## FINANCIAL COUNSELING AND PLANNING

Administered by the Department of Human Development and Family Studies. Leading to the degree bachelor of science.

The Financial Counseling and Planning curriculum prepares students for careers in family financial services. Financial Counseling and Planning is a growing career field and appeals to students who want to work with individuals and families to help them meet their financial goals and improve their financial capability to better meet financial challenges. Coursework provides students with the family resource management and interpersonal skills needed to help families remain financially secure. Based on individual specific career goals, students may select courses that lead to fulfilling the education requirements for the leading designations and certifications in financial counseling and planning. Graduates of the program are prepared for employment in personal banking, financial services, insurance, financial counseling and planning, and human service organizations. Laboratory and practicum opportunities exist in the Iowa State University Financial Counseling Clinic and with industry partners. A field experience encourages students to apply their studies and to experience the profession in real-world settings.

Total credits required: 120
Financial Counseling and Planning core (AFC \& CFP
exam ready): 39 credits

| HD FS 102 | Individual and Family Development, Health, and | 3 |
| :--- | :--- | :--- |
|  | Well-being |  |
| HD FS 239 | Consumer Issues | 3 |
| HD FS 270 | Family Communications and Relationships | 3 |
| HD FS 283 | Personal and Family Finance | 3 |
| HD FS 317 | Field Experiences | 3 |
| HD FS 341 | Household Finance and Policy | 3 |
| HD FS 378 | Retirement Planning and Employee Benefits | 3 |
| HD FS 383 | Fundamentals of Financial Planning | 3 |
| HD FS 384 | Family Insurance Planning | 3 |

OR

| FIN 361 | Personal Risk Management and Insurance |  |
| :--- | :--- | ---: |
| HD FS 482 | Family Savings and Investments | 3 |
| HD FS 484 | Estate Planning for Families | 3 |
| HD FS 485 | Capstone: Family Financial Planning | 3 |
| HD FS 489 | Financial Counseling | 2 |
| HD FS 489L | Financial Counseling Laboratory | 1 |
| Total Credits |  | 39 |

Communications and Library: 13 credits

| ENGL 150 | Critical Thinking and Communication | 3 |
| :--- | :--- | :--- |
| ENGL 250 | Written, Oral, Visual, and Electronic Composition | 3 |
| LIB 160 | Information Literacy | 1 |
| One of the following: | 3 |  |
| SP CM 212 | Fundamentals of Public Speaking |  |
| COMST 211 | Interpersonal Communication |  |
| COMST 218 | Conflict Management | 3 |
| One of the following: |  |  |
| ENGL 302 | Business Communication |  |
| ENGL 309 | Proposal and Report Writing |  |
| ENGL 314 | Technical Communication |  |

Total Credits

## Natural Sciences and Mathematical Disciplines: 10 credits

| ACCT $284 \quad$ Financial Accounting | 3 |
| :--- | ---: | ---: |
| or MATH, STAT, or Natural Sciences course from approved general <br> education options |  |
| Computer Science course | 3 |
| STAT 101 Principles of Statistics | 4 |
| Total Credits | $\mathbf{1 0}$ |

## Social Sciences: 9 credits

| ECON 101 | Principles of Microeconomics | 3 |
| :--- | :--- | :--- |
| SOC 134 | Introduction to Sociology | 3 |
| Social Science course from approved general education options | 3 |  |
| Total Credits |  | $\mathbf{9}$ |

Humanities: 6 credits
Humanities course from approved general education options 6
Total Credits 6
HD FS orientation: 1 credit
HD FS 110 Freshman Learning Community Orientation 1
or HD FS 111 New Transfer Student Seminar

## Total Credits

Electives: $\mathbf{4 2}$ credits as needed to equal $\mathbf{1 2 0}$ total
credits

| Recommended HD FS Electives (part of total electives). |  |  |
| :--- | :--- | :--- |
|  |  |  |
| HD FS 234 | Adult Development | 3 |
| HD FS 249 | Parenting and Family Diversity Issues | 3 |
| HD FS 360 | Housing and Services for Families and Children | 3 |


| HD FS 369 | Research Methods in Human Development and | 3 |
| :--- | :--- | :--- |
|  | Family Studies | 3 |
| HD FS 377 | Aging and the Family | 3 |
| HD FS 395 | Children, Families, and Public Policy | 3 |
| HD FS 449 | Program Evaluation and Proposal Writing | 3 |
| HD FS 479 | Family Interaction Dynamics | 4 |

Other recommended electives include courses from accounting, community and regional planning, economics, finance, gerontology, human development and family studies, journalism, management, marketing, political science, psychology, and sociology.

## Total credits: 120 credits

U.S. Diversity and International Perspectives Requirement: Students fulfill the U.S. Diversity and International Perspectives Requirement by choosing three credits of coursework from each of the universityapproved lists.

The courses listed in this section are approved general education course options for this major.

Natural Sciences and Mathematics: 9 credits total ( 3 credits from list below). Coursework designed to facilitate students' understanding of the structure and behavior of the natural world and appreciate mathematics as a valuable tool of the sciences and an intrinsically important way of thinking.

Computer Science (COM S)

| Accounting (ACCT) |  |  |
| :---: | :---: | :---: |
| Mathematics (MATH) |  |  |
| Statistics (STAT) |  |  |
| Social Sciences: 9 credits. Coursework designed to help students develop an understanding of the principal methods of studying human behavior and an understanding of the structure and functioning of institutions. |  |  |
| AESHM 421 | Developing Global Leadership: Maximizing Huma Potential | 3 |
| AF AM 330 | Ethnic and Race Relations | 3 |
| A M D 165 | Dress, Appearance, and Diversity in Society | 3 |
| A M D 362 | Cultural Perspectives of Dress | 3 |
| A M D 467 | Consumer Studies in Apparel and Fashion Products | 3 |
| AM IN 310 | Contemporary Topics in American Indian Studies | 3 |
| AM IN 315 | Archaeology of North America | 3 |
| AM IN 322 | Peoples and Cultures of Native North America | 3 |

[^0]| Economics (ECON) | 3 |  |
| :--- | :--- | :--- |
| FS HN 342 | World Food Issues: Past and Present | 3 |
| INTST 235 | Introduction to International Studies | 3 |
| LING 219 | Introduction to Linguistics | 3 |
| LING 275 | Introduction to Communication Disorders | 3 |
| LING 471 | Language and Reading Development in Children | 3 |
| Political Science (POL S) |  |  |
| Psychology (PSYCH) - except 131 |  |  |
| Sociology (SOC), including Criminal Justice (CJ ST) | 3 |  |
| WGS 201 | Introduction to Women's and Gender Studies | 3 |
| WGS 203 | Introduction to Lesbian Studies | 3 |
| WGS 301 | International Perspectives on Women and Gender | 3 |
| WGS 320 | Ecofeminism | 3 |
| WGS 327 | Sex and Gender in Society | 3 |
| WGS 328 | Sociology of Masculinities and Manhood | 3 |
| WGS 346 | Psychology of Women | 3 |
| WGS 350 | Women of Color in the U.S | 3 |
| WGS 385 | Women in Politics | 3 |

Humanities: 6 credits. Coursework designed to assist students to develop an understanding of human cultural heritage and history, and an appreciation of reasoning and the aesthetic value of human creativity.

| AESHM 342 | Aesthetics of Consumer Experience | 3 |
| :--- | :--- | :--- |
| AF AM 201 | Introduction to African American Studies | 3 |
| AF AM 334 | Africana Religions | 3 |
| AF AM 347 | Studies in African American Literature | 3 |
| AF AM 353 | History of African Americans I | 3 |
| AF AM 354 | History of African Americans II | 3 |
| A M D 257 | Museum Studies | 3 |
| A M D 354 | History of European and North American Dress | 3 |
| A M D 356 | History of Twentieth Century Fashion | 3 |
| AM IN 210 | Introduction to American Indian Studies | 3 |
| AM IN 240 | Introduction to American Indian Literature | 3 |
| AM IN 346 | American Indian Literature | 3 |
| ARCH 221 | History of Pre-Modern Architecture | 3 |
| ARCH 420 | Topics in American Architecture | 3 |
| Art History (ART | H) |  |
| American Sign Language (ASL) | 3 |  |
| Classical Studies (CL ST) | Communicating with the Deaf | 3 |
| CMDIS 286 | Conce Appreciation | 3 |
| DANCE 270 | Dance | 3 |
| DANCE 360 | History and Philosophy of Dance | 3 |
| DSN S 183 | Design in Context | 3 |


| ENGL 201 | Introduction to Literature | 3 |
| :--- | :--- | :--- |
| ENGL 225 | Survey of British Literature to 1800 | 3 |
| ENGL 226 | Survey of British Literature since 1800 | 3 |
| ENGL 227 | Survey of American Literature to 1865 | 3 |
| ENGL 228 | Survey of American Literature since 1865 | 3 |
| ENGL 237 | Survey of Film History | 3 |
| ENGL 240 | Introduction to American Indian Literature | 3 |
| History (HIST) |  |  |
| HSP M 260 | Global Tourism Management | 3 |
| MUSIC 102 | Introduction to Music Listening | 3 |
| MUSIC 302 | Masterpieces of Music and Art in Western Culture. | 3 |
| MUSIC 304 | History of American Rock 'n' Roll | 3 |
| MUSIC 383 | History of Music I | 3 |
| MUSIC 384 | History of Music II | 3 |
| Philosophy (PHIL) |  |  |
| Religious Studies (RELIG) |  |  |
| THTRE 106 | Introduction to the Performing Arts | 3 |
| THTRE 110 | Theatre and Society | 3 |
| THTRE 465 | Theatre History: Ancient to 19th Century | 3 |
| THTRE 466 | Theatre History: 19th Century to Present | 3 |
| WGS 201 | Introduction to Women's and Gender Studies | 3 |
| WGS 336 | Religion and Gender | 3 |
| WGS 338 | Feminist Philosophy | 3 |
| WGS 340 | Women's Literature | 3 |
| WGS 345 | Women and Literature: Selected Topics | 3 |
| WGS 370 | Studies in English Translation | 3 |
| WGS 374 | Sex, Gender, and Culture in the Ancient | 3 |
|  | Mediterranean World | 3 |
| W | 3 |  |

World Languages and Cultures (ARABC, CHIN, FRNCH, GER, GREEK, RUS, SPAN)

## Financial Counseling and Planning

## Freshman

## Fall

ENGL 150
HD FS 102
HD FS 110
HD FS 239
LIB 160
RELIG 205 (humanities
course)

| Credits Spring | Credits |
| :--- | ---: |
| 3 ECON 101 | 3 |
| 3 HD FS 270 | 3 |
| 1 SOC 134 | 3 |
| 3 Computer science course** | 3 |
| 1 Humanities course** | 3 | 3


| PSYCH 131 (recommende elective) | 1 |  |
| :---: | :---: | :---: |
|  | 15 | 15 |
| Sophomore |  |  |
| Fall | Credits Spring | Credits |
| ENGL 250 | 3 ACCT 284 | 3 |
| HD FS 283 | 3 HD FS 383 | 3 |
| STAT 101 | 4 SP CM 212, COMST 211, or COMST 218 | 3 |
| Social Sciences course* | 3 Elective or International Perspectives course** | 3 |
| Elective* | 3 Elective* | 3 |
|  | 16 | 15 |
| Junior |  |  |
| Fall | Credits Spring | Credits |
| ENGL 302, 309, or 314 | 3 HD FS 378 | 3 |
| HD FS 341 | 3 HD FS 384 or FIN 361 | 3 |
| Electives* | 9 Electives* | 9 |
|  | 15 | 15 |
| Senior |  |  |
| Fall | Credits Spring | Credits |
| HD FS 482 | 3 HD FS 317 | 3 |
| HD FS 489 | 2 HD FS 484 | 3 |
| HD FS 489L | 1 HD FS 485 | 3 |
| Electives* | 9 Electives* | 6 |
|  | 15 | 15 |
| * Electives: Courses from accounting, community and regional planning, economics, family and consumer sciences education, finance, gerontology, human development and family studies, journalism, management, marketing, political science, psychology, and sociology are suggested. |  |  |
|  | ucation options. |  |
| Students in Financial Counseling and Planning fulfill the US Diversity and International Perspectives Requirement by choosing three credits of coursework from each of the university-approved lists. |  |  |
| This sequence is only an example. The number of credits taken each semester should be based on the individual student's situation. <br> Factors that may affect credit hours per semester include student ability, employment, health, activities, and grade point consideration. |  |  |


[^0]:    Anthropology (ANTHR) - except 202

