

HD FS 102	Individual and Family Development, Health, and Well-being	3
HD FS 369	Research Methods in Human Development and Family Studies	3
HD FS 418B	Professional Practice Reflection/Discussion: Internships	2
HD FS 449	Program Evaluation and Proposal Writing	3
HD FS 491	Internship	8-9
Total Credits		19-20

Child, Adult, and Family Services Core: 15 credits

HD FS 183	Personal Finance in Early Adulthood	1
HD FS 218	Professional Orientation and Service Learning	2
HD FS 249	Parenting and Family Diversity Issues	3
HD FS 367	Abuse and Illness in Families	3
HD FS 395	Children, Families, and Public Policy	3
HD FS 486	Administration of Human Services Programs	3
Total Credits		15

Child Programs Option: 21 credits

HD FS 224	Development in Young Children: Birth through Age 8	3
HD FS 240	Literature for Children	3
HD FS 342	Guidance and Group Management in Early Childhood	3

HD FS 344	Programming for Children in Early Care and Education	4
H S 105	First Aid and Emergency Care	2
SP ED 250	Education of the Exceptional Learner in a Diverse Society	3
One of the following:		3
HD FS 239	Consumer Issues	
HD FS 270	Family Communications and Relationships	
HD FS 283	Personal and Family Finance	
HD FS 360	Housing and Services for Families and Children	
HD FS 373	Death as a Part of Living	
HD FS 387X	Applying Evidence Based Practices in Human Services	
HD FS 479	Family Interaction Dynamics	

Total Credits 21

HD FS Orientation: 1 credit

HD FS 110	Freshman Learning Community Orientation	1
or HD FS 111	New Transfer Student Seminar	

Total Credits 1

Communications and Library: 13 credits

ENGL 150	Critical Thinking and Communication	3
ENGL 250	Written, Oral, Visual, and Electronic Composition	3
LIB 160	Information Literacy	1

One of the following: 3

COMST 211	Interpersonal Communication	
COMST 218	Conflict Management	
SP CM 212	Fundamentals of Public Speaking	

One of the following: 3

ENGL 302	Business Communication	
ENGL 309	Proposal and Report Writing	
ENGL 314	Technical Communication	

Total Credits 13

Natural Sciences and Mathematical Disciplines: 10-11 credits

Biology Course		3
STAT 101	Principles of Statistics	4

One of the following: 3-4

COM S 103	Computer Literacy and Applications	
COM S 113	Introduction to Spreadsheets and Databases	

Total Credits 10-11

Social Sciences: 9 credits

Select from HD FS list of approved social sciences courses

Humanities: 6 credits

Select from HD FS list of approved humanities courses

Electives: 24-26 credits**Total credits: 120 credits**

U.S. Diversity and International Perspectives Requirement: Students fulfill the U.S. Diversity and International Perspectives Requirement by choosing three credits of coursework from each of the university-approved lists.

Youth Programs Option**Human Development and Family Studies Core: 19-20 credits**

HD FS 102	Individual and Family Development, Health, and Well-being	3
HD FS 369	Research Methods in Human Development and Family Studies	3
HD FS 418B	Professional Practice Reflection/Discussion: Internships	2
HD FS 449	Program Evaluation and Proposal Writing	3
HD FS 491	Internship	8-9
Total Credits		19-20

Child, Adult, and Family Services Core: 15 credits

HD FS 183	Personal Finance in Early Adulthood	1
HD FS 218	Professional Orientation and Service Learning	2
HD FS 249	Parenting and Family Diversity Issues	3
HD FS 367	Abuse and Illness in Families	3
HD FS 395	Children, Families, and Public Policy	3
HD FS 486	Administration of Human Services Programs	3
Total Credits		15

Youth Programs Option: 21 credits

HD FS 226	Development and Guidance in Middle Childhood	3
HD FS 227	Adolescence and Emerging Adulthood	3
HD FS 270	Family Communications and Relationships	3
HD FS 276	Human Sexuality	3
HD FS 479	Family Interaction Dynamics	3
SP ED 250	Education of the Exceptional Learner in a Diverse Society	3
or HD FS 360	Housing and Services for Families and Children	
One of the following:		3
HD FS 239	Consumer Issues	

HD FS 283	Personal and Family Finance	
HD FS 373	Death as a Part of Living	
HD FS 387X	Applying Evidence Based Practices in Human Services	
Total Credits		21

HD FS Orientation: 1 credit

HD FS 110	Freshman Learning Community Orientation	1
or HD FS 111	New Transfer Student Seminar	
Total Credits		1

Communications and Library: 13 credits

ENGL 150	Critical Thinking and Communication	3
ENGL 250	Written, Oral, Visual, and Electronic Composition	3
LIB 160	Information Literacy	1
One of the following:		3
COMST 211	Interpersonal Communication	
COMST 218	Conflict Management	
SP CM 212	Fundamentals of Public Speaking	
One of the following:		3
ENGL 302	Business Communication	
ENGL 309	Proposal and Report Writing	
ENGL 314	Technical Communication	
Total Credits		13

Natural Sciences and Mathematical Disciplines: 10-11 credits

Biology Course		3
STAT 101	Principles of Statistics	4
One of the following:		3-4
COM S 103	Computer Literacy and Applications	
COM S 113	Introduction to Spreadsheets and Databases	
Total Credits		10-11

Social Sciences: 9 credits

Select from HD FS list of approved social sciences courses

Humanities: 6 credits

Select from HD FS list of approved humanities courses

Electives: 24-26 credits**Total credits: 120 credits**

U.S. Diversity and International Perspectives Requirement: Students fulfill the U.S. Diversity and International Perspectives Requirement by choosing three credits of coursework from each of the university-approved lists.

Adult and Family Programs Option**Human Development and Family Studies Core: 19-20 credits**

HD FS 102	Individual and Family Development, Health, and Well-being	3
HD FS 369	Research Methods in Human Development and Family Studies	3
HD FS 418B	Professional Practice Reflection/Discussion: Internships	2
HD FS 449	Program Evaluation and Proposal Writing	3
HD FS 491	Internship	8-9
Total Credits		19-20

Child, Adult, and Family Services Core: 15 credits

HD FS 183	Personal Finance in Early Adulthood	1
HD FS 218	Professional Orientation and Service Learning	2
HD FS 249	Parenting and Family Diversity Issues	3
HD FS 367	Abuse and Illness in Families	3
HD FS 395	Children, Families, and Public Policy	3
HD FS 486	Administration of Human Services Programs	3
Total Credits		15

Adult and Family Programs Option: 21 credits

HD FS 234	Adult Development	3
HD FS 270	Family Communications and Relationships	3
HD FS 276	Human Sexuality	3
HD FS 377	Aging and the Family	3
HD FS 479	Family Interaction Dynamics	3
HD FS 360	Housing and Services for Families and Children	3
or HD FS 463	Environments for the Aging	
One of the following:		3
HD FS 239	Consumer Issues	
HD FS 283	Personal and Family Finance	
HD FS 341	Household Finance and Policy	
HD FS 373	Death as a Part of Living	
HD FS 378	Retirement Planning and Employee Benefits	
HD FS 387X	Applying Evidence Based Practices in Human Services	
Total Credits		21

HD FS Orientation: 1 credit

HD FS 110	Freshman Learning Community Orientation	1
or HD FS 111	New Transfer Student Seminar	
Total Credits		1

Communications and Library: 13 credits

ENGL 150	Critical Thinking and Communication	3
ENGL 250	Written, Oral, Visual, and Electronic Composition	3
LIB 160	Information Literacy	1
One of the following:		3
COMST 211	Interpersonal Communication	
COMST 218	Conflict Management	
SP CM 212	Fundamentals of Public Speaking	
One of the following:		3
ENGL 302	Business Communication	
ENGL 309	Proposal and Report Writing	
ENGL 314	Technical Communication	
Total Credits		13

Natural Sciences and Mathematical Disciplines: 10-11 credits

Biology Course		3
STAT 101	Principles of Statistics	4
One of the following:		3-4
COM S 103	Computer Literacy and Applications	
COM S 113	Introduction to Spreadsheets and Databases	
Total Credits		10-11

Social Sciences: 9 credits

Select from HD FS list of approved social sciences courses

Humanities: 6 credits

Select from HD FS list of approved humanities courses

Electives: 24-26 credits**Total credits: 120 credits**

U.S. Diversity and International Perspectives Requirement: Students fulfill the U.S. Diversity and International Perspectives Requirement by choosing three credits of coursework from each of the university-approved lists.

The courses listed in this section are approved general education course options for this major.

Social Sciences: 9 credits. Coursework designed to help students develop an understanding of the principal methods of studying human behavior and an understanding of the structure and functioning of institutions.

AESHM 421	Developing Global Leadership: Maximizing Human Potential	3	AM IN 240	Introduction to American Indian Literature	3
AF AM 330	Ethnic and Race Relations	3	AM IN 346	American Indian Literature	3
A M D 165	Dress, Appearance, and Diversity in Society	3	ARCH 221	History of Pre-Modern Architecture	3
A M D 362	Cultural Perspectives of Dress	3	ARCH 420	Topics in American Architecture	3
A M D 467	Consumer Studies in Apparel and Fashion Products	3	Art History (ART H)		
AM IN 310	Contemporary Topics in American Indian Studies	3	American Sign Language (ASL)		
AM IN 315	Archaeology of North America	3	Classical Studies (CL ST)		
AM IN 322	Peoples and Cultures of Native North America	3	CMDIS 286	Communicating with the Deaf	3
Anthropology (ANTHR) - except 202			DANCE 270	Dance Appreciation	3
Economics (ECON)			DANCE 360	History and Philosophy of Dance	3
FS HN 342	World Food Issues: Past and Present	3	DSN S 183	Design in Context	3
INTST 235	Introduction to International Studies	3	ENGL 201	Introduction to Literature	3
LING 219	Introduction to Linguistics	3	ENGL 225	Survey of British Literature to 1800	3
LING 275	Introduction to Communication Disorders	3	ENGL 226	Survey of British Literature since 1800	3
LING 471	Language and Reading Development in Children	3	ENGL 227	Survey of American Literature to 1865	3
Political Science (POL S)			ENGL 228	Survey of American Literature since 1865	3
Psychology (PSYCH) - except 131			ENGL 237	Survey of Film History	3
Sociology (SOC), including Criminal Justice (C J)			ENGL 240	Introduction to American Indian Literature	3
WGS 201	Introduction to Women's and Gender Studies	3	History (HIST)		
WGS 203	Introduction to Lesbian Studies	3	HSP M 260	Global Tourism Management	3
WGS 301	International Perspectives on Women and Gender	3	MUSIC 102	Introduction to Music Listening	3
WGS 320	Ecofeminism	3	MUSIC 302	Masterpieces of Music and Art in Western Culture.	3
WGS 327	Sex and Gender in Society	3	MUSIC 304	History of American Rock 'n' Roll	3
WGS 328	Sociology of Masculinities and Manhood	3	MUSIC 383	History of Music I	3
WGS 346	Psychology of Women	3	MUSIC 384	History of Music II	3
WGS 350	Women of Color in the U.S	3	Philosophy (PHIL)		
WGS 385	Women in Politics	3	Religious Studies (RELIG)		
Humanities: 6 credits. Coursework designed to assist students to develop an understanding of human cultural heritage and history, and an appreciation of reasoning and the aesthetic value of human creativity.			THTRE 106	Introduction to the Performing Arts	3
AESHM 342	Aesthetics of Consumer Experience	3	THTRE 110	Theatre and Society	3
AF AM 201	Introduction to African American Studies	3	THTRE 465	Theatre History: Ancient to 19th Century	3
AF AM 334	Africana Religions	3	THTRE 466	Theatre History: 19th Century to Present	3
AF AM 347	Studies in African American Literature	3	WGS 201	Introduction to Women's and Gender Studies	3
AF AM 353	History of African Americans I	3	WGS 336	Religion and Gender	3
AF AM 354	History of African Americans II	3	WGS 338	Feminist Philosophy	3
A M D 257	Museum Studies	3	WGS 340	Women's Literature	3
A M D 354	History of European and North American Dress	3	WGS 345	Women and Literature: Selected Topics	3
A M D 356	History of Twentieth Century Fashion	3	WGS 370	Studies in English Translation	3
AM IN 210	Introduction to American Indian Studies	3	WGS 374	Sex, Gender, and Culture in the Ancient Mediterranean World	3
			World Languages and Cultures (ARABC, CHIN, FRNCH, GER, GREEK, RUS, SPAN)		

Human Development and Family Studies, B.S.-child program option

Freshman		
Fall	Credits Spring	Credits
HD FS 102	3 HD FS 183	1
HD FS 110 or 111	1 HD FS 240	3
LIB 160	1 SP ED 250	3
ENGL 150	3 COM S 103 or 113	3-4
PSYCH 131 (recommended elective)	1 Social Sciences Course ^{***}	3
RELIG 205 (Humanities course)	3 Elective ^{***}	3
Social Sciences Course ^{***}	3	
15		16-17
Sophomore		
Fall	Credits Spring	Credits
ENGL 250	3 SP CM 212, COMST 211, or COMST 218	3
STAT 101	4 HD FS 249	3
HD FS 224	3 Elective [*]	3
HD FS 218	2 Social Sciences Course ^{***}	3
Biology	3	
15		12
Junior		
Fall	Credits Spring	Credits
HD FS 342	3 HD FS 344	4
HD FS 360, 239, 270, 283, 373, 479, or 387X	3 HD FS 395	3
HD FS 367	3 H S 105	2
HD FS 369	3 Electives [*]	6
Elective [*]	3	
15		15
Senior		
Fall	Credits Spring	Credits
HD FS 418B	2 HD FS 491 [^]	8-9
HD FS 449	3 Electives [*]	4
HD FS 486	3	
ENGL 302, 309, or 314	3	
Electives	6	
17		12-13

* Total number of electives will vary. A minimum of 120 credits are required to graduate.

*** See HD FS General Education Selections sheet.

[^] HD FS 418B is prerequisite to HD FS 491 Internship, and requires junior classification.

Human Development and Family Studies, B.S.-youth program option

Freshman		
Fall	Credits Spring	Credits
HD FS 102	3 HD FS 183	1
HD FS 110 or 111	1 COM S 103 or 113	3-4
LIB 160	1 Humanities Course	3
ENGL 150	3 Social Sciences Course ^{***}	3
PSYCH 131 (recommended elective)	1 Electives [*]	4
RELIG 205 (Humanities course)	3	
Social Sciences Course ^{***}	3	
15		14-15
Sophomore		
Fall	Credits Spring	Credits
ENGL 250	3 SP CM 212, COMST 211, or COMST 218	3
HD FS 218	2 HD FS 227	3
HD FS 226	3 HD FS 276	3
HD FS 270	3 STAT 101	4
Elective [*]	2 Social Sciences Course ^{***}	3
Biology	3	
16		16
Junior		
Fall	Credits Spring	Credits
HD FS 369	3 HD FS 367	3
HD FS 249	3 HD FS 395	3
HD FS 360 or SP ED 250	3 HD FS 479	3
HD FS 239, 283, 373, or 387X	3 Electives [*]	6
Elective [*]	3	
15		15
Senior		
Fall	Credits Spring	Credits
HD FS 418B	2 HD FS 491 [^]	8-9
HD FS 449	3 Electives [*]	6
HD FS 486	3	
ENGL 302, 309, or 314	3	
Electives [*]	4	
15		14-15

* Total number of electives will vary. A minimum of 120 credits are required to graduate

*** See HD FS General Education Selections sheet

^ HD FS 418B is prerequisite to HD FS 491 Internship, and requires junior classification.

Human Development and Family Studies, B.S. -adult and family program option

Freshman

Fall	Credits Spring	Credits
HD FS 102	3 COM S 103 or 113	3-4
HD FS 110 or 111	1 HD FS 183	1
LIB 160	1 Social Sciences Courses ***	6
ENGL 150	3 Electives	6
PSYCH 131 (recommended elective)	1	
RELIG 205 (Humanities course)	3	
Social Sciences Course ***	3	
15		16-17

Sophomore

Fall	Credits Spring	Credits
HD FS 270	3 SP CM 212, COMST 211, or COMST 218	3
HD FS 276	3 HD FS 234	3
ENGL 250	3 HD FS 218	2
STAT 101	4 HD FS 249	3
Biology	3 Humanities ***	3
	Elective *	1
16		15

Junior

Fall	Credits Spring	Credits
HD FS 360 (replace with elective if plan to take HD FS 463 in Spring)	3 HD FS 367	3
HD FS 369	3 HD FS 395	3
HD FS 377	3 HD FS 463 (replace with elective if HD FS 360 taken in Fall)	3
HD FS 239, 283, 341, 373, 378, or 387X	3 HD FS 479	3
Electives *	3 Electives *	4
15		16

Senior

Fall	Credits Spring	Credits
HD FS 418B	2 HD FS 491 ^	8-9
HD FS 449	3 Electives *	5
HD FS 486	3	
ENGL 302, 309, or 314	3	
Electives *	3	
14		13-14

* Total number of electives will vary. A minimum of 120 credits are required to graduate.

*** See HD FS General Education Selections sheet

^ HD FS 418B is prerequisite to HD FS 491 Internship, and requires junior classification.